

## community information program

Peninsula Library System

# CIPResource Bulletin

January 2007

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### CIP Community Calendar Highlights

[Click here](#) for the complete [CIP Community Calendar](#).

**January 21, 2:00 pm - 5:00 pm**

Making a Difference Mentoring Celebration  
>> [details](#)

**January 23, 8:00 am - 11:30 am**

Thrive Committees and Membership Meetings  
>> [details](#)

**January 24, 8:00 am - 10:30 am**

Building Your Board Capacity  
>> [details](#)

**January 24, 1:00 pm - 3:00 pm**

Redwood City Human Service Agencies Meeting  
>> [details](#)

**January 25 - 26; Time varies by day**

8th Annual Northern California Mentoring Conference  
>> [details](#)

### Welcome to our e-newsletter!

Happy New Year! We hope everyone had a safe and happy holiday season. Now it's onto a new year and new beginnings. January is Mentoring Month – see the two articles below detailing a Mentoring Celebration and a two-day conference on Mentoring: Art or Science?



### Making a Difference Mentoring Celebration – January 21

Mentoring relationships can help transform the lives of children and youth who need a positive role model. It can bridge the gap between cultures, socio-economic differences, generations and communities, providing insight into worlds and life experiences otherwise unavailable. Research shows that mentees benefit greatly from a caring mentor who also gains from the relationship. The celebration will take place from 2:00 pm - 5:00 pm at the Foster City Recreation Building, 650 Shell Blvd., Foster City. For more information [contact Debra Pomeroy at DPomeroy@co.sanmateo.ca.us or 650-802-3329 or Sarah Kremer at sarah@friendsforyouth.org or 650-559-0200.](#)

### Eighth Annual Mentoring Conference - January 25 and 26

Friends for Youth of Redwood City is sponsoring the 8th Annual Mentoring Conference on January 25 and 26. *Mentoring: Art or Science?* will address crucial questions involved with making quality mentoring programs work, such as How much of the success of mentoring relationships can be attributed to intuition or chance and how much to research and standards? How can you establish your program as a vital part of your community by being in the right place at the right time and how much pavement do you need to pound to make it happen if you're not? For more information [click here...](#)

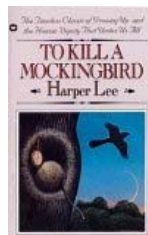
For a calendar of children's health events sponsored by nonprofit organizations in San Mateo and Santa Clara counties, visit [www.kidscal.org](http://www.kidscal.org).

For a schedule of Child, Youth and Family Services Workshops offered through the San Mateo County Office of Education, [click here](#).

Email [shulman@plsinfo.org](mailto:shulman@plsinfo.org) anytime to submit your upcoming event for the CIP Community Calendar. Article deadline for the February issue of the *Resource Bulletin* is January 15.

[Click here](#) for the complete [CIP Community Calendar](#).

### The "Big Read"



Peninsula Library System (PLS) won a competitive grant from the National Endowment for the Arts (NEA) to participate in the NEA's "Big Read" program. PLS was one of only 72 communities nationwide chosen for this award. To read more [click here...](#)

### Breast Cancer Q&A

Every Thursday evening from 5:30 pm - 7:00 pm, the Community Breast Health Project hosts an Open House/Question and Answer session for women with breast cancer. They also offer a free on-going drop-in support group for women newly diagnosed with breast cancer. For more information on these groups [click here...](#)

### Robert Wood Johnson Foundation - Fresh Ideas: Improving the Health of Immigrant and Refugee Communities – Grant Applications due January 15

The Robert Wood Johnson Foundation is accepting grant applications for programs that support immigrants and refugees and provide the tools they need to improve and maintain their health. The Foundation is seeking to fund community-based projects that address how health and social systems can engage immigrants and develop strategies that overcome barriers faced by immigrants and refugees when trying to access health and social services. Applicants may be public entities or nonprofit organizations with 501(c)3 status. Eight to ten grants up to \$300,000 over three years will be awarded. The application deadline is January 15. For complete program information and program guidelines, [visit www.rwjf.org/applications/solicited/cfp.jsp?ID=19480](http://www.rwjf.org/applications/solicited/cfp.jsp?ID=19480).

