

Violence and Abuse Prevention Services in San Mateo County

24-hour Intervention Services

- Community Overcoming Relationship Abuse (CORA) 650-312-8515 or 800-300-1080
 P.O. Box 5090, San Mateo 94402 www.CORAsupport.org
Bilingual (English/Spanish) hotline, emergency response program, emergency housing for victims/survivors of domestic violence, support groups, legal assistance. Family clinician provides therapy to families and child witnesses who have experienced domestic violence.
- Rape Trauma Services (RTS) 650-692-RAPE (692-7273)
 1860 El Camino Real, Suite 406, Burlingame 94010 www.rapetraumaservices.org
Crisis counseling, outreach and advocacy services, support groups for survivors of sexual assault, their family and friends.
- San Mateo County Health Department / Aging and Adult Services 800-675-TIES (800-675-8437)
 225 - 37th Avenue, San Mateo 94403 www.smhealth.org
Adult Protective Services (APS) investigates and develops care plans in situations where elders or dependent adults have been subjected to or are at risk of abuse, neglect or exploitation.
- San Mateo County Human Services Agency / Child Protective Services (CPS) 800-632-4615
 400 Harbor Blvd., Belmont 94002 Parent Support Line: 888-220-7575
 www.smchsa.org
Responds to reports of abuse, sexual molestation, exploitation, or neglect of children age 17 or under.
- YFES Crisis Intervention and Suicide Prevention Center www.yfes.org
 Crisis Line: 650-579-0350 / 800-273-TALK (800-273-8255) Alcohol and Drug Help Line: 650-573-3950
Operates 24-hour crisis and alcohol and drug hotlines and provides an on-call youth intervention team to respond to crisis conditions and conduct suicide assessments.

Violence and Abuse Prevention Services

- Advocates for Children / CASA of San Mateo County 650-212-4423
 1515 South El Camino Real, Suite 201, San Mateo 94402 www.advocatesfc.org
Matches volunteers with children in foster care who have been abused or neglected. Referral made by court, social worker or public.
- Anger Management and Domestic Abuse Therapy Center 650-375-0449
 430 Peninsula Avenue, Suite 7, San Mateo 94401
Court-ordered and self-referred counseling programs offered in English and Spanish including domestic violence counseling, anger management, parenting and child abuse prevention.
- Bay Area Legal Aid www.baylegal.org or 800-551-5554
 539 Middlefield Road, Redwood City 94063 650-358-0745
Provides free legal assistance to low-income residents of the Bay Area in the areas of family law for survivors of domestic violence and immigration law for survivors of domestic violence.
- Christian Counseling Centers 650-570-7273
 1510 Fashion Island Blvd., Suite 110, San Mateo 94404 www.christiancounseling.net
Counseling for domestic violence, anger management and all forms of child abuse.
- Daly City Youth Health Center 650-985-7000
 2780 Junipero Serra Blvd., Daly City 94015 www.dalycityyouth.org
Counseling for youth age 13-21 and their families, medical services for age 13-21. Spanish and Tagalog-speaking mental health staff available.
- El Centro de Libertad www.elcentrodelibertad.org
 1230-A Hopkins Avenue, Redwood City 94062 650-599-9955
 225 South Cabrillo Highway, Suite 200C, Half Moon Bay 94019 650-560-9995
Court-approved domestic violence and anger management programs offered in English and Spanish.
- Family and Children Services 650-326-6576
 375 Cambridge Avenue, Palo Alto 94306 www.fcservices.org
Domestic violence intervention groups, anger management, support and counseling for all family members, speakers on relationship violence and effective communication.
- Family Service Agency 650-403-4300
 24 Second Avenue, San Mateo 94401 www.familyserviceagency.org
Support groups on anger management, domestic abuse and other groups as needed.
- Free at Last 650-462-6999
 1796 Bay Road, East Palo Alto 94303 www.freeatlast.org
Outpatient program in Spanish and English. Offers men's and women's residential treatment and day reporting center for parolees.

