

community information program

Peninsula Library System

CIPResource Bulletin

September 2007

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CIP Community Calendar Highlights

For a complete listing of events, [click here](#).

September 10, 3:15 pm - 5:30 pm

Prevention of Childhood
Obesity Task Force
Quarterly Meeting
[>> details](#)

September 15, 11:00 am - 3:00 pm

Prenatal Advantage
Black Infant Health
Project's 15th -
Anniversary Celebration
[>> details](#)

September 19, 10:00 am - 1:00 pm; 2:30 pm - 5:00 pm

Peninsula Job Faire
[>> details](#)

September 20, 5:30 pm - 7:30 pm

Families and Youth with
Disabilities Community
Needs Meeting
[>> details](#)

September 20, 5:30 pm - 8:00 pm

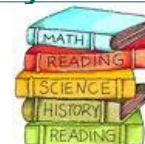
Community Law Night
[>> details](#)

September 21, 9:00 am - 4:00 pm

Housing Element
Updates Workshops

Welcome to our e-newsletter!

The kids are back in school and the sun is setting earlier. The weather will be turning colder soon. What better time than to enjoy free events at the library?



Redwood City Public Library Events

The Public Library in Redwood City, located at 1044 Middlefield Road, holds numerous free events for all ages. These events include Meet the Author, health lectures, book groups, storytime for kids and a writer's group. [Click here](#) to download a flyer with events to be held in September. For more information regarding children's events [call 650-780-7017](#); for adult events [call 650-780-7026](#) or visit www.rcpl.info.

Recovery Month

September is National Alcohol and Other Drug Recovery Month. Observance highlights the societal benefits of substance abuse treatment, lauds the contributions of treatment providers and promotes the message that recovery from substance abuse in all its forms is possible. The observance also encourages citizens to take action to help expand and improve the availability of effective substance abuse treatment for those in need. Each year a new theme, or emphasis, is selected for the observance. This year's theme is "Saving Lives, Saving Dollars." To find out about Recovery Month events in San Mateo County, [click here...](#)

Free Repairs to Nonprofits and Low-Income Homes

One of the programs funded by the Department of Housing is "National Rebuilding Day," operated by Rebuilding Together Peninsula (formerly known as Christmas in April). National Rebuilding Day brings teams of volunteers together to repair the homes and community facilities of those in need in San Mateo County. All repairs are free to the applicants. To learn more about this program [click here...](#)

Nominations Sought for the Women's Hall of Fame

The San Mateo County Board of Supervisors and the Commission on the Status of Women invite San Mateo County community members to join in a countywide search for nominees to the 24th annual Women's Hall of Fame. The deadline for nominations is October 31. To learn more, [click here...](#)

[>> details](#)

September 27, 6:00 pm - 7:30 pm

Senator Simitian's Town Hall Meeting

[>> details](#)

September 29, 10:00 am - 2:00 pm

Disaster Preparedness Day

[>> details](#)

September 30, 11:00 am - 3:00 pm

Twentieth Annual Teddy Bear Clinic

[>> details](#)

For a calendar of children's health events sponsored by nonprofit organizations in San Mateo and Santa Clara counties, visit www.kidscal.org.

For a schedule of Child, Youth and Family Services Workshops offered through the San Mateo County Office of Education, [click here](#).

Email

shulman@plsinfo.org

anytime to submit your upcoming event for the CIP Community Calendar.

[Click here](#) for the complete [CIP Community Calendar](#).

Commission on the Status of Women Supporting Women Seeking Appointed and Elected Positions

The Commission on the Status of Women is working to establish a local chapter of the California Elected Women's Association for Education and Research (CEWAER), a non-partisan organization committed to encouraging, training and supporting women interested in becoming politically engaged. To learn more, [click here...](#)

Freedom From Hunger Day: September 28

Freedom from Hunger is a microfinance organization based in Davis, California that provides sustainable, self-help solutions to women in the poorest areas around the world.