### A Message from RecycleWorks, a Program of the Public Works Department

For tips to a greener post-holiday season, courtesy of Danielle Lee, Dianne Anderson and Miriam Reiter from the County of San Mateo RecycleWorks, [click here...](#)

### Online Court Survey

The San Mateo County Superior Court recently announced the creation of a new online survey for San Mateo residents to solicit input from the public on how the court can better serve the community. For the complete article [click here...](#)

### Community Service Project (CSL) with SFSU MBA Students

A service learning component will be integrated into the

organizational behavior course in the College of Business at SFSU during the spring semester. Service-Learning is a teaching method in which students better grasp the course curriculum by actively engaging in community work and then integrating their experiences into the course material through reflection activities. To read the complete article [click here...](#)

### **Prevention of Childhood Obesity Task Force Tips**

A girl-friendly Web site, *Powerful Bones, Powerful Girls*, helps girls understand how weight-bearing physical activity and calcium can be a fun and important part of everyday life. Girls can **visit** [www.cdc.gov/powerfulbones/index.html](http://www.cdc.gov/powerfulbones/index.html); their parents visit [www.cdc.gov/powerfulbones/parents/index.html](http://www.cdc.gov/powerfulbones/parents/index.html).

### **Agency Updates**

The **Coastside Opportunity Center** has a new name. It is now called Coastside Hope: A Community Assistance Center. Their address and phone number remain the same.

The **Peninsula Conflict Resource Center (PCRC)** has announced a new CEO, Gemmie Jones, who is replacing the retiring Patricia Brown as of January 8.

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### **Resource Highlight**

March of Dimes Birth Defects Foundation  
Location: 1050 Sansome Street, 4th floor,  
San Francisco, CA 94111  
Phone: 415-788-2202 (Monday – Friday, 9:00 am –  
5:00 pm)

The March of Dimes Birth Defects Foundation provides information and referral service for families of children with birth defects. It offers health education materials on the prevention of birth defects to hospitals, clinics, schools and workplaces. On the national level, the Foundation funds research for developing treatment and prevention of birth defects. It also conducts the annual Walk America and Mothers' March Campaign as well as other special events. The local grant program provides funding to community agencies working in the area of birth defects prevention. They also offer a lending library with materials related to healthy pregnancy and prevention of birth defects. During the summer, the office is open Monday-Thursday, 8:30 am - 5:30 pm, and Friday, 9:00 am - noon.

**Click here** to read the full record in the CIP database.

CIP maintains a database of more than 2,600 nonprofit agencies, government programs, community clubs and social, service, environmental and fraternal organizations that serve residents of San Mateo County. In each issue of the *Resource Bulletin*, we feature one resource to help familiarize readers with the depth and breadth of the database.

### At CIP [cip.plsinfo.org](http://cip.plsinfo.org)

- To submit an article for the **CIP Resource Bulletin**, or to add your next event to the **CIP Community Calendar**, email Amy Shulman at [shulman@plsinfo.org](mailto:shulman@plsinfo.org).
- Find *Resource Bulletin* archives at **CIP Publications**.
- Access our publications online at [CIP Publications](#).
- Search our database online at [CIP Database](#).
- Contact us: **650-802-7950** or [cip@plsinfo.org](mailto:cip@plsinfo.org).
- We're part of the Library!  
[Link to Peninsula Library System](#).

#### Who we are:

- Linda Crowe  
Executive Director, Peninsula Library System
- Gail McPartland  
Assistant Director, Services, Peninsula Library System
- Pat Michelin  
CIP Program Manager
- John McDonald  
CIP Database Manager
- Amy Shulman  
CIP Publications Coordinator
- Susan Gaggero  
CIP Program Assistant

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## Community Calendar

**Making a Difference Mentoring Celebration**

**January 21, 2:00 pm - 5:00 pm.** Celebrate mentoring in San Mateo County and learn about mentoring opportunities at this Second Annual Recognition and Recruitment Event of the Mentoring Coalition of San Mateo County. See the article on page 1 for complete details.

