

community information program

Peninsula Library System

CIPResource Bulletin

January 2009

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CIP Community Calendar Highlights

**January 12, 6:30 pm
- 8:30 pm**

Do Your Own Thing!
Start Your Own
Business Workshop in
San Mateo

>> [details](#)

January 14, 6:30 pm

Author Art Rodriguez
Visits the East Palo Alto
Library

>> [details](#)

**January 28, noon -
1:30 pm**

Webinar on Aging,
Ethnicity and Mental
Health

>> [details](#)

[Click here](#) for the
complete **CIP
Community
Calendar**.

[Click here](#) for the **CIP
Calendar of Ongoing
Events**.

Email
shulman@plsinfo.org
anytime to submit your
upcoming events for
either calendar.

Welcome to our e-newsletter!

Happy New Year! In just a few weeks the country will have a new president. In the spirit of change, the Community Information Program has made some changes to the *Resource Bulletin*. Read on to see what they are.



In This Issue:

- * **The CIP Calendars and Searching the *Resource Bulletin***
- * **Modest Needs Grant Opportunities**
- * **Technology Grants for California Nonprofits**
- * **East Palo Alto Activity Guide**
- * **California Women Lead (CWL) Workshop**
- * **Free Senior Peer Counseling**
- * **No Name-Calling Week: January 26 - 30**
- * **Green Bag Lunch Series**
- * **Fatherhood Collaborative Releases Annual Report**
- * **County Updates**
- * **CIP Database Highlight**
- * **At CIP**

Article deadline for the February issue of the *Resource Bulletin* is January 15. Email your submission to shulman@plsinfo.org.

Community Calendar Highlights

Do Your Own Thing! Start Your Own Business Workshop in San Mateo

January 12, 6:30 pm - 8:30 pm. Learn how to turn your entrepreneurial dream into both reality and profit. Discover the importance of market research, business viability and the role of sound business planning. Find out about legal structures, which licenses and permits are needed, how to file a fictitious name statement, insurance, taxes and more. The workshop will be taught by a panel of Small Business Administration and City of San Mateo personnel.

Location: San Mateo Public Library, 55 West Third Avenue, San Mateo. There is no charge to attend but space is limited. For more information **contact Roslyn Donald at 650-522-7815 or rdonald@cityofsanmateo.org**. To register **visit www.acteva.com/ttghits.cfm?EVA_ID=29723**.

[back to calendar >>](#)

Author Art Rodriguez Visits the East Palo Alto Library

January 14, 6:30 pm. Author Art Rodriguez, winner of the 2002 Latino Literacy Hall of Fame Award for Best Book, will discuss *East Side Dreams*, selected by The New York Public Library System for 2001 Best Teenage Books Published for 1999. Mr. Rodriguez overcame many obstacles including coping with dyslexia and being an inmate of the California Youth Authority, a prison system for young lawbreakers. Despite his childhood hardships, he went on to become a biographer and publisher. Mr. Rodriguez will provide a question and answer session which will cover how he started writing and his book writing process. There will be a book signing, time permitting.

Location: East Palo Alto Library, 2415 University Avenue, East Palo Alto Community Room, East Palo Alto. The event is free and open to the public. For more information **contact Sereptha Strong at 650-321-7712, ext. 225 or visit www.eastpaloaltolibrary.org**.

[back to calendar >>](#)

Webinar on Aging, Ethnicity and Mental Health - Focusing on Dementia and Depression in African American Elders: Issues and Recommendations

January 28, noon - 1:30 pm. Learn more about dementia and depression in African American elders from the experts. Engage in active discussion about the issues and recommendations during this Webinar facilitated by Dolores Gallagher-Thompson, PhD, Director, Stanford Geriatric Education Center and Rita Hargrave, M.D., Geropsychiatrist, VA Medical Center, Martinez, California and faculty of UC Davis.

This is the first in a new educational series of Webinars sponsored by the Stanford Geriatric Education Center (SGEC). The series was developed as a way to help providers stay current in the field of ethnogeriatrics. Each month, a faculty member will present a new topic.

Webinars are online classes and seminars that you can attend from anywhere using your computer. They are open to everyone with prior registration. To register, **visit**

sgec.stanford.edu/events.html and click on the "Register for this Event" link of the webinar you are interested in. Five others will be offered, each covering a different topic, on February 18, March 11, April 24, May 20 and June 17. Visit the Web site for more details including topics and times.

Continuing Education Units (CEU) will be offered to licensed nurses, social workers or marriage and family counselors only. The cost per Webinar is \$15. For those applying for CEUs, the cost will be \$25. One unit will be offered for each Webinar.