Their goal is to end global hunger for good by providing women with the opportunity to empower themselves and care for their families. To read more [click here...](#)



Seton Coastside's 20th Annual Teddy Bear Clinic: September 30



The Teddy Bear Clinic will help children age 2 - 12 become familiarized with the hospital in a mock emergency department setting. Children and their parents are invited to bring their stuffed animals to the hospital for "treatment." Tours of emergency vehicles and safety displays will be included. To find out more about this event, [click here...](#)

Help Clients Find Household Items at Low Cost

People wanting to donate household items in good condition can refer to the ReUse Guide, which lists nonprofits accepting those items. The Guide is useful for anyone needing to clean out a home, whatever the reason. [Visit the ReUse Guide at www.recycleworks.org/pdf/reuse_guide.pdf](#). Hard copies are available free of charge by [contacting Miriam Reiter at 650-599-1405 or Miriam@RecycleWorks.org](#).



Certified Green Building Professional Training Course: September 7 and 8

As green building becomes more popular, homeowners and those purchasing homes are looking for contractors, architects, engineers and specialty contractors who are qualified to provide green building services. Participants in this class will be able to distinguish themselves from their competitors. To find out more about the class [click here...](#)

West Coast Green Conference and Expo: September 20 - 22

West Coast Green represents a milestone in the residential green building movement. Never before has a conference and expo provided access to such comprehensive state-of-the-art resources, presentations and opportunities. To find out more about the conference, [click here...](#)

Prevention of Childhood Obesity Task Force Tip: Internet Resources for Improving Nutrition and Physical Activity in Schools

The School of the 21st Century and the Rudd Center for Food Policy and Obesity at Yale University recently released a research brief entitled "Improving Nutrition and Physical Activity in Schools: Internet Resources." For more details about the brief [click here...](#)

Agency Updates

[CORA](#) has redesigned its teen relationships Web site. Check it out at www.teenrelationships.org.

[Silicon Valley Community Foundation](#) has consolidated their San Mateo and San Jose offices in Mountain View. Their new address is 2440 West El Camino Real, Suite 300, Mountain View, CA 94040-1498. Their main phone number is 650-450-5400; their fax number is 650-450-5401.

Fatima Soares has replaced Cheri Parr as Executive Director of [Coastside Hope: A Community Assistance Center](#) (formerly known as Coastside Opportunity Center). Fatima can be reached at fatima@coastside.org or 650-726-9071 ext. 17.

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Article deadline for the October issue of the *Resource Bulletin* is September 15. Email your submission to shulman@plsinfo.org.

Resource Highlight

Applications for Public Housing and Project-based Units are now being accepted in San Mateo County. Applicants must be low-income, senior or disabled persons and 50% below the median income level for San Mateo County. The wait is several months depending upon availability.

[San Mateo County Department of Housing Housing Authority](#)

Address: 264 Harbor Blvd., Belmont, CA 94002

Phone: 650-802-3300

Fax: 650-802-3373

Web site: www.smchousing.org

DESCRIPTION: Provides rental assistance to eligible low-income families through various programs so that families may lease safe, decent, and sanitary housing units in the private rental market. Also manages two public housing developments and one housing authority owned property. These developments, totaling 240 units, provide affordable housing to eligible low-income families by utilizing Federal aid as well as rent income from the residents.

CIP maintains a database of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one or more resources to help familiarize

readers with the depth and breadth of the database.

At CIP

cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to the **CIP Community Calendar**, email **Amy Shulman** at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at [CIP Publications](#).
- Search our database online at [CIP Database](#).
- Contact us: **650-802-7950** or cip@plsinfo.org.
- We're part of the Library!
[Link to Peninsula Library System](#).

Who we are:

- Linda Crowe
Executive Director, Peninsula Library System
- Gail McPartland
Services Director, Peninsula Library System
- Pat Michelin
CIP Program Manager
- John McDonald
CIP Database Manager
- Amy Shulman
CIP Publications Coordinator
- Susan Gaggero
CIP Program Assistant

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Community Calendar Highlights

Prevention of Childhood Obesity Task Force Quarterly Meeting

September 10, 3:15 pm - 5:30 pm. This quarter's meeting will include Task Force updates, a main presentation and time for committee meetings.

