

community information program

Peninsula Library System

CIPResource Bulletin

July 2007

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CIP Community Calendar Highlights

For a complete listing of events, [click here](#).

July 5 for camps held July 25 – 30

Community Service
Camp Registration
Deadline

[>> details](#)

July 7, 9:00 am - 2:30 pm

National Center for
Equine Facilitated
Therapy (NCEFT) Poker-
Ride-A-Thon

[>> details](#)

July 7 - 8

Avon Breast Cancer Walk

[>> details](#)

July 11, 9:00 - 10:30 am

Senior I&R Forum

[>> details](#)

July 16 – 20, 9:30 am - 3:30 pm

Sports Medicine Camp at
Skyline College

[>> details](#)

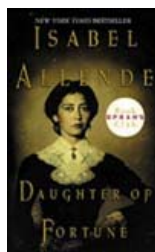
July 16, 4:00 pm

GRID Alternatives
Information Meeting

[>> details](#)

Welcome to our e-newsletter!

It's July and that means celebrating the birth of our country. Locally, there will be festivities, including fireworks, in Redwood City and Foster City. See our [calendar](#) for details. It also means free outdoor concerts throughout the county. See the article below as well as our online [calendar](#) for more information.



One Book, One Community:

Our first "community read" was launched last year. This year, San Mateo County Reads has chosen *Daughter of Fortune* by Isabel Allende because the themes of the novel - immigration, cultural diversity and California history - are relevant to our community. Stay tuned for more

information or [visit](#)

www.plsinfo.org/oboc/index.htm.

Older Driver DVD Available

As the Bay Area's population ages and more seniors are on the road, questions of their continued driving abilities and what alternatives they have are becoming more critical. For more information [click here...](#)

Family Service Agency of San Mateo County's "TRIP" Program for Older Adults

Thanks to a recent \$250K grant from the MTC's Lifeline Transportation Program, Family Service Agency of San Mateo County has just launched a new volunteer-based transportation program for San Mateo County seniors age 65 and older. The two-year pilot program is being operated via the Family Service Agency's Intergenerational Center at Fair Oaks in Redwood City. For more information [click here...](#)

[Gateway to
Biotechnology Training
Program](#)

**Tuesdays, July 17 - 31,
7:00 pm - 9:00 pm**

Kaiser Permanente
Presents Tantrum
Training in Redwood City
>> [details](#)

July 24 – 26

Bookmaking Institute for
Teachers and Librarians
>> [details](#)

**July 28, 9:00 am - 1:00
pm**

Neighbors in Health
>> [details](#)

**August 2, 6:30 pm -
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Kaiser Permanente
Presents How to Talk So
Your Kids will Talk to You
in Redwood City
>> [details](#)

For a calendar of
children's health events
sponsored by nonprofit
organizations in San
Mateo and Santa Clara
counties, visit
www.kidscal.org.

For a schedule of Child,
Youth and Family
Services Workshops
offered through the San
Mateo County Office of
Education, [click here](#).

Email
shulman@plsinfo.org
anytime to submit your
upcoming event for the
CIP Community Calendar.

Click here for the
complete **CIP
Community Calendar**.



This two semester program, a partnership between Skyline College, the San Mateo County Workforce Investment Board, and the San Mateo Central Labor Council, is designed to get people into the biotechnology industry. Grant-sponsored, it will provide students with the training needed to enter a career in biotechnology. To find out more about this program [click here...](#)



GRID Alternatives - Free Installation of Solar Panels in East Palo Alto

Founded during the 2001 energy crisis in California, the mission of GRID Alternatives is to empower communities in need by providing renewable energy and energy efficiency services, equipment and training. They bring the power of solar electricity and energy efficiency to low-income homeowners and provide community members with training and hands-on experience with renewable energy technologies. To learn more about this program [click here...](#)

Homeowner and Renter Assistance Program

Homeowner and Renter Assistance is an annual payment made by the State of California to qualified individuals. Payment is based on your total household income and a portion of the property taxes that you paid on your home. Renters may also qualify for assistance, as a portion of rent pays property taxes. For eligibility requirements [click here...](#)

Tiger Woods Foundation - Grants for Underserved Youth: Due August 1

The Tiger Woods Foundation supports projects that provide education and youth development to underserved youth ages 5-17, particularly those that focus on youth in urban American cities. To learn more about these grants [click here...](#)

Free Concerts in the Parks

The cities of Belmont, Burlingame, Foster City, Half Moon Bay, Millbrae, Redwood City, San Carlos and San Mateo have announced their artist lineups for this summer's free concerts. [Click here](#) for more details.

