

community information program

Peninsula Library System

CIPResource Bulletin

December 2008

Printer-friendly version

CIP Community Calendar Highlights

For a **full calendar** of events **click here**.

December 2, 4, 9 and 11

Medicare Part D Group Counseling Sessions
>> details

December 4, 9:00 am - 10:30 am

Thrive Membership Quarterly Meeting
>> details

December 4, 9:00 am - 11:00 am

Daly City Youth Health Center Holiday Open House
>> details

December 4, 1:30 pm - 3:00 pm

Silicon Valley Community Foundation Information Session on Education: Closing the Achievement Gap in Middle School Mathematics
>> details

December 8, 9:00 am - noon

Services for Older Adults and Adults with Disabilities Planning

Welcome to our e-newsletter!



It's holiday time again! The Community Information Program staff - Susan, Amy, John, Pat and Linda - wishes everyone a very happy holiday season, whatever holidays they celebrate. And a joyous and safe New Year to all!

Free2Give Campaign

In the spirit of the season, PLS (Peninsula Library System), BALIS (Bay Area Library and Information System) and SVLS (Silicon Valley Library System), serving the communities of Alameda, Contra Costa, San Francisco, Santa Clara and San Mateo counties have announced the launch of their free2Give campaign. For more information about the campaign and what they are doing to ensure no one goes hungry, **click here...**

free2Give

Women In County Government Award Recipients

Women In County Government has announced their 2008 Recognition Award Recipients. The recognition program is to acknowledge and honor county women employees who have demonstrated success through their commitment in the areas of Community Services, Self Development and Public Services. For a list of this year's recipients **click here...**

New Topical Flyers

As mentioned last month, in addition to the [Community Information Handbook](#) and [Help at Home](#), the Community Information Program publishes two-page flyers listing resources on several topics. Flyers on **Food Resources, Parenting Education, Housing Resources** and the **Core Service Centers** have recently been updated. To download copies **visit cip.plsinfo.org/flyers.htm** or click on the name of the flyer above.



HIP Housing Provides Reverse Mortgage Counseling Free of Charge

Since 1987 HIP Housing has been providing third party consumer information about reverse mortgages. The counselor is certified by both HUD and AARP

Forum

>> [details](#)

December 10, 3:00 pm - 7:00 pm

The O'Toole Center
Annual Open House

>> [details](#)

December 11, 3:00 pm - 6:00 pm

Unveiling the New 4Cs
and Night of Lights

>> [details](#)

December 12, 10:00 am - 3:00 pm

Vista Center for the
Blind and Visually
Impaired Holiday Open
House

>> [details](#)

December 13, 4:00 pm - 6:00 pm

Adventure Guides Party
for Dads and their Kids

>> [details](#)

For a calendar of children's health events sponsored by nonprofit organizations in San Mateo and Santa Clara counties, [visit www.kidscal.org](#).

For a calendar of training opportunities for nonprofit staff, [visit compasspoint.org](#).

Email

shulman@plsinfo.org
anytime to submit your
upcoming event for the
CIP Community
Calendar.

[Click here](#) for the **CIP**

to educate seniors, social service providers or others interested in knowing more about the costs and complexities of reverse mortgages. This program is free of charge. If you or someone you know are thinking about getting a reverse mortgage, phone for a free counseling session. **Contact Tricia Smith at 650-348-6660 ext. 326.**

Stanford Geriatric Education Center (SGEC) Webinars

The Stanford Geriatric Education Center (SGEC) is starting a new educational series of Webinars in 2009. This series was developed as a way to help providers stay current in the field of ethnogeriatrics. Each month, a faculty member will present a new topic. For more information [click here...](#)



Meals on Wheels

The Meals on Wheels programs for the central part of San Mateo County, from San Mateo to Daly City, are now being serviced by the San Mateo Medical Center and Aging and Adult Services. The cities included are Brisbane, Burlingame, Colma, Daly City, Foster City, Hillsborough, Millbrae, San Bruno, San Mateo and South San Francisco. New applicants should call the TIES line at 800-675-8437; current recipients of services who have questions should call 650-573-2692.