- Kyros Ministry** 650-343-3377
 225 Tilton Avenue, San Mateo 94401 www.kyros.org
Workshops on creating healthy relationships, preventing child abuse, and avoiding sexual harassment and misconduct.
- Legal Aid Society of San Mateo County** 650-558-0915 or 800-381-8898
 521 East 5th Avenue, San Mateo 94402 www.legalaidsmc.org
Teen Parent Project works with teen parents on such issues as restraining orders, paternity, domestic violence, benefits and support. Also provides family law assistance for adults experiencing domestic violence and/or dealing with custody or visitation problems.
- Occupational Health Services** 650-572-0300
 1941 O'Farrell Street, Suite 114, San Mateo 94403 www.ohshelps.mhn.com
Offers programs for persons arrested for driving under the influence as well as anger management classes. For both first and multiple offenders.
- Pacifica Youth Service Bureau (A Program of YMCA of San Francisco)** 650-355-3900
 435 Edgemar Avenue, Pacifica 94044
Counseling for at-risk teens; youth and family counseling.
- Peninsula Conflict Resolution Center (PCRC)** 650-513-0330
 1660 South Amphlett Blvd., Suite 219, San Mateo 94402 www.pcrweb.org
Parent/teen mediation services and conflict resolution training for educators, parents and students in preschool through high school.
- Pyramid Alternatives** 650-355-8787
 480 Manor Plaza, Pacifica 94044 www.pyramidalternatives.org
Domestic violence, anger management and child/parent education programs offered in English and Spanish. Offers individual, teenage, child and family counseling. State-approved program for first and multiple DUI offenders.
- San Mateo County District Attorney's Office / Victim Center** 650-599-7479
 400 County Center, Third Floor, Redwood City 94063
Information and referral, emergency assistance, crisis intervention and counseling referrals for victims of crime.
- San Mateo Youth Service Bureau (A Program of YMCA of San Francisco)** 650-349-7969
 1670 South Amphlett Blvd., Suite 115, San Mateo 94402 www.ymcasf.org/peninsula/community.html
Counseling and prevention programs for families, children and adolescents experiencing problems in the family, school or community. This includes individual and/or family counseling in the clinic or a school site; on-campus crisis intervention and assessment; and life skills groups (formerly known as Project FOCYS).
- South San Francisco Youth Service Bureau (A Program of YMCA of San Francisco)**
(formerly North Peninsula Family Alternatives) 650-877-8642
 1486 Huntington Avenue, Suite 100, South San Francisco 94080 www.ymcasf.org/peninsula/community.html
The Juvenile Sexual Responsibility Program is directed to boys age 12-18 with a documented or suspected history of perpetrating sexual abuse and a parent or guardian willing to participate in the treatment program.
- Youth and Family Enrichment Services (YFES)** 650-591-9623
 610 Elm Street, Suite 212, San Carlos 94070 www.yfes.org
Counseling for adults, couples, children and families on sliding-scale basis. Medi-Cal accepted.
- Archway** 650-366-8433
 609 Price Avenue, Suite 201, Redwood City 94063 www.yfes.org
Provides court-mandated counseling and educational services to adults convicted of domestic violence.
- Healthy Homes** 650-617-1408
Counseling and case management for children age 0-5 who have witnessed domestic violence.
- Youth Diversion Services** www.yfes.org
 Redwood City, San Carlos and Belmont 650-591-9623 x128
 Atherton, Daly City, East Palo Alto, Menlo Park and Woodside 650-207-4288
Offers counseling as an alternative to the juvenile justice system for first time and misdemeanor offenses. Referrals accepted from local law enforcement agencies (police and probation) and schools. Also includes youth who are at risk of criminal behavior.

Teen and Preteen Web sites

- National Teen Dating Abuse Helpline** 866-331-9474
Live online chat with peer advocates daily 2 pm - midnight at www.loveisrespect.org.
- Palo Alto Medical Foundation (PAMF)**
"We're Talking" provides information for teens and their parents at www.pamf.org/teen.
"We're Talking Too" provides information for preteens and their parents at www.pamf.org/preteen.
- Youth and Family Enrichment Services (YFES)**
During the school year teens can obtain support and talk live to trained peer mentors in a chat room at www.onyourmind.net.

Prepared by

Peninsula Library System / Community Information Program / 650-802-7950 / cip.plsinfo.org / September 2009