

Help for Persons in San Mateo County

These agencies provide or locate emergency food, shelter, clothing, employment services, utilities assistance and short-term counseling.

Core Service Centers

- Coastside Hope
 99 Avenue Alhambra, El Granada 650-726-9071
www.coastsidehope.org
- Daly City Community Service Center
 350 - 90th St., Daly City 650-991-8007
www.dalycity.org/city_services/srvctr.htm
- El Concilio Emergency Services Partnership
 1798 - B Bay Rd., East Palo Alto 650-330-7432
- Fair Oaks Community Center
 2600 Middlefield Rd., Redwood City 650-780-7500
www.redwoodcity.org/parks/cc/fairoaks.html
- North Peninsula Neighborhood Services Center
 600 Linden Ave., South San Francisco.... 650-588-3373
www.neighborhoodservices.org
- Pacifica Resource Center
 1809 Palmetto Ave., Pacifica 650-738-7470
www.pacresourcecenter.org
- Samaritan House, Inc.
 4031 Pacific Blvd., San Mateo 650-347-3648
www.samaritanhouse.com

Additional Community Service Agencies

- CALL - Primrose Center
 139 Primrose Rd., Burlingame 650-342-CALL (2255)
www.callprimrose.org
- Puente de la Costa Sur
 620 North St., Pescadero 650-879-1691
www.mypuente.org
- Salvation Army
 1270 Marshall St., Redwood City 650-368-4643
 409 S. Spruce Ave., South San Francisco
 650-266-4591
www.tsagoldenstate.org
- St. Vincent de Paul Society
 50 N. B St., San Mateo 650-343-4403
www.svdpsanmateoco.org

Hotlines (24-Hour Emergency Numbers)

- Aging and Adult Services 800-675-TIES (8437)
 Investigates situations in which elder and dependent adults are at risk of abuse or neglect.
- Alcohol and Drug Helpline 650-573-3950
- Child Protective Services (CPS) 800-632-4615
 For reports of abuse, abandonment or exploitation.
- Community Overcoming Relationship Abuse (CORA)
 Emergency housing and counseling for survivors of domestic violence. 800-300-1080
- Crisis Intervention and Suicide Prevention Center
 800-273-TALK (8255)
 For people seeking help in dealing with a crisis.
- Parent Support Line 888-220-7575
 Assistance, encouragement and referral to services in the community.
- Psychiatric Emergency Services 650-573-2662
- Rape Trauma Services 650-692-RAPE (7273)

Emergency Food (see also the Core Service Centers and the Additional Community Service Agencies)

- Food Connection Hotline 800-984-FOOD (3663)
- Catholic Worker House
 545 Cassia St., Redwood City 650-366-4415
- Ecumenical Hunger Program
 2411 Pulgas Ave., East Palo Alto 650-323-7781
www.ehpcare.org
- Grace Covenant Church
 740 Del Monte Ave., South San Francisco 650-589-6797
- InnVision / Clara-Mateo Alliance 650-853-7066 x5
 795 Willow Rd., Bldg. 323D, Menlo Park
www.innvision.org
- North Peninsula Food Pantry and Dining Center
 31 Bepler St., Daly City 650-994-5150
www.fooddc.org
- St. Anthony's Padua Dining Room
 3500 Middlefield Rd., Menlo Park 650-365-9664
- St. Francis Center
 151 Buckingham Ave., Redwood City 650-365-7829
www.stfrancisrwc.org

Housing (for emergency shelter, call a Core Service Center)

- HIP Housing (Human Investment Project, Inc.)
 364 S. Railroad Ave., San Mateo 650-348-6660
www.hiphousing.org
 Helps seniors, single parents, or persons with low incomes to obtain housing or remain in their own homes through homesharing and other programs.
- Housing Authority
www.smhousing.org 650-802-3300
 Administers federal rent assistance programs including Section 8, project-based and public housing.

Financial Assistance

CalWORKS, Food Stamp Program, General Assistance, Medi-Cal and TANF.

North region

- 1487 Huntington Ave., South San Francisco
 650-877-5663
- 350 - 90th St., Daly City 650-301-8720

Central region

- 550 Quarry Rd., San Carlos 650-802-6470
- 400 Harbor Blvd., Belmont (Medi-Cal) 650-802-5018

South region

- 2500 Middlefield Rd., Redwood City 650-367-0190
- 2415 University Ave., East Palo Alto 650-363-4218

Health Care

39th Avenue Health Clinics
222 - 39th Ave., San Mateo 650-573-3702

Arbor Free Clinic Weekdays: 650-724-1332
795 Willow Rd., Menlo Park
..... Sundays: 650-493-5000 x22222

Coastside County Clinic
225 S. Cabrillo Hwy., #200A, Half Moon Bay
..... 650-573-3941

Daly City Clinic
380 - 90th St., Daly City 650-301-8600

Daly City Youth Health Center
2780 Junipero Serra Blvd., Daly City 650-985-7000

Edison Clinic
222 - 39th Ave., San Mateo 650-573-2385
Full-service HIV specialty clinic.

