

## community information program

Peninsula Library System

# CIPResource Bulletin

May 2007

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### CIP Community Calendar Highlights

For a complete listing of events, [click here](#).

**May 7, 6:00 pm - 8:00 pm**

CCAT Presents "Internet Bad Guys"

[>> details](#)

**May 9, 5:30 pm - 8:30 pm**

Community Law Night

[>> details](#)

**May 10, 4:00 pm - 6:30 pm**

Jewish Family and Children's Services' San Mateo Open House

[>> details](#)

**May 11, 7:30 pm - 9:30 pm**

Stressed Out Students Conference 2007

[>> details](#)

**May 17, noon**

Landlord-Tenant Law Lecture at San Mateo County Law Library

[>> details](#)

**May 17, 7:00 pm**

San Mateo County Sheriff's Office Explorer Orientation

### Welcome to our e-newsletter!



Spring has sprung, as has our new *Community Information Handbook!* This month's issue includes information on several updated publications and new Web sites.

### *Community Information Handbook 2007*

The Peninsula Library System, in conjunction with the Human Services Agency, presents the *Community Information Handbook* updated for 2007. It is intended to serve as a companion to the Community Information Program database, which can be found at [cip.plsinfo.org](http://cip.plsinfo.org). To request copies of this free booklet, **call 650-802-7950 or email [gaggero@plsinfo.org](mailto:gaggero@plsinfo.org)**. Copies can also be printed from the Web site by visiting [cip.plsinfo.org/cih.htm](http://cip.plsinfo.org/cih.htm).



### *Help at Home*

May is Older Americans Month and the new 2007 edition of *Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home* is now available. For free copies, **call CIP at 650-802-7950 or email [gaggero@plsinfo.org](mailto:gaggero@plsinfo.org)**. It is also available online at the CIP Web site, [cip.plsinfo.org/hah.htm](http://cip.plsinfo.org/hah.htm).

### *News for Nonprofits*

State Senator Joe Simitian publishes a quarterly electronic newsletter entitled *News for Nonprofits*. It connects nonprofits in the 11th Senate District of California with information and resources available from the State or other sources and includes topics such as Legislative Updates and Regional Announcements. To be added to the distribution list **contact Sarah Rosendahl, the Senator's Nonprofits Liaison, at [sarah.rosendahl@sen.ca.gov](mailto:sarah.rosendahl@sen.ca.gov)**.

>> **details**

**May 21, 7:00 am - 4:30 pm**

Updates on Dementia:  
Translating Research  
Into Practice

>> **details**

**May 31, 7:30 am - 9:00 am**

Jobs for Youth Annual  
Fundraising Breakfast

>> **details**

For a calendar of children's health events sponsored by nonprofit organizations in San Mateo and Santa Clara counties, visit [www.kidscal.org](http://www.kidscal.org).

For a schedule of Child, Youth and Family Services Workshops offered through the San Mateo County Office of Education, [click here](#).

Email [shulman@plsinfo.org](mailto:shulman@plsinfo.org) anytime to submit your upcoming event for the CIP Community Calendar.

**Click here** for the complete **CIP Community Calendar**.

### **Affordable Housing Week: May 11 -19**

Throughout Affordable Housing Week, organizations in the Bay Area will hold a series of events to inform residents about available housing resources and to highlight actions they can take to make affordable housing a reality in their community. In San Mateo County, the Housing Leadership Council (HLC) and its members will hold several events highlighting the need for more affordable opportunities in our county. For more information on the week [click here...](#)

### **Certified Farmers' Markets**

San Mateo County has thirteen certified farmers' markets where local growers sell fresh produce and flowers directly to residents. The San Mateo County Department of Agriculture certifies each market and performs periodic inspections to ensure compliance with state regulations. Producer Certificates are issued to growers, verifying that they produce the agricultural commodities sold at the markets. For a schedule of markets, [click here...](#)

### **New Web Site Encourages Girls to Read**

Four young adult authors who call themselves "Book Divas" recently launched an online book community called readergirlz ([www.readergirlz.com](http://www.readergirlz.com)) to get girls hooked on reading and to share that love with others. For more information about the authors and the Web site, [click here...](#)