Don't Flush Old Medications

Concerned about disposing old medications? Don't flush them down the toilet or throw them in the garbage. Protect the environment and prevent overdoses and errors by discarding of old medications properly. Find confidential drop-off containers at Police Departments in Atherton, Belmont, Burlingame, Daly City, Hillsborough, Pacifica, Millbrae, San Bruno, San Mateo, South San Francisco and the San Mateo County Sheriff's Office. For

more information **call the Office of Supervisor Adreinne J. Tissier at 650-363-4572.**

New Way to Sort Data on Kidsdata.org

Kidsdata.org now offers the ability to sort data in a new way -- by **demographic group**. The site can produce profiles for nearly 20 groups, for example, **Latino kids**, **preteens**, or **low-income children**, listing all the indicators on the site available for that group. For each profile, you also can view (and print or e-mail) data from a single category, such as education or physical health.

Prevention of Childhood Obesity Task Force Tip: Pediatric Weight Control Program at Stanford

This proven long-term weight loss program is for children between the ages of 8 and 15 years old. Created by experts in treating overweight children, parents participate in the six-month weekly classes which promote healthy eating and exercise habits. For more details **click here...**

Agency Updates

The Executive Director of the **4Cs (Child Care Coordinating Council)**, Jan Stokley, will be leaving on July 6. Ms. Stokley has accepted a position with First Children's Finance, a Minneapolis-based child care financing intermediary; a Transition Committee has been formed to search for her replacement.

Founded in 1979, **Friends for Youth's** Mentoring Services program has had much success helping young people stay out of trouble. They are working to keep the community better informed and to introduce programs to help recruit mentors for at-risk youth. Visit their updated Web site at **www.friendsforyouth.org/**.

The **Tobacco Prevention Program (TPP)** is transitioning from the Human Services Agency to the Health Department. Their new address is 225 - 37th Avenue, San Mateo, CA 94403. They can be reached at 650-573-2012, 650-573-3777; or **dsmith1@co.sanmateo.ca.us**. Their new pony number is PBH319HE.

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Article deadline for the August issue of the Resource Bulletin is July 15. Email your submission to shulman@plsinfo.org.

Resource Highlight

Los Californianos
Address: P.O. Box 600522, San Diego, CA 92160
Phone: 858-538-3027

A society composed of descendants of Spanish settlers of California prior to 1848 that works to preserve the heritage of Hispanic Alta California. Activities include collecting the genealogy and religious, military, social and cultural history of Alta California during the Spanish and Mexican periods, in oral, written and pictorial form. Anyone wishing to join must submit a lineage chart that shows that person to be a descendant of a Hispanic person or persons who arrived in California prior to February 2, 1848. Quarterly meetings are held at various cities throughout the state. The Traveling Genealogy Library is available for use by the public for a nominal fee at these meetings.

Click here to read the full record in the CIP database.

CIP maintains a database of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one resource to help familiarize readers with the depth and breadth of the database.

At CIP cip.plsinfo.org

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to the **CIP Community Calendar**, email Amy Shulman at shulman@plsinfo.org.
- Find our publications, including *Resource Bulletin* archives, at [CIP Publications](#).
- Search our database online at [CIP Database](#).
- Contact us: **650-802-7950** or cip@plsinfo.org.
- We're part of the Library!
[Link to Peninsula Library System](#).

