

## Violence and Abuse Prevention Services in San Mateo County

### 24-hour Intervention Services

- Community Overcoming Relationship Abuse (CORA)** ..... 650-312-8515 or 800-300-1080  
 P.O. Box 5090, San Mateo 94402 ..... [www.CORAsupport.org](http://www.CORAsupport.org)  
*Bilingual (English/Spanish) hotline, emergency response program, emergency housing for victims/survivors of domestic violence, individual and group counseling, support groups, legal assistance. Family clinician provides therapy to families and child witnesses who have experienced domestic violence.*
- Rape Trauma Services (RTS)** ..... 650-692-RAPE (692-7273)  
 1860 El Camino Real, Suite 301, Burlingame 94010 ..... [www.rapetraumaservices.org](http://www.rapetraumaservices.org)  
*Crisis counseling, outreach and advocacy services, support groups for survivors of sexual assault, their family and friends.*
- San Mateo County Health Department / Aging and Adult Services** ..... 800-675-TIES (800-675-8437)  
 225 - 37th Avenue, San Mateo 94403 ..... [www.smhealth.org](http://www.smhealth.org)  
*Adult Protective Services (APS) investigates and develops care plans in situations where elders or dependent adults have been subjected to or are at risk of abuse, neglect or exploitation.*
- San Mateo County Human Services Agency / Child Protective Services (CPS)** ..... 800-632-4615  
 400 Harbor Blvd., Belmont 94002 ..... Parent Support Line: 888-220-7575  
 ..... [www.smchsa.org](http://www.smchsa.org)  
*Responds to reports of abuse, sexual molestation, exploitation, or neglect of children age 17 or under.*
- YFES Crisis Intervention and Suicide Prevention Center** ..... [www.yfes.org](http://www.yfes.org)  
 Crisis Line: 650-579-0350 / 800-273-TALK (800-273-8255) Alcohol and Drug Help Line: 650-573-3950  
*Operates 24-hour crisis and alcohol and drug hotlines and provides an on-call youth intervention team to respond to crisis conditions and conduct suicide assessments.*

### Violence and Abuse Prevention Services

- Advocates for Children / CASA of San Mateo County** ..... 650-212-4423  
 1515 South El Camino Real, Suite 201, San Mateo 94402 ..... [www.advocatesfc.org](http://www.advocatesfc.org)  
*Matches volunteers with children in foster care who have been abused or neglected. Referral made by court, social worker or public.*
- Anger Management and Domestic Abuse Therapy Center** ..... 650-375-0449  
 430 Peninsula Avenue, Suite 7, San Mateo 94401  
*Court-ordered and self-referred counseling programs offered in English and Spanish including domestic violence counseling, anger management, parenting and child abuse prevention.*
- Bay Area Legal Aid** ..... [www.baylegal.org](http://www.baylegal.org) or 800-551-5554  
 2287 South El Camino Real, San Mateo 94403 ..... 650-358-0745  
 707 Bradford Street, Redwood City 94063 ..... 650-701-0850  
*Provides free legal assistance to low-income residents of the Bay Area in the areas of housing, family law for survivors of domestic violence and immigration law for survivors of domestic violence.*
- Christian Counseling Centers** ..... 650-570-7273  
 1510 Fashion Island Blvd., Suite 110, San Mateo 94404 ..... [www.christiancounseling.net](http://www.christiancounseling.net)  
*Counseling for domestic violence, anger management and all forms of child abuse.*
- Daly City Youth Health Center** ..... 650-985-7000  
 2780 Junipero Serra Blvd., Daly City 94015 ..... [www.dalycityyouth.org](http://www.dalycityyouth.org)  
*Counseling for youth age 13-21 and their families, medical services for age 13-21. Spanish and Tagalog-speaking mental health staff available.*
- El Centro de Libertad** ..... [www.elcentrodelibertad.org](http://www.elcentrodelibertad.org)  
 1230-A Hopkins Avenue, Redwood City 94062 ..... 650-599-9955  
 225 South Cabrillo Highway, Suite 200C, Half Moon Bay 94019 ..... 650-560-9995  
*Court-approved domestic violence and anger management programs offered in English and Spanish.*
- Family and Children Services** ..... 650-326-6576  
 375 Cambridge Avenue, Palo Alto 94306 ..... [www.fcscservices.org](http://www.fcscservices.org)  
*Domestic violence intervention groups, anger management, support and counseling for all family members, speakers on relationship violence and effective communication.*
- Family Service Agency** ..... 650-403-4300  
 24 Second Avenue, San Mateo 94401 ..... [www.familyserviceagency.org](http://www.familyserviceagency.org)  
*Support groups on anger management, domestic abuse and other groups as needed.*