### **Teen Read Week Nominations**

The Young Adult Library Services Association (YALSA), the fastest growing division of the American Library Association (ALA), has announced that nominations are available for the national Teens' Top Ten (TTT) Vote to take place during Teen Read Week™, October 14 –20. To read more about TTT [click here...](#)

### **Knit a Hogwarts Hat for Charity**

Are you a Harry Potter fan? Do you like to knit? If so, this special project is for you! Knit an enchanted house hat with the magical property of warmth. Warm Woolies is a nonprofit organization whose volunteers knit warm clothing for poverty-stricken children who would otherwise suffer from cold. To find out more [click here...](#)

### **Guide to Healthcare Careers**

A new, easily accessible Web site provides comprehensive information on the healthcare industry and occupations free of charge to job seekers and workforce development professionals. It provides links to employers, training providers, community organizations, occupational profiles, industry reports and

more. The site can be found at [www.HealthcareNav.org](http://www.HealthcareNav.org).

### **Project 90 Helps with Spring Cleaning**

Let Project 90, a nonprofit recovery program for alcoholic and drug-abusing men, assist you in cleaning up your home, office or yard. Through their Training Program, they offer a variety of quality labor skills including painting, hauling, yardwork, general labor and handy man. **Call Stacey for a free estimate at 650-333-8574.**

### **Sixth Annual North Fair Oaks Community Festival: August 19**

This community event is organized by parents, youth, local merchants, school staff, nonprofit organizations and the faith community. The festival creates community pride and revitalizes the neighborhood, provides information about family resources, offers a family and youth activities area and an art contest for elementary school students. The festival begins with an hour-long parade and has two stages with live entertainment throughout the day.

If your organization is interested in exhibiting at the festival, download the [English reservation form by clicking here](#), and the [Spanish form by clicking here](#).

### **Prevention of Childhood Obesity Task Force Tip - Recommendations from the AMA Expert Task Force on Childhood Obesity Satellite Broadcast: June 6**

This teleconference will address issues related to childhood obesity, present recommendations from the AMA Expert Task Force on Childhood Obesity and focus on how to implement these recommendations in both community and clinical settings. For more information [click here...](#)

### **Agency Updates**

Ecumenical Hunger Program has a new Executive Director, Sohyla Fathi.

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Article deadline for the June issue of the *Resource Bulletin* is May 15. Email your submission to [shulman@plsinfo.org](mailto:shulman@plsinfo.org).

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**Resource Highlight**

Thursday, May 17 marks the San Francisco Bay Area's 13th annual Bike to Work Day. Learn more about local issues by contacting the Peninsula Bicycle and Pedestrian Coalition, or [visit 511.org](http://511.org) or [commute.org](http://commute.org) for activities and commute options.

Peninsula Bicycle and Pedestrian Coalition  
Location: 1214 Nadina Street, San Mateo CA 94402  
Phone: 650-571-5830

Encourages bicycling and walking as a means of transportation and recreation, educates people about proper cycling techniques and lobbies government to accommodate and promote bicycle and pedestrian facilities and accommodation. All are invited to join. Meetings are held the first Thursday of the month, 6:30 pm, at Ladda's Thai Cuisine, 2053 Broadway Street, Redwood City (three blocks from the Redwood City Caltrain Station). Call, write or email for a free copy of the newsletter, *The Spinning Crank*.

[Click here](#) to read the full record in the CIP database.

CIP maintains a database of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one resource to help familiarize readers with the depth and breadth of the database.

### At CIP [cip.plsinfo.org](http://cip.plsinfo.org)

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to the **CIP Community Calendar**, email Amy Shulman at [shulman@plsinfo.org](mailto:shulman@plsinfo.org).
- Find our publications, including *Resource Bulletin* archives, at **CIP Publications**.
- Search our database online at [CIP Database](#).
- Contact us: **650-802-7950** or [cip@plsinfo.org](mailto:cip@plsinfo.org).
- We're part of the Library!  
[Link to Peninsula Library System](#).