Location: Foster City Recreation Building, 650 Shell Blvd., Foster City. For more information **contact Debra Pomeroy at [DPomeroy@co.sanmateo.ca.us](mailto:DPomeroy@co.sanmateo.ca.us) or 650-802-3329 or Sarah Kremer at [sarah@friendsforyouth.org](mailto:sarah@friendsforyouth.org) or 650-559-0200.**

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**Thrive Committees and Membership Meetings**

**January 23, 8:00 am - 11:30 am.** Committee meetings begin at 8:00 am. Thrive's first membership meeting in 2007 will include a conversation with the new Silicon Valley Community Foundation CEO, Dr. Emmett Carson. The new foundation was created by the merger of the Community Foundation Silicon Valley and the Peninsula Community Foundation and marked its first official day on January 2. It is among the top community foundations in the nation, with more than \$1.5 billion in assets under management and 1,400 philanthropic funds. For more information on Dr. Carson and the new foundation, **visit [www.siliconvalleycf.org](http://www.siliconvalleycf.org).**

Location: Peninsula Community Foundation (PCF) Imagination Room, 1700 South El Camino Real, Suite 100, San Mateo. For more information **visit [www.thrivealliance.org/meetings/20070123/index.htm](http://www.thrivealliance.org/meetings/20070123/index.htm).**

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**The Center for Excellence in Nonprofits Best Practice Exchange Presents Building Your Board Capacity**

**January 24, 8:00 am - 10:30 am.** The Center for Excellence in Nonprofits (CEN), which is dedicated to bringing local nonprofit community leaders opportunities to hone their leadership skills, presents this session facilitated by Mary Hiland, Ph.D., of Hiland and Associates. An organizational consultant specializing in working with nonprofit leaders, she has served on many nonprofit boards and has 30 years of experience in the Silicon Valley nonprofit sector.

Location: Silicon Valley Community Foundation, 60 South Market Street, Suite 1000, San Jose. For more information **contact Loretta Gallegos at 408-945-4505 or [loretta@cen.org](mailto:loretta@cen.org).** To register **visit [www.cen.org/site/cen/section.php?id=14547](http://www.cen.org/site/cen/section.php?id=14547).** For CEN members, the first participant is free; additional participants are \$20 each. Non-CEN members are welcome at a cost of \$30 per participant.

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**Redwood City Human Service Agencies Meeting**

**January 24, 1:00 pm - 3:00 pm.** The topic this month will be the Veterans Affairs' Domiciliary Care Programs for Homeless and/or Substance Dependent Veterans, presented by the Menlo Park Veterans Affairs, as well as Home Improvement and Minor Home Repair

Programs of the City of Redwood City. There will be time for agency information and resource sharing.

Location: Fair Oaks Community Center, 2600 Middlefield Road, Redwood City. Lunch will be sponsored by Veterans Affairs. RSVP by January 22 by **contacting Norma Lomeli at 650-780-7509 or [nlomeli@redwoodcity.org](mailto:nlomeli@redwoodcity.org)**.

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**8th Annual Northern California Mentoring Conference - Mentoring: Art or Science? January 25 – 26; 9:00 am - 4:00 pm for pre-conference courses on January 25; 9:00 am - 4:30 pm on January 26; registration begins at 8:00 am both days.** The 2007 Annual Mentoring Conference will help participants attain a greater understanding of the balance between mentoring as art or science to make their programs more effective and ultimately benefit the youth they serve. See the article below for complete details.

Location: TBA for pre-conference courses. General Conference Proceedings on January 26 will be held at the Oracle Conference Center, Redwood Shores. For more information, **call 650-559-0200 or contact Sarah Kremer, Program Manager, at [sarah@friendsforyouth.org](mailto:sarah@friendsforyouth.org)**. To register **visit [www.friendsforyouth.org](http://www.friendsforyouth.org)**. Registration fee for one day is \$100 (\$90 for Bay Area Mentoring members); \$175 for both days (\$155 for members). All fees include continental breakfast and lunch.