Fair Oaks Adult Clinic
2710 Middlefield Rd., Redwood City 650-364-6010

Fair Oaks Children's Center
630 Laurel St., Redwood City 650-261-3710

Mental Health Access Team 800-686-0101

Mobile Clinic 650-573-2786

Planned Parenthood Golden Gate 800-967-7526

Ravenswood Family Health Center
1798-A Bay Rd., East Palo Alto 650-330-7400
100 Terminal Ave., Menlo Park at Belle Haven
..... 650-321-0980

Redwood City Free Clinic
114 - 5th Ave., Redwood City 650-839-1447

Ron Robinson Senior Care Center
222 - 39th Ave., San Mateo 650-573-2426

RotaCare Clinics
225 S. Cabrillo Hwy., #200A, Half Moon Bay
..... 650-799-9633
1900 Sullivan Ave., Daly City 650-991-6046

San Mateo Free Clinic
19 W. 39th Ave., San Mateo 650-578-0400

Sequoia Teen Wellness Center
200 James Ave., Redwood City 650-366-2927

South San Francisco Health Center
306 Spruce Ave., South San Francisco 650-877-7070

Willow Clinic
795 Willow Rd., Bldg. 334, Menlo Park 650-599-3890

Disability Services

Aging and Adult Services
225 - 37th Ave., San Mateo 800-675-TIES (8437)

Center for Independence of the Disabled (CID)
1515 S. El Camino Real, #400, San Mateo 650-645-1780
355 Gellert Blvd., #230, Daly City 650-991-5124

Community Gatepath
875 Stanton Rd., Burlingame 650-259-8500

Golden Gate Regional Center (GGRC)
3130 La Selva St., #202, San Mateo 650-574-9232

Parca
800 Airport Blvd., #320, Burlingame 650-312-0730

Vista Center
2470 El Camino Real, #107, Palo Alto 650-858-0202

Vocational Rehabilitation Services 650-802-6482
550 Quarry Rd., San Carlos

Employment

PeninsulaWorks One-Stop Career Centers
271 - 92nd St., Daly City 650-301-8440
550 Quarry Rd., San Carlos 650-802-6470
2500 Middlefield Rd., Redwood City 650-599-3872
1200 O'Brien Dr., Menlo Park 650-330-6570
www.peninsulaworks.org

Legal and Mediation Services

Bay Area Legal Aid
2287 S. El Camino Real, San Mateo 800-551-5554

Community Legal Services in East Palo Alto
2117B University Ave., East Palo Alto 650-326-6440
www.clsepa.org
Offers legal assistance on issues such as tenants' rights,
immigrants' rights and predatory lending.

Department of Child Support Services
555 County Center, 2nd Fl., Redwood City 866-366-3212
Handles problems related to child support, paternity and medical
insurance from an absent parent.

Legal Aid Society of San Mateo County
521 E. 5th Ave., San Mateo 800-381-8898
Free legal advice and counsel on civil matters for low-income
individuals, persons with disabilities and seniors. 650-558-0915

Peninsula Conflict Resolution Center (PCRC)
www.pcrweb.org 650-513-0330
Mediation and facilitation services.

San Mateo County Bar Association
333 Bradford St., 2nd Fl., Redwood City 650-369-4149
Lawyer referral service.

Stanford Community Law Clinic
2117A University Ave., East Palo Alto 650-475-0560
www.law.stanford.edu/clinics/sclc/
Represents low-income clients in a variety of areas including
housing matters, workers' rights and record expungement.

Children's Services

Child Care Coordinating Council (4Cs)
2121 S. El Camino Real, A100, San Mateo .. 650-655-6770
Referrals for licensed child care. Provides parenting support
groups and classes.

Child Protective Services (CPS)
400 Harbor Blvd., Belmont 800-632-4615
Services for children age 17 or under in danger of abuse,
neglect or exploitation. 650-802-7922

Counseling Programs:

Family Service Agency of San Mateo
24 2nd Ave., San Mateo 650-403-4300

Jewish Family and Children's Services
2001 Winward Way, #200, San Mateo 650-931-1800

Pacifica Youth Service Bureau
435 Edgemar Ave., Pacifica 650-355-3900

San Mateo Youth Service Bureau (formerly Project FOCYS)
1670 S. Amphlett Blvd., #115, San Mateo.. 650-349-7969

South San Francisco Youth Service Bureau (formerly North
Peninsula Family Alternatives - NPFA)
1486 Huntington Ave., South San Francisco 650-877-8642

Youth and Family Enrichment Services (YFES)
www.yfes.org 650-591-9623

Additional resources available in the *Community Information Handbook 2009* online at <http://cip.plsinfo.org/cih.htm> in English or Spanish.
For printed copies of the handbook in either language call 650-802-7950.