

community information program

Peninsula Library System

CIPResource Bulletin

May 2009

[Printer-friendly version](#)

CIP Community Calendar Highlights

May 7, 5:30 pm - 8:00 pm

Community Law Night

[>> details](#)

May 16, noon - 5:00 pm

Immigrants Day Festival
Honoring Our Heritage

[>> details](#)

May 31, 1:00 pm - 4:30 pm

Vital Aging: Achieving Your
Best Life

[>> details](#)

[Click here](#) for the complete
CIP Community Calendar.

[Click here](#) for the **CIP Calendar of Ongoing Events.**

Email

shulman@plsinfo.org

anytime to submit your
upcoming events for either
calendar.

Welcome to our e-newsletter!



Happy Mother's Day! This month we are also celebrating Older Americans Month and we have several articles pertaining to our senior residents.

Read on for information on the updated *Senior Mobility Guide*. We also have information on ways to keep your memory sharp.

CIP is proud to announce that the Spanish edition of the *Community Information Handbook 2009* is now available. [Visit](#)

cip.plsinfo.org/cih.htm for information on how to download a copy or order a printed one.



In This Issue:

- * **Resources For Those In Need: SMC Helps**
- * **Silicon Valley Community Foundation**

Funding

- * **Senior Mobility Guide Updated**
- * **Brain Stormers**
- * **Topical Flyer News**
- * **Summer Youth Employment**

Opportunities

- * **Affordable Housing Week: May 9 - 16**
- * **Child Care Subsidies for the Homeless**
- * **Movin' on the Coast**
- * **Sustainability Hub and New Indicators**

Report

- * **First 5 San Mateo County**
- * **VRS Catering Connection**

In Every Issue:

- * **CIP Database Highlight**
- * **At CIP**

Article deadline for the June issue of the *Resource Bulletin* is May 15. Email your submission to shulman@plsinfo.org.



Community Calendar Highlights

Community Law Night

May 7, 5:30 pm - 8:00 pm. Attend a legal information seminar, talk with a lawyer and learn about legal resources. Sponsored by the San Mateo Superior Court, San Mateo County Bar Association and San Mateo County.

Location: Hall of Justice, 400 County Center (cross-streets are Brewster and Marshall), Redwood City. This event is free. Reservations are not required and free childcare and Spanish language interpreters will be available. For more information in English **call 650-363-4168**. For information in Spanish **call 650-363-4856**.

[back to calendar](#)>>

Immigrants Day Festival Honoring Our Heritage

May 16, noon - 5:00 pm. Discover the traditions immigrant groups have brought to the area during this festival which will feature food, craft activities for families and performances by African-American, Basque, Chinese, Croatian, Filipino, Irish, Italian, Japanese, Mexican and Portuguese groups. Performance groups will present on Courthouse Square and food tastings will be available in the History Museum's Upper Rotunda from noon - 2:00 pm.

The event highlights the History Museum's exhibit, Land of Opportunity: The Immigrant Experience in San Mateo County. Find out why people left their home countries and how they faced hardship and discrimination. Discover how groups of people made a place for themselves working in different industries. Experience how immigrants used music, food, and celebrations to remember their homelands.

Location: San Mateo County History Museum, 2200 Broadway Street, Redwood City. Free admission; \$5 for food tasting card. For more information **visit www.historysmc.org/annualimmigrants.html**.

[back to calendar](#)>>

Vital Aging: Achieving Your Best Life

May 31, 1:00 pm - 4:30 pm. Peninsula Volunteers, Inc., offers a free half-day seminar in honor of the 60th Anniversary of Little House, The Roslyn G. Morris Activity Center. The Keynote Speaker will be Dr. Walter M. Bortz II, an expert on longevity and healthy aging. There will be workshops on memory and technology; panels discussing

transportation and crimes against older adults; and fitness and nutrition with an ice cream social and raffle.

Location: Peninsula Volunteers Little House, 800 Middle Avenue, Menlo Park. Seating is limited and pre-registration is recommended. For more information **call 650-326-2025 ext. 231 or visit www.peninsulavolunteers.org. To download the registration form [click here](#).**

[back to calendar >>](#)

[>> top](#)

Complete Articles

Resources For Those In Need: SMC Helps

Finding help for you or your family can be challenging, especially for those who are newly unemployed or have never before had trouble making a mortgage or rent payment.