Safety Risks to Elders

For many people, the holidays offer a once-a-year time to visit with elderly relatives who live far away. These holiday visits are a good time to assess what assistance parents or other elderly loved ones might need. [Click here](#) for a flyer about what to look for during your annual visit to elderly relatives. The flyer contains links to resources that individuals and families may find helpful.

Puente de la Costa Sur - Adult Learning Center



On September 22, Puente de la Costa Sur opened its new Adult Learning Center in Pescadero. The Center offers three English as a Second Language (ESL) classes, two Spanish classes, a homework club, an adult literacy class, one-on-one citizenship tutoring, and a computer lab. Eight computers hooked up to the Internet are available for public use. Puente also offers an ESL class in La Honda.

PCRC Guide

The Peninsula Conflict Resolution Center (PCRC) has published the second edition of its *Community Engagement Resource Guide*, funded by the Silicon Valley Community Foundation. The Guide can be used in planning and carrying out collaborative projects involving various community stakeholders. It provides a step-by-step process for community engagement, as well as real-life examples of the challenges and solutions of community engagement projects at PCRC. For more



Community Calendar.

[Click here](#) for the [CIP Calendar of Ongoing Events](#).

information [click here...](#)

www.21elements.com

The new "21 Elements" Web site is part of the Countywide Housing Element Update collaboration project. It will serve as the central location for communication and coordination among interested parties in all twenty-one San Mateo County jurisdictions now updating their housing element to meet a June 2009 State deadline. For more information [click here...](#)

Online Help for Caregivers

According to an article in the November 2008 *AARP Bulletin*, caregivers now have a new resource. The "Ask Medicare" Web site was launched by the Centers for Medicare and Medicaid Services and includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers and personal caregiver anecdotes. The new site provides a one-stop resource for caregivers so they can better assist Medicare beneficiaries. [Visit the site at www.medicare.gov/caregivers.](http://www.medicare.gov/caregivers)

San Mateo County Board of Supervisors Vacancy - Applications Due December 11

The San Mateo County Board of Supervisors is seeking applications to fill the vacancy for the Supervisor representing District 2 for the remainder of the term ending January 3, 2011. For more information and an application [click here...](#)

Agency Updates

LaVois Hooks has joined the **Daly City Peninsula Partnership Collaborative** as its new Executive Director. He can be reached at lhooks@dalycity.org.

[Hands on Bay Area](#) also has a new Executive Director, Lou Reda.

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Article deadline for the January issue of the *Resource Bulletin* is December 15. Email your submission to shulman@plsinfo.org.

Resource Highlight

CIP maintains a **database** of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one or more resources to help familiarize readers with the depth and breadth of the **database**. Following is the highlight for this month.

If you enjoy Adventure Guides Party for Dads and their Kids on December 13, 4:00 pm - 6:00 pm, check out what else the Sequoia YMCA has to offer. There's something for the whole family.

YMCA of the Mid-Peninsula. Sequoia Branch.

1445 Hudson Street
Redwood City, CA 94061

Telephone: 650-368-4168 (Monday-Thursday, 5:30 am-10:00 pm; Friday, 5:30 am - 8:30 pm; Saturday, 7:00 am - 6:00 pm; Sunday, 9:00 am - 5:00 pm)
Fax: 650-368-1140

Provides social and recreational services for persons age three months or over. Services include a full aquatic program (in an indoor heated pool), fitness activities, active older adults programs and community programs. The Aspire Adaptive Swim Program is offered for developmentally or physically disabled persons of all ages. The arthritis water exercise is sanctioned by the Arthritis Foundation.

At CIP

cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to one of the **CIP Community Calendars**, email Amy Shulman at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at [CIP Publications](#).
- Search our database online at **CIP Database**.
- Contact us: **650-802-7950** or cip@plsinfo.org.
- We're part of the Library!
[Link to Peninsula Library System](#).