Who we are:

- Linda Crowe
Executive Director, Peninsula Library System
- Gail McPartland
Services Director, Peninsula Library System
- Pat Michelin

CIP Program Manager

- John McDonald
CIP Database Manager
- Amy Shulman
CIP Publications Coordinator
- Susan Gaggero
CIP Program Assistant

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Community Calendar Highlights

Community Service Camp Registration Deadline

July 5 for camps held July 25 - 30. The Salvation Army is sponsoring two residential summer camps for residents of Daly City, San Bruno, Pacifica, Millbrae, Brisbane or South San Francisco. The camps will be held at Camp Redwood Glen in Scotts Valley and will include games, swimming, camping activities and lots of fun.

The Salvation Army, Golden State Division's 2007 Community Service Camp - San Francisco, is for kids age 7 - 12. For kids age 13 - 16, there is The Salvation Army, Golden State Division's 2007 XTREME Teen/Outdoor Adventure Camp #3.

Spaces are limited; to sign up for either camp **call Laurie at 415-553-3568 or contact the South San Francisco office of the Salvation Army Corps at 650-266-4591.**

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National Center for Equine Facilitated Therapy (NCEFT) Poker-Ride-A-Thon

July 7, 9:00 am - 2:30 pm. The National Center for Equine Facilitated Therapy (NCEFT) in Woodside provides equine-assisted activity and therapeutic programs for people with neuromuscular and sensory disabilities. During its annual community fundraiser, the Poker-Ride-A-Thon, riders will leave the grounds at 9:00 am and have the choice of three rides through Huddart Park. Lunch will be served around 12:30, followed by the presentation of awards and prizes.

Location: Mounted Patrol Grounds, 521 Kings Mountain Road, Woodside. A fee of \$45 per horse and rider includes a BBQ lunch. For more information **visit www.nceft.org or call 650-851-2271.**

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Avon Breast Cancer Walk

July 7 - 8. For 2 days and 39 miles, everyone who has been touched by breast cancer touches you - in gratitude. Participation in the Avon Walk for Breast Cancer events - as a Walker, a Crew Member, a Volunteer or a Donor - will allow medically underserved

women and men to be treated, giving them access to the care they require. Research teams will be powered by the funds they need to fuel their quest for the cure.

Location: Exact location in San Francisco to be announced. Pre-registration is required. **For more information visit avonwalk.org or call 800-510-WALK (9255).**

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Senior I&R Monthly Forum

July 11, 9:00 am - 10:30 am. Dr. J. Wesson Ashford of Stanford University will give a talk on dementia and Alzheimer's Disease. He will also administer a Memory Screening.

Location: San Mateo County Health Department, 225 - 37th Avenue, Room 100, San Mateo. All are welcome; no reservations needed. To be added to the email notification list for this monthly meeting, **contact Pat Michelin at 650-802-7549, michelin@plsinfo.org or pmichelin@smchsa.org.**

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Sports Medicine Camp at Skyline College

July 16 – 20, 9:30 am - 3:30 pm. Skyline College will sponsor a sports medicine camp this summer for high school and community college students and youth sports coaches. The camp will be led by Jo Silken, ATC, Head Athletic Trainer for Skyline College, in collaboration with the Golden State Warriors Professional Basketball team. The fee is \$100 and includes a camp t-shirt and supplies. Participants need to bring a bag lunch. Drinks and snacks will be provided.

Location: Skyline College Sports Medicine Facility (Classroom 3B), 3300 College Drive, San Bruno. For information and registration, **visit www.smccd.edu/accounts/silken/ or contact Jo Silken at 650-738-4283 or silken@smccd.edu.**

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GRID Alternatives Informational Meeting

July 16, 4:00 pm. See the article **[below](#)** for more information about GRID Alternatives and this meeting.

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Kaiser Permanente Presents Tantrum Training in Redwood City

Tuesdays, July 17 - 31, 7:00 pm - 9:00 pm. Sponsored by Kaiser Permanente, Tantrum Training will help parents understand why tantrums occur. They will learn simple, effective listening tools to increase cooperation with their child, as well as ways to maintain a positive attitude toward their child during times of emotional upset. They

will hear different strategies to help their child offload frustration, encourage emotional literacy in the family, strengthen the family's support network and reduce stress. This training is for parents of children age five and under.