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## Complete Articles

### **Eighth Annual Mentoring Conference - January 25 and 26**

Friends for Youth of Redwood City is sponsoring the 8th Annual Mentoring Conference on January 25 and 26. *Mentoring: Art or Science?* will address crucial questions involved with making quality mentoring programs work, such as How much of the success of mentoring relationships can be attributed to intuition or chance and how much to research and standards? How can you establish your program as a vital part of your community by being in the right place at the right time and how much pavement do you need to pound to make it happen if you're not?

Through a variety of presentations, pre-conference courses, panel discussions, workshops with mentoring experts and keynotes by knowledgeable speakers, attendees will gain a greater understanding of the balance between the two concepts to make their programs more effective and successful and, ultimately, benefit the youth they serve.

The conference will be held in Redwood City and will consist of four pre-conference courses, ten workshop sessions and panels covering a wide variety of mentoring topics. Two keynote presentations by Renee Spencer, Ed.D., LICSW, Assistant Professor at Boston University School of Social Work, will discuss research in mentoring. Humorist Michael Pritchard, a Bay Area-based motivational speaker and educator who draws upon a 30-year career will speak about youth development.

Registration fees are \$100 for one day attendance and \$175 for both days; discounts are available for Bay Area Mentoring members. All fees include continental breakfast and lunch.

To view the conference flyer and register online, visit [www.homestead.com/prosites-fy/conference2007.html](http://www.homestead.com/prosites-fy/conference2007.html) or [www.friendsforyouth.org](http://www.friendsforyouth.org). For more information, contact Sarah Kremer, Program Manager, at [sarah@friendsforyouth.org](mailto:sarah@friendsforyouth.org) or 650-559-0200.

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### The "Big Read"

Peninsula Library System (PLS) won a competitive grant from the National Endowment for the Arts (NEA) to participate in the NEA's "Big Read" program. PLS was one of only 72 communities nationwide chosen for this award.

The month-long program will launch in April. Youth and adults throughout San Mateo County will read *To Kill a Mockingbird*, the classic book chosen by a committee at the Peninsula Library System. Program highlights include a countywide "Get Caught Reading" raffle, screenings of the 1962 movie, book discussions, an inter-generational "Lessons and Memories" panel, a legal-defense forum led by noted trial attorney John Kecker and involvement of local restaurants and music venues.

Community partners include San Mateo High School, The Fatherhood Collaborative, Art in Action, Hillbarn Theater, Community Gatepath and Redwood City Library's Project Read Inmates Peer Tutoring program.

The Big Read is an initiative of the National Endowment for the Arts designed to restore reading to the center of American culture. The NEA presents the Big Read in partnership with the Institute of Museum and Library Services and in cooperation with Arts Midwest. The Big Read brings together partners across the country to encourage reading for pleasure, enlightenment and community building. For more information visit [www.neabigread.org](http://www.neabigread.org).

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### Breast Cancer Q&A

Every Thursday evening from 5:30 pm - 7:00 pm, the Community Breast Health Project (CBHP) hosts an Open House/Question and Answer session for women with breast cancer. Each week a doctor from a different field of medicine (i.e., medical oncologist/geneticist, radiation oncologist, breast surgeon and plastic surgeon) is available to answer questions that a woman facing breast cancer may have. These drop-in sessions are free and family members and friends are welcome to attend. For more information call **CBHP's Helpline at 650-326-6686** or visit [www.cbhp.org](http://www.cbhp.org) for a list of scheduled doctors.

CBHP also offers a free on-going drop-in support group for women newly diagnosed with breast cancer on Saturdays from 3:00 pm - 4:30 pm, beginning January 6. The group will be facilitated by Marcie Pais, MFT. Women diagnosed with breast cancer often feel helpless and have significant emotional distress. This group will offer women the opportunity to express concerns in an atmosphere of warmth, sensitivity and understanding. Support group members may use the library which houses an extensive collection of breast cancer reference materials, journals, circulating books, videos, audiotapes and learn about the many programs and

services CBHP has to offer. Call before attending the group for the first time.