San Mateo County has created a new Web page, SMC Helps, where you will find information and resources including food, emergency shelter, housing assistance, employment, unemployment, health information and mortgage, rent and credit counseling. **Visit SMC Helps at www.co.sanmateo.ca.us/portal/site/SMC.**

[>> top](#)

Silicon Valley Community Foundation Funding: Applications due May 28

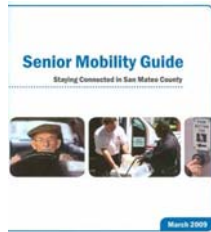


Silicon Valley Community Foundation has released a new request for proposal, or RFP, for grants that focus on Safety-Net Services, specifically the critical needs of food and shelter in San Mateo and Santa Clara counties. For this RFP round, Silicon Valley Community Foundation is collaborating with the County of San Mateo.

All eligible applicants can use one application per organization to apply for both the community foundation's Community Opportunity Fund: Safety-Net Services and San Mateo County's Economic Urgency Assistance Program. For more details **visit www.siliconvalleycf.org/news-resources/press-releases/09/pr-5-1-09.html**. Applications are due May 28.

The Foundation will host two information sessions about the Safety-Net Services RFP. Potential grantees from San Mateo County can attend on May 14 from 1:00 pm - 3:00 pm and potential grantees from Santa Clara County can attend on May 12, 1:00 pm - 3:00 pm in Mountain View. Registration is due by Friday, May 8; **visit www.siliconvalleycf.org/** and click on Events to register online.

[>> top](#)



Senior Mobility Guide Updated

This guide provides information about a wide range of programs and services that can help seniors stay mobile, active and connected to their community. These programs range from help in remaining a safe driver to specialized services for people who need assistance getting out into the community. Regardless of the situation, there is probably something available that can

help.

The *Guide* has been updated for 2009 and is now available in English, with Spanish and Chinese versions available soon. **Contact Ronny Kraft at 650-508-6367 or krafrtr@samtrans.com for copies. For online versions visit cip.plsinfo.org/resources.htm or www.peninsularides.org/.**

>> top

Brain Stormers

Are you concerned about your memory? Would you like to learn skills to strengthen your memory? As an extension of its sixty years of service to aging adults, Peninsula Volunteers, Inc. has added a new activity-based program called "Brain Stormers" for adults concerned about memory loss and seeking to proactively enhance their memory skills. It is the only one of its kind on the peninsula and one of just three in California.



Brain Stormers offers an active program with opportunities for socializing, educational opportunities, memory enhancing exercises, games, whole body fitness, creative arts, stress reduction techniques, speakers, field trips and more. In addition to memory strengthening, the program focuses on social interaction, physical and mental stimulation and community involvement.

Brain Stormers takes place every Friday from 10:00 am - 2:00 pm at Peninsula Volunteers Little House, The Roslyn G. Morris Activity Center, 800 Middle Avenue, Menlo Park. Prospective members will be interviewed. For more information or to schedule an interview **call Shawn Evans at 650-322-0126.**

>> top

Topical Flyer News

The Community Information Program (CIP) publishes a number of flyers containing information on important issues for San Mateo County which are updated annually. The most recent flyer to be updated is Help for Persons in San Mateo County, which lists resources for financial assistance, 24-hour emergency numbers, emergency food and housing providers, health care, disability services, employment, legal and mediation services, and children's services. It can be downloaded at **cip.plsinfo.org/flyers.htm.**

The information on the flyers represents just a fraction of the data available from CIP. For additional resources available to San Mateo County residents, search the **CIP database at catalog.plsinfo.org:81/.**

>> top

Summer Youth Employment Opportunities Available

Summer is quickly approaching and there **are** opportunities for youth to find employment and internships. Following are some options as presented at the April meeting of the Adolescent Collaborative Action Team (ACAT). Eligibility requirements vary from program to program; contact them directly for specifics.

Jobs for Youth is a year-round employment program that serves youth age 14 - 21 years old. There are no eligibility requirements or fees to join. They offer job preparation workshops, one-on-one job counseling and resume assistance and provide youth with job listings. Jobs for Youth has several locations; contact the PeninsulaWorks (www.peninsulaworks.org) office closest to you:

Daly City: 650-301-8492

Redwood City: 650-599-3827

San Carlos: 650-802-7686

Menlo Park: 650-330-6570

San Mateo Adult School in San Mateo: 650-558-2114

Jobs for Youth is holding their 27th Annual Fundraising Breakfast on May 28. Visit the calendar at cip.plsinfo.org/calendar.htm for more information or [click here](#).