Location: San Mateo County Library, Oak Room, 55 West 3rd Avenue, San Mateo. For more information **contact Jennifer Gross at 650-573-2319**.

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Prenatal Advantage Black Infant Health Project's 15th Anniversary Celebration

September 15, 11:00 am - 3:00 pm. Join this celebration for current and former clients,

providers and the community. The Prenatal Advantage Black Infant Health Project provides referrals, education and support for pregnant African-American women and fathers. It is funded by the San Mateo County Health Department and California Department of Public Health, Maternal, Child and Adolescent Branch.

Location: 2415 University Avenue, Community Room, 1st Floor, East Palo Alto. For more information [call 650-363-7850](tel:650-363-7850).

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Peninsula Job Faire

September 19, 10:00 am - 1:00 pm; 2:30 pm - 5:00 pm. Meet growing Bay Area employers at this job faire presented by Peninsula Employment Group, LLC. Hundreds of jobs/careers will be available, from entry-level to professional and technical. Free admission and parking.

Location: San Mateo County Event Center, 2495 South Delaware Street, San Mateo. For more information [call 650-574-1766](tel:650-574-1766) or visit www.peninsulaemploymentgroup.com.

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Families and Youth with Disabilities Community Needs Meeting

September 20, 5:30 pm - 7:30 pm. The San Mateo County Commission on Disabilities (CoD) is establishing a Youth and Family Committee. They are developing a survey to identify key issues for the CoD to address. Focusing on those issues, they hope to provide greater opportunities for children and youth with disabilities to achieve their full potential. They are especially interested in hearing from consumers and their families.

Location: 225-37th Avenue, Room 100, San Mateo. RSVP by September 17 to [Craig McCulloh at 650-573-2480](mailto:craig.mcculloh@co.sanmateo.ca.us) or cmcculloh@co.sanmateo.ca.us. A light dinner and refreshments will be served.

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Community Law Night

September 20, 5:30 pm - 8:00 pm. Talk with a lawyer, attend legal seminars and learn about helpful services for free. Presented by the San Mateo Superior Court and the San Mateo Bar Association. Childcare provided.

Location: San Mateo Superior Court, Northern Branch, 1050 Mission Road, South San Francisco. For more information [call 650-363-4168](tel:650-363-4168) or [click here](#) to download a flyer in English and Spanish.

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Housing Element Updates Workshops

September 21, 9:00 am - 4:00 pm. The San Mateo County Department of Housing and the

County Planners Association are presenting two Housing Element Updates Workshops. The morning session, from 9:00 am - noon, will be specifically for city and county staff, elected officials and planning commissioners. The afternoon session, from 1:00 pm - 4:00 pm, will be tailored for community leaders and developers.

In Session I, long-time senior planner Tim Stroshane of the City of Berkeley will give a technical overview of the Housing Element and the process for updating it. Lynn Martinez, attorney-at-law from the Western Center on Law and Poverty, will provide information on recent state legislative changes that impact the Housing Element.

During Session II, Lynn Martinez will give a broad overview of the Housing Element and the updating process, followed by a short presentation by Paul Peninger of Nonprofit Housing Association on how community leaders can engage in this process locally.

Location: Silicon Valley Community Foundation Imagination Room, 1700 South El Camino Real, 1st Floor, San Mateo. Participants may attend either session. There is no charge for the training, but registration is required. **Contact Dorcas Cheng-Tozun at 650-802-5040 or dtozun@smchousing.org** for a registration form.

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Senator Simitian's Town Hall Meeting

September 27, 6:00 pm - 7:30 pm. Senator S. Joseph Simitian, 11th District, invites constituents to attend a Town Hall Meeting about issues of importance to you and your community. The Senator will speak about the outcomes of this year's Legislative session and answer questions from constituents. Bring questions, ideas and solutions regarding state legislative issues that affect your community. Light refreshments will be served after the event.

