

community information program

Peninsula Library System

CIPResource Bulletin

December 2007

Printer-friendly version

CIP Community Calendar Highlights

For a complete listing of events, [click here](#).

December 4, 4:00 pm - 7:00 pm

"The Executive Director/Board Relationship... from Good to Great!"

[>> details](#)

December 5, 9:00 am - 10:30 am

Thrive Membership Meeting

[>> details](#)

December 5, noon

"The Other 49ers: Untold Stories About Women From the California Gold Rush"

[>> details](#)

December 6, 9:00 am - 2:00 pm

Coastside Connect for the Homeless

[>> details](#)

December 6, 5:30 pm

December 13, 1:30 pm

December 18, 9:30 am

U Visa Workshop for Immigrant Domestic Violence Survivors

[>> details](#)

Welcome to our e-newsletter!

The holidays are upon us. The Community Information Program staff - Susan, Amy, John and Pat - wishes everyone a very happy holiday season, whatever holidays they celebrate. And a happy and safe New Year's to all!



Passports at the Library

The San Mateo Public Library is now accepting passport applications. A passport is an internationally recognized travel document that verifies the identity and nationality of the bearer. Over the past few years, a valid U.S. passport has become

more of a necessity than before. Only the U.S. Department of State has the authority to grant, issue or verify United States passports. To find out how to obtain a passport for the first time, [click here...](#)

Holiday Tip #1: Coping with Alzheimer's During the Holidays

The holidays can be an especially stressful time for individuals with Alzheimer's disease and their families. The Alzheimer's Association, the leading voluntary health organization in Alzheimer research, care and support, has prepared a special Web page, www.alz.org/living_with_alzheimers_holidays.asp, filled with helpful tips to make the holidays less stressful. [Click here](#) for more information.

Holiday Tip #2: Food Safety Tips

Thorough cooking, adequate refrigeration, good hand washing and work area hygiene are the key food handling practices that can prevent food borne illness. Properly prepared and handled foods will help ensure a safe meal every day of the year. For more food safety tips visit www.smhealth.org/environ.

Help Shape the Future of San Mateo

Residents of San Mateo County have the opportunity to shape the future of the County by taking an online

December 10, 1:30 pm to 3:00 pm

Better Breathers Club
>> [details](#)

December 11, 9:00 am - 12:30 pm

Older Driver Traffic Safety Seminar
>> [details](#)

December 12, 8:30 am - 4:00 pm

Teens and the Media
>> [details](#)

December 14, 9:30 am - 3:30 pm

Making Packaged Software Work: Selection and Implementation
>> [details](#)

For a calendar of children's health events sponsored by nonprofit organizations in San Mateo and Santa Clara counties, [visit www.kidscal.org](#).

Email shulman@plsinfo.org anytime to submit your upcoming event for the CIP Community Calendar.

[Click here](#) for the complete **CIP Community Calendar**.

survey for Shared Vision 2025, a project launched by the Board of Supervisors to set goals for the entire community. To find out how to take the survey, [click here...](#)

New Workshops Offered by the Court

The Self-Help Center at the San Mateo County Superior Court has announced the introduction of two Court workshops for self-represented litigants. For details on the workshops, [click here...](#)

Visit the New Bay Area-Wide Kidsdata.org

Kidsdata.org, sponsored by The Lucile Packard Foundation for Children's Health, has expanded from San Mateo and Santa Clara counties to include data and resources for four more Bay Area counties: Alameda, Contra Costa, Marin, and San Francisco. As part of the expansion, the site now features a new look and numerous enhancements. Visit the new site at www.kidsdata.org/.

RecycleWorks New Donation Pamphlet

RecycleWorks has just published a new version of the *ReUse Guide: Where to Donate Unwanted Items*. It lets people know where they can get rid of good but unwanted furniture and other household items. To download the new version [visit www.recycleworks.org/pdf/reuse_guide.pdf](#).

Green Building Award - Application Deadline December 14

Get your building or renovation project recognized for being green with the Green Building Award. This program is sponsored by Sustainable San Mateo County, County of San Mateo and the American Institute of Architects San Mateo County Chapter. The award acknowledges the architects, builders and owners of green buildings. Visit the Web site at www.recycleworks.org to learn more about this award program and download the application form.

Fall Prevention

The Fall Prevention Task Force has launched an informative Web site for older adults, caregivers, providers and task force members. [Visit it at www.smcfallprevention.org](#).