- Free at Last ..... 650-462-6999  
 1796 Bay Road, East Palo Alto 94303 ..... www.freeatlast.org  
*U-Turn young men's intervention program. Offers men's and women's residential treatment and day reporting center for parolees.*
- Kyros Ministry ..... 650-343-3377  
 225 Tilton Avenue, San Mateo 94401 ..... www.kyros.org  
*Workshops on creating healthy relationships, preventing child abuse, and avoiding sexual harassment and misconduct.*
- Legal Aid Society of San Mateo County ..... 650-558-0915 or 800-381-8898  
 521 East 5th Avenue, San Mateo 94402 ..... www.legalaidsmc.org  
*Teen Parent Project works with teen parents on such issues as restraining orders, paternity, domestic violence, benefits and support. Also provides family law assistance for adults experiencing domestic violence and/or dealing with custody or visitation problems.*
- Occupational Health Services ..... 650-572-0300  
 1941 O'Farrell Street, Suite 114, San Mateo 94403 ..... www.ohshelps.mhn.com  
*Offers programs for persons arrested for driving under the influence as well as anger management classes.*
- Pacifica Youth Service Bureau (A Program of YMCA of San Francisco) ..... 650-355-3900  
 435 Edgemar Avenue, Pacifica 94044  
*Counseling for at-risk teens; youth and family counseling.*
- Peninsula Conflict Resolution Center (PCRC) ..... 650-513-0330  
 1660 South Amphlett Blvd., Suite 219, San Mateo 94402 ..... www.pcrweb.org  
*Parent/teen mediation services and conflict resolution training for educators, parents and students in preschool through high school.*
- Pyramid Alternatives ..... 650-355-8787  
 480 Manor Plaza, Pacifica 94044 ..... www.pyramidalternatives.org  
*Domestic violence, anger management and child/parent education programs offered in English and Spanish. Offers individual, teenage, child and family counseling. State-approved program for first and multiple DUI offenders.*
- San Mateo County District Attorney's Office / Victim Center ..... 650-599-7479  
 400 County Center, Third Floor, Redwood City 94063  
*Information and referral, emergency assistance, crisis intervention and counseling referrals for victims of crime.*
- San Mateo Youth Service Bureau (A Program of YMCA of San Francisco) ..... 650-349-7969  
 1670 South Amphlett Blvd., Suite 115, San Mateo 94402 ..... www.ymcasf.org/peninsula/community.html  
*Counseling for families of children age 3-18 who are having problems in the community, at home or in school. Group treatment program for families who are in need of parenting skills or who are at risk to abuse their children. Also offers individual therapy and classes in anger management and ending violence. Spanish-speaking groups available. Formerly known as Project FOCYS.*
- South San Francisco Youth Service Bureau (A Program of YMCA of San Francisco)  
 (formerly North Peninsula Family Alternatives) ..... 650-877-8642  
 1486 Huntington Avenue, Suite 100, South San Francisco 94080 ..... www.ymcasf.org/peninsula/community.html  
*The Juvenile Sexual Responsibility Program is directed to boys age 12-18 with a documented or suspected history of perpetrating sexual abuse and a parent or guardian willing to participate in the treatment program.*
- Youth and Family Enrichment Services (YFES) ..... 650-591-9623  
 610 Elm Street, Suite 212, San Carlos 94070 ..... www.yfes.org  
*Counseling for adults, couples, children and families on sliding-scale basis. Medi-Cal accepted.*
- Archway ..... 650-366-8433  
 609 Price Avenue, Suite 201, Redwood City 94063 ..... www.yfes.org  
*Provides court-mandated counseling and educational services to adults convicted of domestic violence.*
- Diversion Services ..... www.yfes.org  
 Redwood City, San Carlos and Belmont ..... 650-591-9623 x128  
 Daly City and East Palo Alto ..... 650-755-0890  
*Offers counseling as an alternative to the juvenile justice system for first time offenders who are referred by local law enforcement agencies.*
- Healthy Homes ..... 650-579-0361 x45  
*Free in-home family therapy and case management for children age 0-5 who have experienced domestic violence.*

### Teen and Preteen Web sites

#### Community Overcoming Relationship Abuse (CORA)

*Live online chat with teen counselors Monday - Wednesday, 5-7 pm, at [www.teenrelationships.org](http://www.teenrelationships.org).*

#### Palo Alto Medical Foundation (PAMF)

*"We're Talking" provides information for teens and their parents at [www.pamf.org/teen](http://www.pamf.org/teen).*

*"We're Talking Too" provides information for preteens and their parents at [www.pamf.org/preteen](http://www.pamf.org/preteen).*

#### Youth and Family Enrichment Services (YFES)

*During the school year teens can obtain support and talk live to trained peer mentors in a chat room at [www.onyourmind.net](http://www.onyourmind.net).*

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