Location: **Call Kaiser Permanente's Health Education Department at 650-299-2433** to register and for the exact location of the class. The fee is \$85/individual, \$149/couple for Kaiser members; \$100/individual, \$175/couple for non-members.

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Bookmaking Institute for Teachers and Librarians

July 24 - 26. Discover ideas and inspiration at the San Francisco Center for the Book's Summer Bookmaking Institute for Teachers. The fifteen workshops, including Storybook Buildings: Castles, Missions and Victorians; Projects for the Youngest Bookmakers; Making Books from Times Past; and Poetic License offer instantly usable projects and easy-to-follow instructions. They will show how making books with students is a fun and effective way to nurture literacy and artistic expression across all areas of the curriculum.

The Summer Institute also introduces a new series: Getting Creative with Houghton Mifflin. These grade-level workshops identify scores of opportunities to pair Houghton Mifflin units with instructive and imaginative books that make textbook lessons fun and memorable.

Location: Redwood City Public Library, 1044 Middlefield Road, Redwood City. The workshops are open to K-8 teachers, librarians and parents. The cost for each workshop is \$65. To register, **call the San Francisco Center for the Book at 415-565-0545.** For more information, **contact Youth Programs manager Cathy Miranker at sfcb@miranker.com.** or visit **www.sfcb.org/php/etype.php?id=32**. Ms. Miranker can also supply printed brochures upon request.

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Neighbors in Health

July 28, 9:00 am - 1:00 pm. Kaiser Permanente in Daly City is sponsoring free health services for uninsured and under-insured women and children. Free services to be provided include pediatric checkups and immunizations for children 18 and under and women's health screenings. Sign up for San Mateo County's no/low-cost insurance plans available to children. All services will be provided confidentially regardless of immigration status. Interpreters will be available.

Location: Kaiser Permanente, 395 Hickey Blvd., Daly City. For more information **contact 415-808-4333 or nih@uwba.org** or to download the flyer **[click here](#)**.

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Kaiser Permanente Presents How to Talk So Your Kids will Talk to You in

Redwood City

August 2, 6:30 pm - 9:00 pm. Sponsored by Kaiser Permanente, this workshop will teach parents how to show respect and stay connected with their child when correcting behavior and how to manage angry feelings so they don't block communication. Open to parents of all ages.

Location: **Call Kaiser Permanente's Health Education Department at 650-299-2433** to register and for the exact location of the class. The fee is \$25/individual, \$45/couple for Kaiser members; \$35/individual, \$60/couple for non-members.

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Complete Articles

Older Driver DVD Available

As the Bay Area's population ages and more seniors are on the road, questions of their continued driving abilities and what alternatives they have are becoming more critical. "The number of Bay Area residents 65 and older is expected to increase 84 percent between 2000 and 2020," notes MTC Commissioner Adrienne Tissier, "and the number of people age 85 or older in the region will grow by 108 percent." To focus on the issue, the Metropolitan Transportation Commission (MTC) has produced a 36-minute DVD, "Mobility Matters for Older Drivers." It is based on a 2006 Regional Summit on Older Drivers, sponsored by MTC and SamTrans.

Topics covered in the video include myths and facts about older drivers; what happens when a driver is referred to the DMV; new, more visible roadway signage and how families should discuss giving up the car keys with older family members. It features experts from the California Department of Motor Vehicles, California State Automobile Association, Caltrans, the American Association of Retired Persons, and more, plus an introduction by former State Senator Quentin Kopp. It addresses the issue of how older adults can stay mobile while maintaining their quality of life if they can no longer drive.

The DVD is available free of charge; to order a copy [email library@mtc.ca.gov](mailto:library@mtc.ca.gov) or call **510-817-5836**. MTC is the regional transportation planning, financing and coordinating agency for the nine-county San Francisco Bay Area.

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Family Service Agency of San Mateo County's "TRIP" Program for Older Adults

Thanks to a recent \$250K grant from the MTC's Lifeline Transportation Program, Family Service Agency of San Mateo County has just launched a new volunteer-based transportation program for San Mateo County seniors age 65 and older. The two-year pilot program is being operated via the Family Service Agency's Intergenerational Center at Fair Oaks in Redwood City.