Pathways for Success' annual Summer Work Program runs from June through August. For more details about part time subsidized internships [contact 650-985-7000](tel:650-985-7000) or visit www.dalycityyouth.org.

GED Tools for Success, a program of the Jefferson Union High School District/Adult Division, is a school to career transition program for low income out of school youth. Serving youth 16 - 21 living in central and north San Mateo County, the goal of the program is to prepare students for employment through paid internships, vocational training and/or college, while earning their GED. For more information [contact 650-550-7892](tel:650-550-7892).

San Mateo County Foster Youth is offering twenty internships in San Mateo County for emancipated foster youth. For details [contact 650-363-4343](tel:650-363-4343) or visit www.co.sanmateo.ca.us/portal/site/HR and click on Special Recruitments. Applications are due May 15.

Job Train offers full-time vocational training to after-school classes, summer internships, GED preparation and ESL to youth age 14 - 21. Trainees learn how to improve their communication skills; understand the importance of punctuality and working hard; and build self-respect and self sufficiency. For more information [contact 650-330-6420](tel:650-330-6420) or visit www.jobtrainworks.org/.

Workforce Development Unit for San Mateo County can provide additional information on summer jobs and internships. [Contact them at 650-802-3368](tel:650-802-3368).

[>> top](#)

Affordable Housing Week: May 9 - 16



Throughout Affordable Housing Week, the Housing Leadership Council and other organizations will work to educate the public about solutions that can affordable homes throughout San Mateo County. The week is an

opportunity to highlight successes, understand challenges and spread the word about how more homes will make San Mateo County a stronger community.

Across the Bay Area, many organizations and individuals are working to create more affordable homes. During the week, find out about the variety of organizations working to create more affordable homes and build stronger communities. Following is a calendar of some of the activities going on during the week. **Visit**

www.hlcsmc.org/site/hlcsmc/section.php?id=115 for more information.

Date	Sponsors	Topic and Location
May 9 9:30 am - 3:00 pm	County of San Mateo Housing Leadership Council Wells Fargo	Foreclosure Crisis Town Hall Meeting and Housing Fair Westmoor High School 131 Westmoor Avenue Daly City
May 10 11:30 am	Rotary	Collaboration on housing in San Mateo County. RSVPs required except for Rotary Members. Sheraton Gateway 600 Airport Blvd. Burlingame
May 12 5:30 pm - 7:30 pm	Shelter Network City of San Mateo	Vendome Hotel Grand Re-opening 8 Claremont Street San Mateo
May 13 11:30 am - 1:30 pm	Housing Endowment And Regional Trust (HEART)	Executive Briefing and Luncheon: HEART as Economic Stimulus South San Francisco Conference Center 255 South Airport Blvd South San Francisco
May 14 4:00 pm - 6:00 pm	Mid-Peninsula Housing Coalition	Peninsula Station Groundbreaking 2901 South El Camino Real San Mateo
May 15 7:30 pm - 9:00 pm	Housing Leadership Council	Legislative Breakfast: Budget and Revenue Best Western Grosvenor Hotel 380 South Airport Blvd South San Francisco
May 16	Habitat for Humanity Greater San Francisco	Dedication of new homes in Redwood City 122-136 Lincoln Avenue Redwood City

>> [top](#)

Child Care Subsidies for the Homeless

Do you know homeless families who could use child care? If so, San Mateo 4Cs (Child Care Coordinating Council) has a child care subsidy program designed to provide short-term child care for homeless families while they search for permanent housing. The parent or family must have a referral letter vouching for their state of homelessness and the use of child care must be documented daily by the parent or guardian. Child care providers are reimbursed after each month of care upon receipt of attendance documentation. For more information **contact Susie Micely at 650-655-5071 or Phillip Warner at 650-655-5041**. Spanish speakers are available.

>> [top](#)

Movin' on the Coast

For National Fitness Month, Movin' On the Coast features free and discounted classes offered by local fitness providers for first time participants. The classes are sponsored by Seton Coastside and Half Moon Bay Recreation Division. To download a schedule in English **click here**. For the Spanish schedule, **click here**.