Who we are:

- Susan Gaggero
CIP Program Assistant
- Amy Shulman
CIP Publications Coordinator
- John McDonald
CIP Database Manager
- Pat Michelin
CIP Program Manager
- Linda Crowe
Executive Director, Peninsula Library System

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Community Calendar Highlights

Medicare Part D Group Counseling Sessions

December 2, 4, 9 and 11. Need help understanding your options during Medicare's Part D Annual Enrollment Period, now through December 31st? HICAP of San Mateo, a nonprofit Medicare counseling program sponsored jointly by the Area Agency on Aging and Self-Help for the Elderly, can help you: Find a drug plan which covers your drugs when you become eligible for Medicare; review your prescription drug plan to make sure your drugs are on your plan in 2009; change to a different drug plan in 2009; understand your options regarding your Medicare Advantage Plan (HMO's, PPO's, PFFS's and MSA's) and see if you are eligible for extra help. Counseling services are provided by trained volunteers registered as HICAP Counselors with the California Department of Aging.

Location: HICAP will provide locations and times, as well as a form to complete before the session, when called for an appointment. For more information and to make an appointment **call 800-434-0222 or 650-627-9350.**

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Thrive Membership Quarterly Meeting

December 4, 9:00 am - 10:30 am. The topic of this quarter's meeting is "Yes We Can! Nonprofits and Government Working Together in the New Era ... What's in Store for San Mateo County and California in 2009?" Panelists include Assemblymember Elect Jerry Hill*; the new County Manager, David Boesch; Senator Joe Simitian* and Supervisor Adrienne Tissier. (*They will join the panel if they're not in Sacramento. Otherwise, a member of their staff will attend the meeting.)

Location: Silicon Valley Community Foundation (SVCF) Imagination Room, 1700 South El Camino Real, Suite 100, San Mateo. Free to all Thrive active members for 2008-2009; \$25 for nonmember guests. For more information **visit www.thrivealliance.org.**

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Daly City Youth Health Center Holiday Open House

December 4, 9:00 am - 11:00 am. Visit the Daly City Youth Health Center Clinic. Light refreshments, coffee and tea will be served and door prizes handed out.

Location: Daly City Youth Health Center Clinic, 2778 Junipero Serra Blvd., Daly City. For questions or to RSVP, **contact Tracey Heather at 650-985-7014 or theather@co.sanmateo.ca.us.**

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Silicon Valley Community Foundation Information Session on Education: Closing the Achievement Gap in Middle School Mathematics

December 4, 1:30 pm - 3:00 pm. Silicon Valley Community Foundation has released new requests for proposals (RFPs) to address closing the middle school achievement gap in middle school mathematics through both in-school and out-of-school strategies. These are the latest RFPs released as part of the Foundation's new grantmaking strategies.

Location: Silicon Valley Community Foundation, 2440 West El Camino Real, Suite 300, Mountain View. For more information, **contact Jill Breymann at 650-450-5540 or Jbreymann@siliconvalleycf.org**. Space is limited. To register online **visit www.siliconvalleycf.org/about_calendar.html**.

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Services for Older Adults and Adults with Disabilities Planning Forum

December 8, 9:00 am - noon. The Committee for Services for Older Adults and Adults with Disabilities will be discussing the 2009-2012 Strategic Plan. Interested community members and community-based service providers are welcome to attend.

Location: San Mateo County Health Department, 225 - 37th Avenue, Room 100, San Mateo. For more information and to register **contact Kristi Skjerdal, Community Program Specialist, Aging and Adult Services, at 650-573-2700 or KSkjerdal@co.sanmateo.ca.us**.

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The O'Toole Center Annual Open House

December 10, 3:00 pm - 7:00 pm. The O'Toole Center is a residential facility for men in their first thirty days in Project Ninety. The public is invited to meet with counselors, residents and staff.

Location: The O'Toole Center, 15 Ninth Avenue, San Mateo. For more information **call 650-579-7881**.

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Unveiling the New 4Cs and Night of Lights

December 11, 3:00 pm - 6:00 pm. Join the Child Care Coordinating Council (4Cs) of San Mateo County for a press conference, showcase of programs, food, drink and a celebration.