David and Lucile Packard Foundation to Increase Local Grant-Making

According to an article in the most recent edition of *News for Nonprofits*, Senator Joe Simitian's electronic newsletter, the David and Lucile Packard Foundation will increase its level of local grant-making 40 percent in San Mateo, Santa Clara, Santa Cruz, Monterey and San

Benito counties beginning in 2008. For more information, [click here...](#)

Prevention of Childhood Obesity Task Force Tip: Task Force Announces Newsletter

The San Mateo County Prevention of Childhood Obesity (PCO) Task Force launched its first newsletter on October 15. For more information about the newsletter, [click here...](#)

Agency Updates

The San Mateo County Veterans Services Office has moved to 260 Harbor Blvd., Building A, Belmont. Their phone number remains **650-802-6598**.

Future Families, a nonprofit agency providing services for foster children and families, has become a part of the **Bill Wilson Center**. The merger expands the reach of the Bill Wilson Center to younger children in foster care and enhances their parenting work. The new address is now 1671 The Alameda, Suite 201, San Jose, CA 95126 and their new Web site is www.billwilsoncenter.org. Their phone number remains the same at **408-298-8789**.

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Article deadline for the January issue of the *Resource Bulletin* is December 15. Email your submission to shulman@plsinfo.org.

Resource Highlight

Each year, more than 25% additional waste is generated during the holiday season than at any other time throughout the year: an increase in trash of 1 million tons per week, or 5 million extra tons between Thanksgiving and the New Year! Learning simple, earth-friendly tips regarding gifts, packaging, cards, party planning, food waste, trees and energy can significantly reduce the amount of garbage that is landfilled during this festive season.

Your Guide to an Enlightened Holiday Season:

www.recycleworks.org/resident/holidays.html

Facts on Holiday Waste:

www.recycleworks.org/resident/holiday_facts.html

RecycleWorks

San Mateo County Public Works
555 County Center, 5th Floor
Redwood City, CA 94063

Phone: 650-363-4100

Fax: 650-361-8220

CIP maintains a **database** of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one or more resources to help familiarize readers with the depth and breadth of the **database**.

At CIP

cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to the **CIP Community Calendar**, email Amy Shulman at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at **CIP Publications**.
- Search our database online at **CIP Database**.
- Contact us: **650-802-7950** or cip@plsinfo.org.
- We're part of the Library!
[Link to Peninsula Library System](#).

Who we are:

- Linda Crowe
Executive Director, Peninsula Library System
- Gail McPartland
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CIP Program Manager
- John McDonald
CIP Database Manager
- Amy Shulman
CIP Publications Coordinator
- Susan Gaggero
CIP Program Assistant

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Community Calendar Highlights

"The Executive Director/Board Relationship... from Good to Great!"

December 4, 4:00 pm - 7:00 pm. Speakers Molly Polidoroff, Executive Director of CEN; Janice Fry, past Chairman of CEN; and Margaret Donohoe of Leadership in Transition will facilitate this interactive session. They will provide an overview of the characteristics of a highly effective partnership as well as examples of practices that will create a strong partnership from the beginning, develop mutually understood realistic expectations, foster a healthy dialogue on issues that matter most to the organization and optimally engage board members in adding value and furthering the mission.

Location: Silicon Valley Community Foundation San Mateo Offices, Imagination Room, 1700 South El Camino Real, San Mateo. \$45 for members of the Center for Excellence in Nonprofits (CEN); \$65 for non-members. For more information and to register [visit www.cen.org](http://www.cen.org).

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Thrive Membership Meeting

December 5, 9:00 am - 10:30 am. Meet Adrienne Tissier, Incoming President of the Board of Supervisors and network with colleagues in the nonprofit world.

Location: Silicon Valley Community Foundation Imagination Room, 1700 South El Camino Real, Suite 100, San Mateo. Free for Thrive members; \$25 for guests. RSVP to info@thrivealliance.org. For more information [visit www.thrivealliance.org](http://www.thrivealliance.org).

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"The Other 49ers: Untold Stories About Women From the California Gold Rush"

December 5, noon. Skyline College is hosting a speakers series titled "The Other 49ers: Untold Stories from the California Gold Rush" as a complement to the San Mateo County Reads - One Book One Community events. At this event, author Ruthanne Lum McCunn will read passages from *Thousand Pieces of Gold* and speak about the role of women in the Gold Rush and beyond, as well as about Chinese immigration to California. The talk will be accompanied by a visual presentation of the Chinese in early California. A book signing in the lobby will conclude the program. This free series of programs is funded by the college's President's Innovation Fund.

Location: Skyline College, Main Theatre, 3300 College Drive, San Bruno. For more information, [call 650-738-4311](tel:650-738-4311) or [visit www.SkylineCollege.edu](http://www.SkylineCollege.edu).

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Coastside Connect for the Homeless

December 6, 9:00 am - 2:00 pm. Access services, including benefits assistance, medical and dental clinics, hair cuts, legal aid, clothing vouchers, veterans services, crisis screening, employment services, bike repair, shelter referral and housing information for the homeless and those at imminent risk of homelessness. Free transportation will be provided from the Pacifica Resource Center, Coastside Hope and Puente de la Costa Sur.