To register and check the 2009 Webinar schedule **visit** sgec.stanford.edu/events.html. For more information **contact Judy Chiu, SGEC Program Coordinator at jchiu22@stanford.edu, John Di Mario, Technical Support Coordinator at jdimario@stanford.edu, or Dolores Gallagher-Thompson, PhD, SGEC Director at dolorest@stanford.edu.**

[back to calendar >>](#)

[>> top](#)



Complete Articles

The CIP Calendars and Searching the *CIPResource Bulletin*

Did you know that if you are looking for something specific in the *CIPResource Bulletin* or either of our calendars that all you have to do in most Internet browsers is use the keyboard shortcut by pressing Control + F or go into the "Edit" menu at the top of the screen and scroll down to and select "Find and Replace?" Type in what you are searching for and press enter. It's that easy.

The Calendar Highlights in the *CIPResource Bulletin* list only a few of the many community events, such as resource sharing meetings, training classes, funding opportunities and events for fun occurring throughout the county as well as a few in surrounding counties. For a more complete list of events, visit our rolling calendar at cip.plsinfo.org/calendar.htm. We also have a calendar of ongoing programs, such as support groups, health classes and parenting workshops which can be accessed at cip.plsinfo.org/ongoing_events.htm.

[>> top](#)

Modest Needs Grant Opportunities

Modest Needs makes self-sufficiency and other grants on behalf of otherwise self-sufficient individuals or families. The purpose of their Self-Sufficiency Grants is to prevent an otherwise self-sufficient individual or family from entering the cycle of poverty as a result of the financial burden posed by a relatively small emergency expense. They remit payment to a creditor for an expense which the individual or family could not have anticipated or prepared for.



Back-to-Work Grants provide a temporarily unemployed individual with the means to return to work. They cover small, work-related expenses that will immediately return the person to full-time employment. Independent Living Grants, made on behalf of persons permanently unable to work but living independently on a limited income, cover unexpected expenses.

These grants are available for any qualified individual living in the United States. The maximum amount available is \$1,000 or an amount equal to the monthly rental or mortgage payment, whichever is greater.

Modest Needs also has a Nonprofit Grant program. The maximum grant available under this program is \$5,000. An organization is eligible to apply for this grant if it meets certain requirements, among them being incorporated in the United States; is physically located and operated primarily in this country; has gross receipts in its most recent reporting period under \$500,000; and is not an educational institution.

For more information and eligibility requirements [visit www.modestneeds.org/](http://www.modestneeds.org/).

>> top



Telecommunications-Based Technology Grants Available to California Nonprofit Organizations: Deadline February 2

In 2009, the California Consumer Protection Foundation will be accepting applications for grants under the Community Collaborative Fund (CCF).

Successful CCF projects will offer underserved consumers access to telecommunications-based telecom advocacy, computer literacy training along with other advanced information technology applications, economic development and telemedicine-based health care. Special consideration will be given to projects targeting consumers in regions served by Verizon Communications landlines.

For more information and to apply [visit the foundation's Web site at www.consumerfdn.org](http://www.consumerfdn.org). This information was forwarded to us by Thrive, the Alliance of Nonprofits for San Mateo County.

>> top

East Palo Alto Activity Guide

The East Palo Alto Activity Guide is a coordinated effort between the City of East Palo Alto, East Palo Alto Parks and Recreation Residents' Committee (EPA PARRC) and EPA.net. The spirit of the guide is to make it possible for organizations to self-publish activities and events on a monthly calendar, reaching the East Palo Alto community and other organizations. Check out the guide at www.epaguide.org.

If you would like to list your organization in the activity guide, [visit www.epaguide.org](http://www.epaguide.org) to create a new individual account and click "New Organization." For more information **contact 650-322-6405 or activityguide@epa.net**.

>> top

San Mateo Chapter of California Women Lead (CWL) Workshop: January 29

The newly launched San Mateo Chapter of California Women Lead (CWL) presents a workshop designed to educate and encourage women to seek public office, whether elected or appointed. Co-sponsored by the League of Women Voters of North and Central San Mateo County, Peninsula Library System (PLS) and the San Mateo County Commission on the Status of Women, the focus will be on tools and information needed to participate in and contribute to government and the political process.

The keynote speaker will be Delaine Eastin, former California State Superintendent of Schools. Congresswoman Jackie Speier, State Senator Joe Simitian, Student College Board Representative Rachel Young and Supervisor Carole Groom, former Mayor of San Mateo who was recently appointed to fill the vacancy left by Jerry Hill, have been invited, among other local leaders.

The workshop will be held January 29 from 4:30 pm - 6:30 pm at Canada College, 4200 Farm Hill Blvd., Redwood City. \$10 general admission/\$5 students. Refreshments will be served. For more information and to sign up **call 650-356-2128**.

>> top

Free Senior Peer Counseling

Family Service Agency of San Mateo County is on the lookout for adults age 55 and over to utilize its free senior peer counseling services for county residents. The nonprofit's Senior Peer Counseling Program aims to assist older adults who are experiencing mental health issues such as loneliness, isolation, grief and depression. Counseling is offered in English, Spanish, Cantonese, Mandarin and Tagalog and to the Lesbian/Gay/Bisexual/Transgender (LGBT) community. To qualify for free counseling, participants must reside in San Mateo County and be 55 years or older.