Location: Child Care Coordinating Council (4Cs), 2121 South El Camino Real, Suite A-100, San Mateo. There is no charge for this event. For more information and to RSVP by December 5 **contact Y'Anad Burrell, Development Director, at 650-655-5059 or dyburrell@sanmateo4cs.org**.

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Vista Center for the Blind and Visually Impaired Holiday Open House

December 12, 10:00 am - 3:00 pm. Enjoy refreshments; purchase holiday gifts, including games and aids for people who are blind or visually impaired; meet with representatives from Sendero Group and Freedom Scientific to learn about new low-vision products; and meet Vista Center staff members. A drawing will be held for prizes.

Location: Vista Center for the Blind and Visually Impaired, 2470 El Camino Real, Suite 107, Palo Alto. For more information **contact Alice McGrath at 650-858-0202, ext. 130 or amcgrath@vistacenter.org or visit www.vistacenter.org.**

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Adventure Guides Party for Dads and their Kids

December 13, 4:00 pm - 6:00 pm. Fathers and father figures are invited to spend bonding time with their children and other dads in the Sequoia YMCA gym and new youth fitness lounge. Activities include playing games with the Wii, trampolines, Dance Dance Revolution and more. Open to the public. For children in grades kindergarten through fifth and their dads.

Location: Sequoia YMCA, 1445 Hudson Street, Redwood City. There is no charge for the event and pre-registration is preferred. For more information and to sign up **contact Stacy Olson at 650-368-4168 or solson@ymcamidpen.org.**

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Complete Articles

Free2Give Campaign

In the spirit of the season, PLS (Peninsula Library System), BALIS (Bay Area Library and Information System) and SVLS (Silicon Valley Library System), serving the communities of Alameda, Contra Costa, San Francisco, Santa Clara and San Mateo counties have announced the launch of their free2Give campaign.

Free2Give is designed to encourage giving and a spirit of generosity during the months of November and December, especially in light of the economic downturn. In cooperation with the Second Harvest Food Bank and other Food Banks in the Bay Area, food barrels will be placed in Bay Area libraries and wrapped with the free2Give logo.

Public libraries endeavor to position themselves as central to the people they serve and hope that by encouraging participation in local food drive initiatives, and raising awareness regarding the need, they can be a link to resources for their communities.

The economic crisis is creating increased demand at the nation's food pantries and soup kitchens. At the same time, food banks are suffering from a falloff in donations. The Second Harvest Food Bank of Santa Clara and San Mateo Counties report a fifty percent drop in corporate donations. A spokesman for the Alameda County Community Food Bank said calls to their emergency food line are up 39% over last year and 59% as compared with two years ago.

Support free2Give at your local library. For more information [visit plsinfo.org](http://plsinfo.org) and [click on free2Give](#).

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Women In County Government Award Recipients

Women In County Government has announced their 2008 Recognition Award Recipients. The recognition program is to acknowledge and honor county women employees who have demonstrated success through their commitment in the areas of Community Services, Self Development and Public Services.

This year's recipients are: Community Service Award - Beverly Beasley-Johnson, Human Services Agency; Self-Development Award - Rita Kavanaugh, San Mateo Medical Center; and Public Service, The Extra Mile Award - Christine Lapuyade, Probation Department. The Award recipients will be honored at the 18th Annual Women in County Government Recognition Awards Luncheon and Charity Event on December 15 and acknowledged at the Board of Supervisors Meeting on December 16. County Manager John Maltbie will also be recognized with the Mary Welch Lifetime Achievement Award.

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Stanford Geriatric Education Center (SGEC) Webinars

The Stanford Geriatric Education Center (SGEC) is starting a new educational series of Webinars in 2009. This series was developed as a way to help providers stay current in the field of ethnogeriatrics. Each month, a faculty member will present a new topic.