### Who we are:

- Linda Crowe  
Executive Director, Peninsula Library System

- Gail McPartland  
Services Director, Peninsula Library System
- Pat Michelin  
CIP Program Manager
- John McDonald  
CIP Database Manager
- Amy Shulman  
CIP Publications Coordinator
- Susan Gaggero  
CIP Program Assistant

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## Community Calendar Highlights

### CCAT Presents "Internet Bad Guys"

**May 7, 6:00 pm - 8:00 pm.** Learn what you need to know about Internet predators and what you can do to keep your children safe. This informational presentation by Detective Bryan Raffaelli, San Mateo County Sheriff's Office, is not appropriate for children. A light meal will be provided and Spanish translation will be available.

Location: Harvard/Notre Dame Rooms, 400 Harbor Blvd., Building B, Belmont. **RSVP to CCAT at 650-364-3156 or [Jane.Smithson@yahoo.com](mailto:Jane.Smithson@yahoo.com).** To download the flyer [click here](#).

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### Community Law Night

**May 9, 5:30 pm - 8:30 pm.** Attend a legal information seminar, talk with a lawyer and learn about different agencies. Free childcare and Spanish language interpreters will be available. Sponsored by the San Mateo Superior Court, San Mateo County Bar Association and San Mateo County.

Location: Hall of Justice, 400 County Center (cross streets are Brewster and Marshall), Redwood City. For more information **call 650-363-4188**. The event is free and reservations are not required.

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### Jewish Family and Children's Services' Open House in San Mateo

**May 10, 4:00 pm - 6:30 pm.** For more than 156 years, Jewish Family and Children's Services has provided comprehensive, caring social services to the Bay Area's children, families and older adults. Last year, over 13,000 Peninsula residents of all ages and faiths turned to JFCS to solve and prevent problems. They recently opened The Eleanor Haas Koshland Center in San Mateo which houses Parents Place, Seniors•At•Home,

Mental Health Counseling, Emigre Services, Center for Special Needs, YouthFirst, Early Childhood Mental Health and On the Mark Mentoring. At the Open House, learn about programs for kids and adults and meet the staff. Refreshments will be served.

Location: Jewish Family and Children's Services, The Eleanor Haas Koshland Center  
2001 Winward Way, San Mateo. For more information and to RSVP **call 650-931-1800**  
or visit [www.jfcs.org](http://www.jfcs.org).

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### **Stressed Out Students Conference 2007**

**May 11, 7:30 pm - 9:30 pm.** With a rise in recent years in the number of students seeking mental health services, an increase in cheating behavior in school and students' consistent worry about academic achievement, this conference brings the community together to address and counter problems associated with academic stress.

Speakers include two nationally acclaimed speakers and best-selling authors: Dr. Madeline Levine, author of *The Price of Privilege*, and Dr. Wendy Mogel, author of *The Blessing of a Skinned Knee*.

Location: Stanford University, Kresge Auditorium, 555 Nathan Abbott Way, Stanford. There is no charge for this event. To register or for more information **email [sosconference@stanford.edu](mailto:sosconference@stanford.edu)** or visit **[sosconference.stanford.edu/](http://sosconference.stanford.edu/)**.

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### **Brown-Bag Lecture: Landlord-Tenant Law**

**May 17, noon.** Learn about landlord-tenant law at this lecture. Landlords and tenants both share in rights and responsibilities when it comes to rental property. For landlords, these rights and responsibilities minimize loss of income and avoid mistakes that can lead to court-imposed fines. For tenants, rights include fair housing, matters of habitability, protection from discrimination and harassment and the responsibilities of paying rent on time and abiding by rental policies. Knowing and understanding your obligation within the rental agreement makes for easier living for both landlord and tenant. Richard F. Kelly, Esq., former Court Commissioner, Superior Court of California, County of San Mateo, will provide an overview of landlord-tenant law and discuss ways to resolve disputes between landlords and tenants.

Location: San Mateo County Law Library, 710 Hamilton Street, Redwood City. The public is invited to attend this free lecture. For more information **contact Karen Lutke at 650-363-4913** or visit the **Law Library online at [www.smcll.org](http://www.smcll.org)**.