Anyone interested in receiving free senior peer counseling may register by contacting **Geri Lustenberg at 650-403-4300 ext. 4389 or glustenberg@fssm.org**. Family Service Agency of San Mateo County is a private nonprofit organization that for 58 years has helped children, families and older adults build positive and productive lives through the provision of vital programs and services. For more information, **call 650-403-4300 or visit www.familyserviceagency.org**.

>> top

No Name-Calling Week: January 26 - 30



kinds.

GroundSpark, in collaboration with nearly 50 other partners, has announced support of GLSEN's (Gay, Lesbian and Straight Education Network's) fifth annual No Name-Calling Week. During the week of January 26 - 30, schools serving grades five through eight across the nation will take part in a week of educational activities aimed at stopping name-calling and verbal bullying of all

No Name-Calling Week seeks to spark a national dialogue about the problem of name-calling in schools. A resource guide with lesson plans, a video for classroom use and other promotional materials will be available for educators to assist in facilitating the week's activities. Although the project is targeted at fifth through eighth grades, when the problem of name-calling is particularly acute, the concept can be easily adapted by students and educators at other grade levels. Students age five to fifteen are eligible to participate in the "Creative Expression Contest," in which they can win free GroundSpark films and other prizes.

The "Creative Expression Contest" is an opportunity for students to submit essays, poetry, music, original artwork or other pieces that convey their ideas for putting a stop to verbal bullying in their schools and communities. The goal is to have students working on their art pieces during the week as a way to learn about and deal with name-calling and bullying. For more information on this weeklong event and corresponding contest visit www.NoNameCallingWeek.org.

>> [top](#)

Green Bag Lunch Series: Starts January 7

The San Mateo County Green Team and RecycleWorks have announced a monthly lunchtime lecture series for anyone interested in learning about sustainability. The "Green Bag" lectures will cover a wide variety of environmental topics from green transportation to healthy home cleaning products to global warming. They will take place from noon - 1:00 pm on the first Wednesday of the month at 455 County Center, Room 101, Redwood City. The first one will be held January 7. Attendees may bring a bag lunch. For more information visit www.co.sanmateo.ca.us/portal/site/greenportal.

>> [top](#)

Fatherhood Collaborative Releases Annual Report for 2007 - 2008

The [Fatherhood Collaborative](#) has released their latest Annual Report. The Collaborative is a policy and advocacy group whose mission is to provide a forum to address and support the importance of men and fathers taking an active role in the well-being of children and families. They believe that fathers must be involved in the lives of their children, regardless of the family's composition or legal status.

To read the report visit www.fatherhoodcollaborative.org/clientimages/39724/newsletters/ind_fcpages_ar0708.pdf.

>> [top](#)

County Updates

[David S. Boesch Jr.](#) has been appointed San Mateo County Manager.

[Jean S. Fraser](#) is the new Chief of the San Mateo County Health System. The former San Francisco Health Plan CEO will assume her newly created post on January 20.

[City of San Mateo Councilwoman Carole Groom](#) has been appointed to the San Mateo County Board of Supervisors.

>> [top](#)

At CIP

cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to one of the **CIP Community Calendars**, email Amy Shulman at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at [CIP Publications](#).
- Search our database online at [CIP Database](#).
- Contact us: **650-802-7950** or cip@plsinfo.org.
- We're part of the Library! [Link to Peninsula Library System](#).

Who we are:

- Susan Gaggero
CIP Program Assistant
- Amy Shulman
CIP Publications Coordinator
- John McDonald
CIP Database Manager
- Pat Michelin
CIP Program Manager
- Linda Crowe
Executive Director,
Peninsula Library System

CIP Database Highlight

CIP maintains a [database](#) of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one or more resources to help familiarize readers with the depth and breadth of the [database](#). Following is the highlight for this month.

January is National Volunteer Blood Donor Month. Have a heart, give some blood!

[Blood Centers of the Pacific](#)

Peninsula Center
111 Rollins Road
Millbrae, California 94030

570 Price Avenue, Suite 100
Redwood City, California 94063

Telephone: 888-393-4483 (888-393-GIVE) or
650-697-4034

(Monday-Friday, 9:00 am - 5:00 pm)

Fax: 650-259-9615

www.bloodcenters.org

Procures blood and blood components to meet medical needs. Call for an appointment to donate blood at either the Millbrae or Redwood City collection point. Only volunteer donors are utilized. Autologous donors wishing to donate blood for scheduled surgery (or who wish to utilize specific friends or family donors) should make arrangements by calling the Special Procedures Department (800-215-6225).

>> [top](#)





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