

Violence and Abuse Prevention Services in San Mateo County

24-hour Intervention Services

- Community Overcoming Relationship Abuse (CORA)** 650-312-8515 or 800-300-1080
 P.O. Box 5090, San Mateo 94402 www.CORAsupport.org
24-hour bilingual (English/Spanish) hotline, emergency response program, emergency housing for victims/survivors of domestic violence, individual and group counseling, support groups, legal assistance.
- Rape Trauma Services (RTS)** 650-692-RAPE (692-7273)
 1860 El Camino Real, Suite 301, Burlingame 94010 www.rapetraumaservices.org
24-hour crisis counseling, outreach and advocacy services, support groups for survivors of sexual assault, their family and friends.
- San Mateo County Health Department / Aging and Adult Services** 800-675-TIES (800-675-8437)
 225 - 37th Avenue, San Mateo 94403 www.smhealth.org
Adult Protective Services (APS) investigates and develops care plans in situations where elders or dependent adults have been subjected to or are at risk of abuse, neglect or exploitation.
- San Mateo County Human Services Agency / Child Protective Services (CPS)** 800-632-4615
 400 Harbor Blvd., Belmont 94002 www.smchsa.org
Responds to reports of abuse, sexual molestation, exploitation, or neglect of children age 17 or under.
- YFES Crisis Intervention and Suicide Prevention Center** www.yfes.org
 Crisis Line: 650-579-0350 Alcohol and Drug Help Line: 650-573-3950 Parent Support Line: 650-579-0358
Operates 24-hour crisis, parent and alcohol and drug hotlines and provides an on-call youth intervention team to respond to crisis conditions and conduct suicide assessments.

Violence and Abuse Prevention Services

- Advocates for Children / CASA of San Mateo County** 650-212-4423
 777 Mariners Island Blvd., Suite 115, San Mateo 94404 www.advocatesfc.org
Matches volunteers with children who have been abused or neglected. Referral made by court, social worker or public.
- Anger Management and Domestic Abuse Therapy Center** 650-375-0449
 430 Peninsula Avenue, Suite 7, San Mateo 94401
Court-ordered and self-referred counseling programs offered in English and Spanish including domestic violence counseling, anger management, parenting and child abuse prevention.
- Archway (A Program of YFES)** 650-366-8433
 609 Price Avenue, Suite 201, Redwood City 94063 www.yfes.org
Provides court-mandated counseling and educational services to adults convicted of domestic violence.
- Bay Area Legal Aid** www.baylegal.org or 800-551-5554
 2287 South El Camino Real, San Mateo 94403 650-358-0745
 707 Bradford Street, Redwood City 94063 650-701-0850
Provides free legal assistance to low-income residents of the Bay Area in the areas of housing, family law for survivors of domestic violence and immigration law for survivors of domestic violence.
- Christian Counseling Centers** 650-570-7273
 1510 Fashion Island Blvd., Suite 110, San Mateo 94404 www.christiancounseling.net
Counseling for domestic violence, anger management and all forms of child abuse.
- Daly City Youth Health Center** 650-985-7000
 2780 Junipero Serra Blvd., Daly City 94015 www.dalycityyouth.org
Counseling for youth age 13-21 and their families, medical services for age 13-21. Spanish and Tagalog-speaking mental health staff available.
- El Centro de Libertad** 650-599-9955
 1230-A Hopkins Avenue, Redwood City 94062 650-599-9955
 225 South Cabrillo Highway, Suite 200C, Half Moon Bay 94019 650-560-9995
 460 California Street, Suite 300, Palo Alto 94306 650-289-0070
Court-approved domestic violence and anger management programs offered in English and Spanish. www.elcentrodelibertad.org
- Family and Children Services** 650-326-6576
 375 Cambridge Avenue, Palo Alto 94306 www.fcservices.org
Domestic violence intervention groups, anger management, support and counseling for all family members, speakers on relationship violence and effective communication.