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### **San Mateo County Sheriff's Office Explorer Orientation**

**May 17, 7:00 pm.** Explorer Post 810 was started in 1964 and was one of the first law enforcement posts in San Mateo County. Explorers are teens, age 14-20, who volunteer

for the Sheriff's Office. The Sheriff's Office Explorer Posts are hosting an orientation night for anyone who is interested in learning about what they do. They have two volunteer programs - law enforcement and search and rescue. Participants attend a countywide explorer academy and receive training in crime prevention, investigations, firearms, fingerprinting, communications and rescue, and other law enforcement related areas.

Location: Board of Supervisors Chambers, Hall of Justice and Records, 400 County Center, First Floor, Redwood City. Parents and teenagers are welcome to attend. For more information **contact the Sheriff's Office of Emergency Services at 650-363-4012.**

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### **Ninth Annual Updates on Dementia: Translating Research Into Practice**

**May 21, 7:00 am - 4:30 pm.** This conference will feature the latest research and practice in the field of Alzheimer's and dementia. The keynote speaker will be Frank Longo, MD, George and Lucy Becker Professor and Chair, Department of Neurology and Neurological Sciences, Stanford University Medical School. Additional faculty includes Mary Haan, PhD; Barry Reisberg, MD; Jae Hee Kang, PhD and more. Participants will be able to understand the prevalence of risk factors for dementia in Latino populations; describe the contribution of physical exercise to delaying the onset of dementia; better understand the clinical manifestation and characterization of individual differences in Alzheimer's dementia; utilize the findings of evidence-based caregiver research to reduce stress and improve quality of life and be aware of cross-cultural perceptions of dementia and their impact on caregiving practices.

Location: Stanford University, Frances C. Arrillaga Alumni Center, 326 Galvez Street, Palo Alto. To register **visit [www.alznorcal.org](http://www.alznorcal.org)** and click on "Conferences." Registration deadline is May 14; fees are \$70, \$50 for veterans, \$25 for seniors 65+ and students with ID. Lunch is included. Seven Continuing Education Units are available (MD, RN, psychologist, LCSW, LMFT – all approved; RCFE and SNF Administrator - pending).

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### **Jobs for Youth Annual Fundraising Breakfast**

**May 31, 7:30 am - 9:00 am.** The Jobs for Youth Program is celebrating 25 years serving youth. They provide employment services to all youth between 14 and 21 years old at no cost. There are no eligibility requirements to join the program. Highlights of the breakfast include presenting the 2007 Mary Paskevich Award to the City of Daly City, Special Business recognition to Gilead Sciences in Foster City and the presentation of Al Teglia Jobs for Youth Endowment Fund Scholarships.

Location: Crowne Plaza Hotel, 1221 Chess Drive, Foster City. \$40 per person or \$350 for a table of ten. Proceeds go directly to youth services. **Contact Al Teglia at 650-301-8444 or [ateglia@smchsa.org](mailto:ateglia@smchsa.org) or Ruby Tomas at 650-301-8492 or [rtomas@smchsa.org](mailto:rtomas@smchsa.org)** for more information. To download the flyer **[click here.](#)**

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## Complete Articles

### **Affordable Housing Week: May 11 -19**

Throughout Affordable Housing Week, organizations in the Bay Area will hold a series of events to inform residents about available housing resources and to highlight actions they can take to make affordable housing a reality in their community. In San Mateo County, the Housing Leadership Council (HLC) and its members will hold several events highlighting the need for more affordable opportunities in our county.

Highlights will include open houses, educational events and the Peninsula's first Homeless Connect – a resource fair aimed at consolidating key services and resources into one location. The word needs to be spread about the affordability crisis in our community. In San Mateo County, the week's sponsor is Wells Fargo, with additional support from Citibank and media sponsor Comcast. For more information on the week, to get involved as a volunteer or organize an event [visit \*\*www.Home-Is.org\*\*](http://www.Home-Is.org) or [contact HLC Program Organizer Greg Richane at \*\*grichane@hlcsmc.org\*\*](mailto:grichane@hlcsmc.org).

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### **New Web Site Encourages Girls to Read**

Four young adult authors who call themselves "Book Divas" recently launched an online book community called [readergirlz \(www.readergirlz.com\)](http://www.readergirlz.com) to get girls hooked on reading and to share that love with others.