Location: Redwood City Council Chambers, 1017 Middlefield Road, Redwood City. For more information **visit www.senatorsimitian.com**.

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Disaster Preparedness Day

September 29, 10:00 am - 2:00 pm. Is your family ready? Learn how to prepare yourself for fire, earthquake, flood or terrorist attacks. There will be first aid, police, fire, school site emergency plans and emergency equipment demonstrations. Hear emergency kit and disaster plan instructions and survival do's and don'ts.

Location: San Mateo County Event Center, 2495 South Delaware Street, San Mateo. Free admission, hot dogs and soda. Free gift for the first 1200 families. For more information **contact the Office of Emergency Services at 650-363-4790 or the Office of Supervisor Adrienne J. Tissier at 650-363-4572.** To download a flyer in English and Spanish **[click here](#)**.

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Twentieth Annual Teddy Bear Clinic

September 30, 11:00 am - 3:00 pm. The Teddy Bear Clinic will help children age 2 - 12 become familiarized with the hospital in a mock emergency department setting. Children and their parents are invited to bring their stuffed animals to the hospital for "treatment." Tours of emergency vehicles and safety displays will be included. Lunch will be served.

Location: Seton Coastside, 600 Marine Boulevard off of Highway 1, Moss Beach. Free to attend. **Contact Cheryl Sinclair at 650-563-7121 for more information.**

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Recovery Month

September is National Alcohol and Other Drug Recovery Month. Observance highlights the societal benefits of substance abuse treatment, lauds the contributions of treatment providers and promotes the message that recovery from substance abuse in all its forms is possible. The observance also encourages citizens to take action to help expand and improve the availability of effective substance abuse treatment for those in need. Each year a new theme, or emphasis, is selected for the observance. This year's theme is "Saving Lives, Saving Dollars."

San Mateo County and its nonprofit partners are coordinating the following events throughout the county to commemorate the month:

Date and Time	Keynote Speakers	Location
September 5 11:30 am - 1:30 pm	Panelist and resource tables; keynote speakers: Mike Nevin, Dr. David Gershan, success story Renee H.	555 County Center Redwood City
September 14 6:00 pm - 9:00 pm	Viewing of the national series "Addiction" with special guests Angela Stocker and Lea Greenberg	College of San Mateo 1700 West Hillsdale Blvd. College Theatre San Mateo
September 22 11:00 am - 3:00 pm	Coastside Family Fun: Music, clown, resource tables, keynote speakers: Robin T. from El Centro and Craig W. from Project 90	American Legion 470 Capistrano Road Half Moon Bay
September 28 9:30 am - noon	Pancake Breakfast: Steve Kaplan, poetry readings, successful client share, resource tables, raffle and music	St. Andrews 1600 Santa Lucia San Bruno

The events are open to all. For more information **contact Nikki Adams at 650-877-5683 or visit www.recoverymonth.gov**, the Web site for the Substance Abuse and Mental Health Services Administration's Recovery Month.

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Free Repairs to Nonprofits and Low-Income Homes

One of the programs funded by the Department of Housing is "National Rebuilding Day," operated by Rebuilding Together Peninsula (formerly known as Christmas in April). National Rebuilding Day brings teams of volunteers together to repair the homes and community facilities of those in need in San Mateo County. All repairs are free to the applicants.

Typical work involves roof repairs, plumbing, landscaping, electrical work, painting and general cleanup. The deadline to apply for the next National Rebuilding Day, to be held on April 26, 2008, is October 15. To qualify, you must own and live in your home, be low-income and elderly, disabled and/or be a family with children. You and your friends and family must work alongside the Rebuilding Together Peninsula volunteers.