- Free at Last 650-462-6999
 1796 Bay Road, East Palo Alto 94303 www.freetatlast.org
U-Turn young men's intervention program.
- Kyros Ministry 650-343-3377
 225 Tilton Avenue, San Mateo 94401 www.kyros.org
Workshops on creating healthy relationships, preventing child abuse, and avoiding sexual harassment and misconduct.
- Legal Aid Society of San Mateo County 650-558-0915 or 800-381-8898
 521 East 5th Avenue, San Mateo 94402 www.legalaidsmc.org
Teen Parent Project works with teen parents on such issues as restraining orders, paternity, domestic violence, benefits and support. Also provides family law assistance for adults experiencing domestic violence and/or dealing with custody or visitation problems.
- North Peninsula Family Alternatives (A Program of YMCA of San Francisco) 650-877-8642
 1486 Huntington Avenue, Suite 100, South San Francisco 94080 www.ymcasf.org/peninsula/community.html
The Juvenile Sexual Responsibility Program is directed to boys age 12-18 with a documented or suspected history of perpetrating sexual abuse and a parent or guardian willing to participate in the treatment program.
- Occupational Health Services 650-572-0300
 1941 O'Farrell Street, Suite 114, San Mateo 94403 www.ohshelps.mhn.com
Offers programs for persons arrested for driving under the influence as well as anger management classes.
- Pacifica Youth Service Bureau (A Program of YMCA of San Francisco) 650-355-3900
 435 Edgemar Avenue, Pacifica 94044
Counseling for at-risk teens; youth and family counseling.
- Peninsula Conflict Resolution Center (PCRC) 650-513-0330
 1660 South Amphlett Blvd., Suite 219, San Mateo 94402 www.pcrweb.org
Parent/teen mediation services and conflict resolution training for educators, parents and students in preschool through high school.
- Pyramid Alternatives 650-355-8787
 480 Manor Plaza, Pacifica 94044
Domestic violence, anger management and child/parent education programs offered in English and Spanish.
- San Mateo County District Attorney's Office / Victim Center 650-599-7479
 400 County Center, Third Floor, Redwood City 94063
Information and referral, emergency assistance, crisis intervention and counseling referrals for victims of crime.
- San Mateo Youth Service Bureau (A Program of YMCA of San Francisco) 650-349-7969
 1670 South Amphlett Blvd., Suite 115, San Mateo 94402 www.ymcasf.org/peninsula/community.html
Counseling for families of children age 3-18 who are having problems in the community, at home or in school. Group treatment program for families who are in need of parenting skills or who are at risk to abuse their children. Also offers classes in anger management and ending violence. Spanish-speaking groups available. Formerly known as Project FOCYS.
- Sequoia Teen Wellness Center 650-366-2927
 200 James Avenue, Redwood City 94062 www.sanmateomedicalcenter.org
Medical services for age 12-21.
- Youth and Family Enrichment Services (YFES) 650-591-9623
 610 Elm Street, Suite 212, San Carlos 94070 www.yfes.org
Counseling for adults, couples, children and families. Sliding-fee scale available. Medi-Cal accepted.
- YFES Youth Development Initiative (YDI) 650-401-8617
 700 South Claremont Street, Suite 231, San Mateo 94402 www.bethedifference.org
Promotes and strengthens youth/adult relationships by increasing community involvement of youth.
- YFES Diversion Services www.yfes.org
Offers counseling as an alternative to the juvenile justice system for first time offenders who are referred by local law enforcement agencies.
 Redwood City, San Carlos and Belmont 650-591-9623 x130
 Daly City and East Palo Alto 650-755-0890

Teen and Preteen Web sites

Community Overcoming Relationship Abuse (CORA)

Live online chat with teen counselors Monday - Wednesday, 5-7 pm, at www.teenrelationships.org.

Palo Alto Medical Foundation (PAMF)

"We're Talking" provides information for teens and their parents at www.pamf.org/teen.

"We're Talking Too" provides information for preteens and their parents at www.pamf.org/preteen.

Youth and Family Enrichment Services (YFES)

Teens can obtain support and talk live to trained peer mentors in a chat room at www.onyourmind.net.