The Transportation Reimbursement Independence Program (TRIP) aims to support independence and quality of life for older adults who face barriers to mobility in the community. Working on a "neighbors helping neighbors" concept, TRIP reimburses volunteer drivers to transport individuals who face barriers to, or have difficult accessing, public transit or Redi-Wheels.

The program offers a free and easy way for seniors who have stopped driving to maintain their independence and quality of life. Family Service Agency hopes to serve 85 older adults this year with the new program, which launched in Redwood City May 1st.

The program has been modeled after one of the country's most successful older adult transportation programs, TRIP of Riverside County, CA and draws inspiration from other similar programs. The TRIP program reflects the goals and objectives of the San Mateo County Senior Mobility Action Plan Steering Committee; the County of San Mateo Strategic Plan for Services for Older Adults and MTC's Lifeline Transportation Program.

Family Service Agency of San Mateo County is a private nonprofit organization that for 56 years has helped children, families and older adults build positive and productive lives through the provision of programs and services including early learning and child care; supervised family visitation and exchange; older worker employment and training; support services for the elderly; family loans and counseling. For more information about Family Service Agency **call 650-403-4300 or visit www.familyserviceagency.org**.

To find out more about eligibility requirements for both drivers and riders, **call TRIP Mobility Coordinator Alan Yosef at 650-780-7546**.

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Gateway to Biotechnology Training Program

This two semester program, a partnership between Skyline College, the San Mateo County Workforce Investment Board, and the San Mateo Central Labor Council, is designed to get people into the biotechnology industry. Grant-sponsored, it will provide students with the training needed to enter a career in biotechnology.

The first semester will be math and English enhancement, followed by a semester in bio-manufacturing training. Graduates will be prepared to work as Bio-Processing Technicians, Labeling and Packaging Operators, Instrument and Media Prep Technicians and in Manufacturing Pharmaceuticals. This program works in partnership with 30 local biotechnology companies and has a 96% success rate in employment placements. Program eligibility requirements include 8th - 10th grade math and English proficiency, at least 18 years of age and California resident for at least one year. Candidate selection will be a competitive process.

The program is not designed for someone working full-time. It will be held at Skyline College starting August 22 in a new, custom-built biotechnology laboratory. Graduates can expect a starting salary of \$30,000 - \$50,000 per year plus benefits. **Contact newcareers@smchsa.org for more information or call 650-802-3313**.

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GRID Alternatives - Free Installation of Solar Panels in East Palo Alto

Founded during the 2001 energy crisis in California, the mission of GRID Alternatives is to empower communities in need by providing renewable energy and energy efficiency services, equipment and training. They bring the power of solar electricity and energy

efficiency to low-income homeowners and provide community members with training and hands-on experience with renewable energy technologies.

Using community volunteers, the program installs solar electric systems. Installation is free and the homeowner uses a low-interest loan to pay for the equipment. Homeowners must meet certain criteria to participate; [click here](#) to view the flyer listing those criteria. For more information [contact Utuma Belfrey at 415-839-8437 or visit \[www.gridalternatives.org\]\(http://www.gridalternatives.org\)](#). GRID Alternatives will be holding an informational meeting on July 16 at 4:00 pm at the Green Building Exchange, 305 Main Street, Redwood City.

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Homeowner and Renter Assistance Program

Homeowner and Renter Assistance is an annual payment made by the State of California to qualified individuals. Payment is based on your total household income and a portion of the property taxes that you paid on your home. Renters may also qualify for assistance, as a portion of rent pays property taxes.

This program is available to individuals who were age 62 or older, blind or disabled on December 31, 2006; had a total household income of \$42,770 or less in 2006 and are citizens of the United States or designated or qualified aliens when the claim is filed. For homeowner assistance, you must have owned and lived in your home on December 31, 2006; for renter assistance, you must have lived in a rented residence all or part of 2006 and paid \$50 or more per month in rent.

To file a claim, you will need your 2006 tax return if filed, or other evidence of income, and/or your 2006 SSA 1099; proof of age or disability; proof of alien status, if applicable; homeowners need their 2006-2007 property tax statement; renters need their landlord's name, address and phone number.