Webinars are online classes and seminars that you can attend from anywhere using your computer. They are open to everyone with prior registration. To register, [visit **sgec.stanford.edu/events.html**](http://sgec.stanford.edu/events.html) and click on the "Register for this Event" link of the webinar you are interested in. Six will be offered, each covering a different topic, such as Aging, Ethnicity and Mental Health - Focusing on Dementia and Depression in African American Elders: Issues and Recommendations; What Psychologists and Other Mental Health Professionals Need to Know about Working with Older Adults; Issues in Health Literacy for Health Care Providers: Basics and Beyond; Emergency Preparedness: Cultural Considerations when Working with Older Adults with Sensory and Motor Disabilities; Centenarians, Palliative Care and End of Life Care; and Aging and Spirituality Among Chinese and Japanese Americans.

Continuing Education Units (CEU) will be offered to licensed nurses, social workers or marriage and family counselors only. The cost per Webinar is \$15. For those applying for CEUs, the cost will be \$25. One unit will be offered for each Webinar.

To register and check the 2009 Webinar schedule [visit **sgec.stanford.edu/events.html**](#). For more information [contact **Judy Chiu, SGEN Program Coordinator at **jchiu22@stanford.edu****](#), [John Di Mario, Technical Support Coordinator at **jdimario@stanford.edu**](#), or [Dolores Gallagher-Thompson, PhD, SGEN Director at **dolorest@stanford.edu**](#).

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PCRC Guide

The Peninsula Conflict Resolution Center (PCRC) has published the second edition of its *Community Engagement Resource Guide*, funded by the Silicon Valley Community Foundation. The Guide can be used in planning and carrying out collaborative projects involving various community stakeholders. It provides a step-by-step process for community engagement, as well as real-life examples of the challenges and solutions of community engagement projects at PCRC.

The guide explores questions regarding community engagement such as What is community engagement and when is it needed? Why and when is it beneficial? What purpose does it fulfill? Who should be engaged; who are the stakeholders and how should they be involved? What level of involvement is most beneficial? What are resources and barriers for engagement? How do you initiate, encourage, and sustain successful community engagement? And lastly, how do you evaluate success? The Community Engagement Resource Guide is free of charge, but supplies are limited. If your organization is interested in receiving a general training on community engagement, or a facilitated strategic planning meeting to help you execute a specific project, contact PCRC. To order the Guide or request a training or consultation, [contact **Julia Salinas at 650-513-0330 ext. 320 or **jsalinas@pcrc web.org****](#).

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www.21elements.com

The new "21 Elements" Web site is part of the Countywide Housing Element Update collaboration project. It will serve as the central location for communication and coordination among interested parties in all twenty-one San Mateo County jurisdictions now updating their housing element to meet a June 2009 State deadline.

The "21 Elements" project provides opportunities for municipalities to share resources, successful strategies and best practices and will result in stronger local partnerships as well as higher quality certified Housing Elements. Co-sponsored and coordinated by the San Mateo County Department of Housing and CCAG (City/County Association of Governments), this collaborative effort brings together the twenty-one communities to better meet common needs to accommodate San Mateo's growing and changing populations, while ensuring and enhancing the qualities that make our communities livable and unique. [Visit the site at **www.21elements.com**](#).

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San Mateo County Board of Supervisors Vacancy: Applications Due December 11

The San Mateo County Board of Supervisors is seeking applications to fill the vacancy for the Supervisor representing District 2 for the remainder of the term ending January 3, 2011. At the time of appointment, applicants must be a registered voter in District 2, which includes areas of Belmont, Foster City and San Mateo. Applications are available now and must be submitted no later than 5:00 pm on December 11.

The Board will hear presentations from applicants on December 15 and potentially make an appointment the following day or order a special election to fill the vacancy. It occurred when District 2 Supervisor Jerry Hill won the November election to represent the 19th District in the State Assembly. His resignation was effective November 30.

For an application and additional information, **call 650-363-4123 or visit www.co.sanmateo.ca.us/boardvacancy**. Applications are also available in the office of the Clerk of the Board of Supervisors, 400 County Center, First Floor, Redwood City. Call 650-363-4123 and ask for assistance to learn if a specific address is within District 2.

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