For more information on the program or how to apply, contact Rebuilding Together Peninsula at **650-366-6597**, info@rebuildingtogetherpeninsula.org or visit www.rebuildingtogetherpeninsula.org/ to download an application. You can also visit the Web site for the Department of Housing at www.smchousing.org for information on Rebuilding Together Peninsula and some of the other minor home repair programs funded by the Department.

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Nominations Sought for the Women's Hall of Fame

The San Mateo County Board of Supervisors and the Commission on the Status of Women invite San Mateo County community members to join in a countywide search for nominees to the 24th annual Women's Hall of Fame. The deadline for nominations is October 31.

The Hall of Fame honors women, living or working in San Mateo County, whose contributions to the arts, athletics, business, education, government, social justice, philanthropy or science, have had significant impact on our community.

The Young Women of Excellence Awards recognize the significant impact of young women who are high school juniors or seniors. Applications and guidelines can be obtained by **phoning the Commission on the Status of Women at 650-363-4HOF (4463) or by visiting the Web site at www.co.sanmateo.ca.us/hr/csw.**

The Women's Hall of Fame Awards Banquet will be held on March 27, 2008 and is open to the public. For additional information **contact Honora R. Miller, Commission Director at 650-363-4463 or hmillier@co.sanmateo.ca.us.**

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Commission on the Status of Women Supporting Women Seeking Appointed and Elected Positions

The Commission on the Status of Women is working to establish a local chapter of the California Elected Women's Association for Education and Research (CEWAER), a non-partisan organization committed to encouraging, training and supporting women interested in becoming politically engaged.

Do you believe in the need for more women creating sound policy? Do you know that there are only 34 women in the California Legislature representing less than 30 percent of legislative seats even though women represent 51% of California's population and that the number of women in the California State Assembly decreased by three in 2006 and is expected to continue to decrease due to term limits? Did you know a lower number of women

in the political pipeline will be prepared to run in 2008? If you believe that more women need to be encouraged to seek appointed and elected positions in order to ensure that a diversity of women's voices continue to be part of the legislative process in Sacramento, then become a founding member of the local CEWAER chapter and work to change this situation.

Twenty dues-paying members are needed to establish a local chapter. A membership outreach event will be held October 25 at 6:00 pm; location to be announced. Jackie Speier, former California State Senator and President of CEWAER will speak.

CEWAER members include currently and formerly elected and appointed women, and men interested in supporting women; women who have interest in seeking appointed and elected positions; and women and men who want to be involved in efforts to support women becoming civically and politically involved. As a member you will be kept up-to-date on CEWAER's programs both local and statewide, engaged in key issues and inspired to take action. **Contact Honora Miller**, Director of the Commission on the Status of Women at hmiller@co.sanmateo.ca.us for more information. To learn more about CEWAER **visit www.cewaer.org**.

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Freedom From Hunger Day: September 28

Freedom from Hunger is a microfinance organization based in Davis, California that provides sustainable, self-help solutions to women in the poorest areas around the world. Their goal is to end global hunger for good by providing women with the opportunity to empower themselves and care for their families.

Freedom from Hunger Day was established in 2006 and declared an official day of awareness by the State of California. The day commemorates those around the world working tirelessly to end their own hunger. You can join hundreds of others making a difference in this struggle.

On September 28, their Web site, www.freedomfromhunger.org, will be devoted to this day of awareness. You will have an opportunity to experience the lives of women who are pulling themselves out of poverty. You can watch video clips taken by staff in the field and download sound bites of women sharing dreams for themselves and their families.

Participate in a live conversation with Freedom from Hunger's President, Chris Dunford, and hear about steps they are taking to end global hunger and poverty. Listen in as staff share on-the-ground experiences in real time in Africa or India. Download recipes from gourmet chefs, including Google's Executive Chef, Scott Giabastiani.

And learn how you can help. Because this year's Freedom from Hunger Day activities will take place online, the outreach possibilities are endless. People are pledging to invite friends and family to join them for a viewing party as the organization premieres their new video online. Gather friends and learn together, start a dialogue, explore ideas and create an action plan.