The Community Breast Health Project is located at 390 Cambridge Avenue, Palo Alto. They can be reached at [650-326-6299](tel:650-326-6299); **their Helpline number is 650-326-6686.**

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### **A Post-Holiday Message from RecycleWorks**

Following are tips for a greener post-holiday season, courtesy of Danielle Lee, Dianne Anderson and Miriam Reiter from the County of San Mateo RecycleWorks:

#### **ReUse Guide**

RecycleWorks has recently updated its *ReUse Guide: Where to Donate Unwanted Items*. The Guide lists local charities, with contact information, that accept furniture, clothing, books and household items. An electronic version is available at

[www.recycleworks.org/pdf/Reuse\\_Guide\\_2006.pdf](http://www.recycleworks.org/pdf/Reuse_Guide_2006.pdf). For hard copies of the *Guide*, **contact Miriam Reiter at 650-599-1405 or [mreiter@co.sanmateo.ca.us](mailto:mreiter@co.sanmateo.ca.us).**

#### **Electronics**

If you upgraded electronics this holiday season, make sure to handle your old electronic equipment responsibly. All electronics, working or not, can be dropped off for free at most Goodwill Donation Centers or stores in San Mateo County. **Visit [www.sfgoodwill.org](http://www.sfgoodwill.org) or call 1-888-446-6394.** For additional assistance on what to do with that old computer, television, cell phone, fax machine, stereo or other electronic equipment, **visit the RecycleWorks Web site at [www.recycleworks.org/ewaste/index.html](http://www.recycleworks.org/ewaste/index.html) or call 1-888-442-2666.**

#### **Household Batteries - DO NOT THROW THEM IN THE TRASH!**

Millions of batteries were used during the holidays and the State of California mandates that used or run down batteries be taken to a battery recycling center or household hazardous waste (HHW) facility because they contain corrosive or toxic substances. To find a battery collection center near you, search the RecycleWorks database at [www.recycleworks.org/cgi-bin/bin/user/searchdatabases.pl](http://www.recycleworks.org/cgi-bin/bin/user/searchdatabases.pl) under Hazardous Waste, sub-category Batteries. To reduce battery waste, use rechargeable batteries in place of disposables whenever possible.

For more information **visit RecycleWorks at [www.recycleworks.org](http://www.recycleworks.org) or call 1-888-442-2666.**

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### **Online Court Survey**

The San Mateo County Superior Court recently announced the creation of a new online survey for San Mateo residents to solicit input from the public on how the court can better serve the community. This information will then be used to help plan for future service enhancements.

Judge Mark R. Forcum, chair of the court's Community Outreach Committee said that by having the survey easily accessible online, more citizens would offer their views about the court. The survey invites open-ended comments about jury service, traffic court or any issue pertaining to the court's operations. Residents can also leave suggestions on a phone line set

up specifically for this purpose. The phone number to call is 650-363-4884.

The survey is the foundation for the court's strategic plan which is being updated. According to incoming Presiding Judge Robert D. Foiles, the court is also in the process of setting up meetings in January and February to obtain additional feedback. The original court strategic plan, developed in 1999, led to improved services for jurors, an online Help Center, EZLegalFile, Community Law Night and Court in the Schools Day. The survey can be found at [www.sanmateocourt.org/survey](http://www.sanmateocourt.org/survey).

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### **Community Service Project (CSL) with SFSU MBA Students**

A service learning component will be integrated into the organizational behavior course in the College of Business at SFSU during the spring semester. Service-Learning is a teaching method in which students better grasp the course curriculum by actively engaging in community work and then integrating their experiences into the course material through reflection activities.

This course explores the primary functions of management including planning, leadership, job design and employee/volunteer motivation. The primary goal is for teams of graduate students to assist organizations with improving a self-identified function of the agency, much like the role of business consultants. Student teams will be asked to work with a designated agency throughout the semester and to produce a consulting report that will include an analysis of the challenges addressed.

If you think your agency could potentially benefit from this type of CSL partnership please [contact Amanda Hing Kangas at amandahk@sfsu.edu](mailto:amandahk@sfsu.edu).

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The Resource Bulletin is a publication of the Peninsula Library System's Community Information Program and the San Mateo County Human Services Agency.

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