Location: Half Moon Village Center, 9 Bloom Lane, Half Moon Bay. There will be a free BBQ at 1:00 pm for registered participants, although there is no need to register. For more information [call 650-802-6590](tel:650-802-6590).

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U Visa Workshop for Immigrant Domestic Violence Survivors

December 6, 5:30 pm; December 13, 1:30 pm; December 18, 9:30 am. Are you a low-income immigrant victim of abuse or domestic violence? You may be eligible for a U Visa; attend a workshop to find out how to apply. The workshop will be held in both English and Spanish. Participants should bring an interpreter if they speak other languages.

Location: Bay Area Legal Aid, 707 Bradford Street, Redwood City. [Call 650-358-0745](tel:650-358-0745) to sign up or for more information.

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Better Breathers Club

December 10, 1:30 pm to 3:00 pm. On the 2nd Monday of every month, Breathe California hosts the Better Breathers Club, a support group for people suffering from lung disease and their family members. Guest speakers from various health disciplines share their expertise with the group, in an effort to help participants breathe easier and lead a higher quality of life. The group also offers an open forum to discuss common concerns related to their lung disease. During this session, Julie Groves, from Therapy in Your Home, will speak about Keeping Your Energy Up During the Holidays.

Location: Avenidas Senior Center, 450 Bryant Street, Palo Alto. For more information on the Better Breathers Club, [call 408-998-5865](tel:408-998-5865) or [visit their Web site at www.lungsrus.org](http://www.lungsrus.org).

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Older Driver Traffic Safety Seminar

December 11, 9:00 am - 12:30 pm. Take control of your driving future by attending this class. Learn the myths about older drivers, how to compensate for age-related changes, rules of the road, safe driving tips and transportation alternatives. Take a confidential self-evaluation, tune-up your driving skills and learn about nutrition and strength. This class is presented in conjunction with The San Mateo County Commission on Aging and San Mateo County Supervisor Adrienne J. Tissier.

Location: Peninsula Volunteers Little House, 800 Middle Avenue, Menlo Park. To register or for more information [contact The Office of Supervisor Adrienne J. Tissier at 650-363-4572](tel:650-363-4572).

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Teens and the Media

December 12, 8:30 am - 4:00 pm. Messages from the media and human nature often depict adolescents as a problem. This workshop applies lessons learned from the world of advertising to the challenges of the youth-serving community. The meeting will start with research that shows what the public thinks about young people. From there, participants will develop strategies and messages to create positive perceptions of youth. The workshop will be facilitated by Glynis Shea, Communications Coordinator for the Konopka Institute, Department of Pediatrics at the University of Minnesota. A former advertising executive, she currently collaborates with the youth-serving community to build public support through communications. Sponsored by the Adolescent Health Working Group California Adolescent Health Collaborative.

Location: The California Endowment San Francisco Regional Office, 101 Second Street, 24th Floor, San Francisco. \$25 registration includes breakfast and lunch. Space is limited; RSVP by December 6 to [Owen Morse at omorse@gmail.com](mailto:omorse@gmail.com) or **415-554-8418**.

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Making Packaged Software Work: Selection and Implementation

December 14, 9:30 am - 3:30 pm. Whether it's the fundraising software, accounting package or CRM (constituent relationship management) system, a poor choice can cost an organization valuable time and money. Even a good choice can be derailed by poorly planned implementation. Make software work for you instead of the other way around by choosing the right package and implementing it well. This workshop will take participants from needs assessment and software selection through installation and data conversion. Get detailed insights about the pros and cons of outsourcing versus in-house project management, as well as the importance of defining requirements, testing, coding, preparing staff and developing and documenting processes for using your new system.

The workshop will be facilitated by Sharon Meyers who has been with NPC Consulting for 10 years consulting with non-profits and K-12 schools on technology strategic planning, needs analysis, business process analysis and professional development. She has experience in both Web design and FileMaker database development.

Location: Sobrato Community Conference Center, 600 Valley Way, Suite A, Milpitas. Register online at www.compasspoint.org/workshops. Fee is based on the size of the organization; take 50% off workshop fee for the 2nd and 3rd person registered from the same company. Use Coupon Code: SV-Soft07.

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Complete Articles

Passports at the Library

The San Mateo Public Library is now accepting passport applications. A passport is an internationally recognized travel document that verifies the identity and nationality of the bearer. Over the past few years, a valid U.S. passport has become more of a necessity than before. Only the U.S. Department of State has the authority to grant, issue or verify United States passports.