Founders Dia Calhoun, Janet Lee Carey, Lorie Ann Grover and Justina Chen Headley say [readergirlz](http://www.readergirlz.com) is about celebrating books that "feature strong female characters, connecting girls with stories that will change the way they see themselves, and inspiring girls to have the guts to make history of their own."

Members visit the [readergirlz Web site](http://www.readergirlz.com) and are directed to a MySpace [readergirlz](http://www.readergirlz.com) site, where they can chat about anything and everything to do with books and empowering girls. Members who don't have access to MySpace can still participate by visiting [readergirlz.livejournal.com](http://www.readergirlz.livejournal.com) or by emailing the authors. "Our intention is to give teen girls lots of ways to get involved with [readergirlz](http://www.readergirlz.com)!" says Calhoun.

The divas select a book-of-the-month and provide links, author interviews and book party ideas. The site's launch in March coincided with Women's History Month and featured Chen Headley's *Nothing but the Truth (and a Few White Lies)* (Little, Brown, 2006), a book that includes a racist incident, expected to generate discussion about intolerance and prejudice.

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### **Teen Read Week Nominations**

The Young Adult Library Services Association (YALSA), the fastest growing division of

the American Library Association (ALA), has announced that nominations are available for the national Teens' Top Ten (TTT) Vote to take place during Teen Read Week™, October 14 –20.

Each book had to be nominated by at least three teen reviewers representing at least two YA Galley/TTT groups. Nominations closed on April 1 for books published between January 2006 and March 2007. "Having the nominations available in April allows more libraries to get their teens actively involved in the TTT vote during Teen Read Week™," said YA Galley Chair Edith Cummings. "The list of 25 nominations makes the list manageable for teen readers and gives an excellent opportunity for school library media specialists and public librarians to work together and encourage teens to read the nominations over the summer."

TTT is a part of YALSA's Young Adult (YA) Galley Project in which publishers of young adult books provide copies of their recent titles to teen book discussion groups in libraries. In exchange, teen readers evaluate books for the publishers. The votes will determine the 2007 Teens' Top Ten booklist of the best new books for young adults. Nominations can be found online at [www.ala.org/teenstopten](http://www.ala.org/teenstopten).

For 50 years, YALSA has been the world leader in selecting books, videos, and audio books for teens. For more information about YALSA or for lists of recommended reading, viewing and listening, [visit www.ala.org/yalsa/booklists](http://www.ala.org/yalsa/booklists) or **contact YALSA at 800-545-2433, ext. 4390 or [yalsa@ala.org](mailto:yalsa@ala.org)**.

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### **Knit a Hogwarts Hat for Charity**

Are you a Harry Potter fan? Do you like to knit? If so, this special project is for you! Knit an enchanted house hat with the magical property of warmth. Warm Woolies is a nonprofit organization whose volunteers knit warm clothing for poverty-stricken children who would otherwise suffer from cold.

Their mission is to provide the neediest children with wool sweaters, vests, hats, mittens and slippers. They are partnering with John Wiley and Sons, the publisher of Alison Hansel's forthcoming book, *Charmed Knits - Projects for Fans of Harry Potter*. Warm Woolies is the recipient of knit hats based on a pattern from the book during the Charmed Knits Knit Along. For the downloadable free pattern, to register as a participant and for all the project details [visit the Charmed Knits blogspot](#).

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### **Prevention of Childhood Obesity Task Force Tip - Recommendations from the AMA Expert Task Force on Childhood Obesity Satellite Broadcast: June 6**

This teleconference will address issues related to childhood obesity, present recommendations from the AMA Expert Task Force on Childhood Obesity and focus on how to implement these recommendations in both community and clinical settings.

The broadcast will take place from 10:00 am - 2:00 pm; the downlink site is the County Office of Education, 101 Twin Dolphin Drive, Conference Rooms A and B, Redwood City.

The teleconference is free but space is limited. To download the registration form [click here](#). For more information **contact Yvette Rivas Bedrosian, MS, RD at 650-573-3924 or [yrbedrosian@co.sanmateo.ca.us](mailto:yrbedrosian@co.sanmateo.ca.us)**. Four continuing education units have been approved for Nurses, Dietitians, and Physicians. This teleconference is sponsored by the Department of Health Services, Children's Medical Services Branch.

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The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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