Freedom from Hunger's Web site will be filled with action steps to help make a difference. A simple step is to send a free e-card to raise awareness about ending hunger. A bigger step is to invite Freedom from Hunger to give a video conference presentation in your community.

Learn more about the ways women are empowered to change their own lives. Step into their shoes and see their communities through their eyes. Save the date: September 28. **Visit www.freedomfromhunger.org** for a schedule of online events.

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Seton Coastside's 20th Annual Teddy Bear Clinic: September 30

The Teddy Bear Clinic will help children age 2 - 12 become familiarized with the hospital in a mock emergency department setting. Children and their parents are invited to bring their stuffed animals to the hospital for "treatment." Tours of emergency vehicles and safety displays will be included.

This annual event is held the last Sunday in September; this year it will be held September 30 from 11:00 am - 3:00 pm. The Clinic is free to attend and lunch will be served. It will be held at Seton Coastside, 600 Marine Boulevard off of Highway 1, Moss Beach. **Contact Cheryl Sinclair at 650-563-7121 for more information.**

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Certified Green Building Professional Training Course: September 7 and 8

As green building becomes more popular, homeowners and those purchasing homes are looking for contractors, architects, engineers and specialty contractors who are qualified to provide green building services. Participants in this class will be able to distinguish themselves from their competitors.

The Certified Green Building Professional Training is open to all California building professionals involved in the design and construction of residential buildings, as well as professionals that support and develop the market for green building. Certification is available for the following professionals: architects/designers, carpenters, consultants, contractors, developers, electricians, engineers, interior designers, landscapers, plumbing contractors, public agencies, nonprofits, real estate professionals, specialty trades, solar contractors and suppliers.

The course is based on the overarching principles of Green Building and the systems approach to the design, construction and operation of buildings. They will be introduced to green building methods and materials to reduce the impact of building and increase the benefits to homeowners. There will be case studies, guest speakers and in-depth presentations on such topics as energy efficiency, resource conservation, indoor air quality and developing and marketing a green business. In addition, the class will cover how to get the green information and resources you need, how to stay up-to-date on the latest advances in green building and how to integrate and benefit from green practices in your business.

The class will be held in the Green Building Exchange, 305 Main Street, Redwood City from 8:30 am - 5:00 pm. The cost for the training is \$350 for Build It Green members, \$395 for non-members. Continental breakfast and lunch will be provided. To register **visit www.BuildItGreen.org or call 510-845-0472, ext. 107.**

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West Coast Green Conference and Expo: September 20 - 22

West Coast Green represents a milestone in the residential green building movement. Never before has a conference and expo provided access to such comprehensive state-of-the-art resources, presentations and opportunities. You'll find over 275 exhibitors showcasing the latest in resource-efficiency among an array of green and healthy building products. 250 experts will present their latest developments, insights and inspiration. Over 12,000 attendees are expected. West Coast Green offers innovations, ideas and opportunities

designed to expand your ideas of green building, widen your vision and stimulate your thinking. The first two days are geared toward professionals in the industry, i.e., contractors, builders and architects. Homeowners are welcome to attend the final day, September 22.

The conference will be held September 20 - 22, 8:30 am - 4:30 pm at the Bill Graham Civic Auditorium, 99 Grove Street, San Francisco. For pricing, registration and more information visit www.westcoastgreen.com or call 800-724-4880.

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Prevention of Childhood Obesity Task Force Tip: Internet Resources for Improving Nutrition and Physical Activity in Schools

The School of the 21st Century and the Rudd Center for Food Policy and Obesity at Yale University recently released a research brief entitled "Improving Nutrition and Physical Activity in Schools: Internet Resources."

The brief outlines the importance of nutrition and health information, summarizes research which compares states' action on nutrition, physical activity and health and outlines Internet resources to assist schools' work on health and nutrition. The brief offers 14 specific Web resources and an additional seven comprehensive Web resources on nutrition and physical activity. To view or download this research brief visit www.yale.edu/21c/publications.html.

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The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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