To obtain a passport for the first time, the applicant needs to personally visit a passport acceptance facility. In San Mateo County, that meant select post offices or the office of a city clerk. Now, applications are being accepted at the San Mateo Main City Library, located at 55 West Third Avenue, 2nd Floor, San Mateo. Bring two passport photographs of yourself, proof of U.S. citizenship, and a valid form of photo identification such as a driver's license. The hours are Monday and Tuesday from 5:00 pm - 8:00 pm and Saturday from 10:00 am - 4:00 pm. For more information **call 650-522-7868 or visit www.travel.state.gov/passport/passport_1738.html**.

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Holiday Tip #1: Coping with Alzheimer's During the Holidays

The holidays can be an especially stressful time for individuals with Alzheimer's disease and their families. The Alzheimer's Association, the leading voluntary health organization in Alzheimer research, care and support, has prepared a special Web page, www.alz.org/living_with_alzheimers_holidays.asp, filled with helpful tips to make the holidays less stressful.

Because of the changes he or she has experienced, a person with Alzheimer's may feel a special sense of loss during the holidays. Caregivers may feel overwhelmed maintaining holiday traditions and hesitant to invite friends and relatives to share the holidays for fear they will be shocked and feel uncomfortable with behavior changes in the family member.

If your family has been touched by Alzheimer's, the advice compiled might make the holidays less overwhelming. If you are planning on visiting a family coping with Alzheimer's, knowing a little about what that family is going through will help prepare you to make the visit a more positive experience for all involved.

For more information **contact the Alzheimer's Association at their toll-free 24-hour helpline, 800-272-3900, or visit their Web site at www.alz.org/**.

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Help Shape the Future of San Mateo

Residents of San Mateo County have the opportunity to shape the future of the County by taking an online survey for Shared Vision 2025, a project launched by the Board of Supervisors to set goals for the entire community.

The results of the online surveys and a series of community forums will influence

decisions the Board of Supervisors make about health care, social services, public safety, parks, land use, transportation and the diverse array of programs and services provided by the County. What is the most important goal that San Mateo County should set for the year 2025?

Your answers will help the Board set priorities. To take the survey, [visit www.surveymonkey.com/s.aspx?sm=sB7RmJIiqTR_6c2tIRV0nag_3d_3d](http://www.surveymonkey.com/s.aspx?sm=sB7RmJIiqTR_6c2tIRV0nag_3d_3d). For more information about community visioning, [visit www.co.sanmateo.ca.us/SharedVision2010](http://www.co.sanmateo.ca.us/SharedVision2010).

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New Workshops Offered by the Court

The Self-Help Center at the San Mateo County Superior Court has announced the introduction of two Court workshops for self-represented litigants. The first workshop, "So, You're Thinking of Filing a Lawsuit" covers the basics of what a litigant needs to know before filing a lawsuit and also covers alternatives to litigation. This workshop is offered on the 1st, 3rd and 5th Monday of each month, court holidays excluded. For a flyer with all the details, [click here](#).

The second workshop, "I Have a Case in Court, Now What?" picks up where the first one left off, and explains the court process, as well as alternatives to litigation. This workshop is offered the 2nd and 4th Monday of each month, court holidays excluded. To download that flyer, [click here](#).

Both workshops are offered at the San Mateo County Law Library, 710 Hamilton Street, 1st Floor Conference Room, Redwood City and start at 1:30 p.m. The workshops are not geared to address any specific area of law, rather they give a broad picture of the court process as a whole, whether the litigant is filing in small claims, has a landlord/tenant issue, personal injury, contract dispute or family law. For more information [call 650-599-1770](tel:650-599-1770).

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David and Lucile Packard Foundation to Increase Local Grant-Making

According to an article in the most recent edition of *News for Nonprofits*, Senator Joe Simitian's electronic newsletter, the David and Lucile Packard Foundation will increase its level of local grant-making 40 percent in San Mateo, Santa Clara, Santa Cruz, Monterey and San Benito counties beginning in 2008.

The commitment to local nonprofit organizations is being increased from \$8 million to an expected \$14 million next year. Grantmaking will continue to focus on the arts, food banks and homeless services for families with children, after-school youth services and family planning and adolescent reproductive health services. The expanded program will also support increased youth development activities and programs that focus on children from birth to age three. Revised guidelines for grant applications will be posted on www.packard.org in early 2008; the current application form is available on that Web site.

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Prevention of Childhood Obesity Task Force Tip: Task Force Announces Newsletter

The San Mateo County Prevention of Childhood Obesity (PCO) Task Force launched its first newsletter on October 15. The quarterly newsletter includes helpful information, articles and Web links to issues and topics on healthy eating and active living. The newsletter features a community events calendar, funding opportunity alerts and Task Force committee updates. To contribute to the PCO newsletter, **contact Naida Pare at 650-573-2496 or npare@co.sanmateo.ca.us**. The deadline to submit articles and information for the February 2008 issue is January 23. To view the October issue of the PCO newsletter, visit the Kids Weigh In Web site at www.kidsweighin.org.

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The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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