Free help is available to prepare and file your 2007 claim (for 2006 income) beginning this month at various locations in San Mateo County. [Click here](#) for locations and the phone numbers to call for an appointment.

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Tiger Woods Foundation - Grants for Underserved Youth: Due August 1

The Tiger Woods Foundation supports projects that provide education and youth development to underserved youth ages 5-17, particularly those that focus on youth in urban American cities.

Award amounts vary; average amounts are \$2,500-\$25,000. Eligible applicants are organizations that have been in existence for at least one year, have been determined to be tax exempt under Section 501(c)(3) of the Internal Revenue Code, and are not private foundations as defined in Section 509(a) of the Code.

There are four grant cycles during the year; grants are awarded every quarter. The deadline for third quarter awards is August 1. For complete program information and program guidelines contact the Tiger Woods Foundation grant program by visiting

www.twfound.org/grants/default.sps?itype=7609.

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Free Concerts in the Parks

The cities of Belmont, Burlingame, Foster City, Half Moon Bay, Millbrae, Redwood City, San Carlos and San Mateo have announced their artist lineups for this summer's free concerts.

Belmont:

Sundays through July 29, 1:00 pm - 4:00 pm.

Location: Twin Pines Meadow, Belmont. For the complete lineup [visit](#)

www.belmont.gov/html/calEvent/ and click on Summer Concerts.

Burlingame:

Sundays through July 29, 1:00 pm - 3:00 pm.

Location: Washington Park, 850 Burlingame Avenue, Burlingame. For more information [visit \[www.burlingame.org/Index.aspx?page=748\]\(http://www.burlingame.org/Index.aspx?page=748\)](#) and click on **Music in the Park** or [click here](#) for the schedule.

Foster City:

Fridays, July 13 - August 17, 7:00 pm - 9:00 pm.

Location: Leo Ryan Park Amphitheater, 650 Shell Blvd., Foster City. For more information [visit](#)

www.fostercity.org/Services/recreation/Concert-Schedule.cfm.



Half Moon Bay:

July - September, the second Sunday of the month, 1:00 pm - 3:00 pm.

Location: Mac Dutra Park (at Kelly Avenue and Main Street), Half Moon Bay. For more details [visit \[www.hmbcity.com\]\(http://www.hmbcity.com\)](#) and click on **Recreation**.

Millbrae:

Sundays, August 5 - 26, 1:00 pm - 3:00 pm.

Location: Central Park, 477 Lincoln Circle, Millbrae. For the complete schedule, [click here](#).

Redwood City:

Wednesdays, through August 22, 6:00 pm - 8:00 pm and Fridays, through September 28, 6:00 pm - 8:00 pm.

Location: Wednesdays, Music in the Park, Stafford Park, on the corner of King Street and Hopkins Avenue, Redwood City. Fridays, Music on the new Courthouse Square, Redwood City. For more details visit

www.redwoodcity.org/parks/concerts2007.htm.

San Carlos:

Friday, July 6 - August 24, 6:00 pm - 8:00 pm.

Location: Burton Park, 1017 Cedar Street, San Carlos. For more information visit

www.cityofsancarlos.org/gov/depts/parks_rec/community_events/default.asp

Central San Mateo:

Thursdays, July 12 – August 30, 6:00 pm – 8:00 pm.

Location: Central Park at the corner of East 5th Avenue and Laurel Street in downtown San Mateo. The artist lineup is online at www.cityofsanmateo.org.

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Prevention of Childhood Obesity Task Force Tip: Pediatric Weight Control Program at Stanford

This proven long-term weight loss program is for children between the ages of 8 and 15 years old. Created by experts in treating overweight children, parents participate in the six-month weekly classes which promote healthy eating and exercise habits.

The program is currently recruiting for the next session which starts in September 2007. Classes will be offered in both English and Spanish. For more information and to register, [visit their Web site at **pediatricweightcontrol.lpch.org**](#) or [contact Cindy Zedeck, Program Director, at 650-725-4424](#).

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The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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