>> [top](#)

Sustainability Hub and New Indicators Report

The Sustainability Hub is Sustainable San Mateo County's (SSMC) newest community resource for promoting a healthy economy, environment and society in San Mateo County. This first-of-its-kind Web tool provides the community with an easy way to share and gather trusted solutions and local resources. Building upon the success of their long-standing Indicators Report, this new community Web site, **www.sustainabilityhub.net**, is a one-stop hub to find and share local solutions and resources to make life, business and community more sustainable.



Features of the Hub include the 2009 Indicators in an interactive format; Solution Guides for each of the Indicators; a local Resource Directory of businesses, nonprofits, city programs and more for each Solution Guide Article; a customized local Google-based search engine; the Bay Area's only dedicated Green Job Board; a Local Sustainable Event Calendar; and an interactive interface, allowing users to submit and share solutions, resources and events. For more information, **contact 650-638-2323 or casey@sustainableanmateo.org**.

New Indicators Report

Federal, state and local government agencies will spend up to \$1 billion on San Mateo County transportation projects over the next five years, according to the *2009 Indicators for a Sustainable San Mateo County* released last month. In the thirteenth annual edition of the *Indicators* report, Sustainable San Mateo County (SSMC) pays special attention to the county's transportation infrastructure and the role it will play in the long-term health and prosperity of the region. With a steadily growing population there is a need for new transportation projects which efficiently move people and goods while reducing the use of fossil fuels. Coverage in the report highlights key efforts to improve the transportation system in the county.

The report tracks 33 different "indicators," or trends, relating to the county's economic, social and environmental health. To download a copy of the report **visit www.sustainableanmateo.org/indicators-report/reports/2009-indicators-report/**.

>> [top](#)

First 5 San Mateo County Newsletter

First 5 San Mateo County has a newsletter which is sent to their grantees, the Board of Supervisors and their legislative aides, county department heads and any department that services or works with children ages 0-5. For more information or to sign up for the newsletter **contact Chonne Sherman, Communications and Operations Liaison, First 5 San Mateo County, at 650-372-9500 ext. 232 or csherman@co.sanmateo.ca.us.**

>> [top](#)

VRS Catering Connection

VRS Catering Connection helps individuals train for competitive employment. Their mission is to empower people with employment barriers in the attainment of their employment goals through a public/private partnership. Catering Connection provides fresh food for a variety of functions including breakfast, lunch and dinner meetings; social and special events; BBQ's; weddings; kids, school and private events as well as holiday parties. They are now open to the public.

VRS Catering Connection has a selection of items to meet any catering need. **Visit the site at www.vrscatering.org. For more information call 650-802-6505.**

>> [top](#)

At CIP

cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to one of the CIP Community Calendars, **email Amy Shulman** at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at [CIP Publications](#).
- Search our database online at **CIP Database**.
- Contact us: 650-802-7950 or cip@plsinfo.org.
- We're part of the Library! [Link to Peninsula Library System](#).

CIP Database Highlight

CIP maintains a **database** of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one or more resources to help familiarize readers with the depth and breadth of the **database**. Following is the highlight for this month.

Animals make wonderful companions for the young and the young at heart.

Peninsula Humane Society (PHS)

12 Airport Blvd.
San Mateo, California 94401-1098
Telephone: 650 340-8200 (Monday-Friday,
11:00 am - 7:00 pm; Saturday, Sunday,
11:00 am - 6:00 pm)
Web site: www.phs-spca.org

Shelters approximately 12,000 animals per year, including domestic animals and wildlife.

Who we are:

- Susan Gaggero
CIP Program Assistant
- Amy Shulman
CIP Publications Coordinator
- John McDonald
CIP Database Manager
- Pat Michelin
CIP Program Manager
- Linda Crowe
Executive Director,
Peninsula Library System

Educates the public about animal care and protection. Offers animals for adoption. Offers classes in dog and puppy training, a free Behavior Helpline and a Pet Loss Support Group for those who are grieving the loss of a pet. Provides a county-wide lost and found program for dogs and cats as well as animal control and cruelty investigations. Provides temporary sheltering for the pets of women who leave the home for a battered women's program - dial extension 330 for more details.

[>> top](#)

[>> top](#)

Please print only
if you need to



The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

copyright 2009 Peninsula Library System all rights reserved

PLS and CIP are proud members of



[unsubscribe](#) | [subscribe](#)