

# Help for Persons in San Mateo County

These agencies provide or locate emergency food, shelter, clothing, employment services, utilities assistance and short-term counseling.

## Core Service Centers

- Coastside Hope: A Community Assistance Center  
 99 Avenue Alhambra, El Granada ..... 726-9071  
[www.coastsidehope.org](http://www.coastsidehope.org)
- Daly City Community Service Center  
 350 - 90th St., Daly City ..... 991-8007  
[www.dalycity.org/city\\_services/srvctr.htm](http://www.dalycity.org/city_services/srvctr.htm)
- El Concilio Emergency Services Partnership  
 1798 - B Bay Rd., East Palo Alto ..... 330-7432
- Fair Oaks Community Center  
 2600 Middlefield Rd., Redwood City ..... 780-7500  
[www.redwoodcity.org/parks/cc/fairoaks.html](http://www.redwoodcity.org/parks/cc/fairoaks.html)
- North Peninsula Neighborhood Services Center  
 600 Linden Ave., South San Francisco ..... 588-8822  
[www.neighborhoodservices.org](http://www.neighborhoodservices.org)
- Pacifica Resource Center  
 1809 Palmetto Ave., Pacifica ..... 738-7470  
[www.pacresourcecenter.org](http://www.pacresourcecenter.org)
- Samaritan House, Inc.  
 401 North Humboldt St., San Mateo ..... 347-3648  
[www.samaritanhouse.com](http://www.samaritanhouse.com)

## Additional Community Service Agencies

- CALL - Primrose Center  
 139 Primrose Rd., Burlingame ..... 342-CALL (2255)  
[www.callprimrose.org](http://www.callprimrose.org)
- Puente de la Costa Sur  
[www.mypuente.org](http://www.mypuente.org)  
 620 North St., Pescadero ..... 879-1691  
 1956-A Pescadero Creek Rd., Pescadero ..... 879-0743
- Salvation Army  
[www.tsagoldenstate.org](http://www.tsagoldenstate.org)  
 1270 Marshall St., Redwood City ..... 368-4643  
 409 S. Spruce Ave., South San Francisco ..... 266-4591
- St. Vincent de Paul Society  
 50 N. B St., San Mateo ..... 343-4403  
[www.svdpsanmateoco.org](http://www.svdpsanmateoco.org)

## Financial Assistance

CalWORKS, Food Stamp Program, General Assistance, Medi-Cal and TANF.

### North region

- 1487 Huntington Ave., South San Francisco ..... 877-5663  
 350 - 90th St., Daly City ..... 301-8720

### Central region

- 550 Quarry Rd., San Carlos ..... 596-1035  
 400 Harbor Blvd., Belmont (Medi-Cal) ..... 802-5018

### South region

- 2500 Middlefield Rd., Redwood City ..... 367-0190  
 2415 University Ave., East Palo Alto ..... 363-4218

## Hotlines (24-Hour Emergency Numbers)

- Aging and Adult Services ..... 800-675-TIES (8437)  
 Investigates situations in which elder and dependent adults are at risk of abuse or neglect.
- Alcohol and Drug Helpline ..... 573-3950
- Child Protective Services (CPS) ..... 800-632-4615  
 For reports of abuse, abandonment or exploitation.
- Community Overcoming Relationship Abuse (CORA)  
 Emergency housing and counseling for survivors of domestic violence. .... 800-300-1080
- Crisis Intervention and Suicide Prevention  
 ..... 800-273-TALK (8255)  
 For people seeking help in dealing with a crisis.
- Parent Support Line ..... 888-220-7575  
 Assistance, encouragement and referral to services in the community.
- Psychiatric Emergency Services ..... 573-2662
- Rape Trauma Services ..... 692-RAPE (7273)

**Emergency Food** (see also the Core Service Centers and the Additional Community Service Agencies)

- Food Connection Hotline ..... 800-984-FOOD (3663)
- Catholic Worker House  
 545 Cassia St., Redwood City ..... 366-4415
- Ecumenical Hunger Program  
 2411 Pulgas Ave., East Palo Alto ..... 323-7781  
[www.ehpcares.org](http://www.ehpcares.org)
- Elsa Segovia Center  
 795 Willow Rd., Bldg. 323D, Menlo Park ..... 853-7066 x5  
[www.innvision.org](http://www.innvision.org)
- Grace Covenant Church Food Box Program  
 740 Del Monte Ave., South San Francisco ..... 589-6797
- North Peninsula Food Pantry and Dining Center  
 31 Bepler St., Daly City ..... 994-5150  
[www.fooddc.org](http://www.fooddc.org)
- St. Anthony's Padua Dining Room  
 3500 Middlefield Rd., Menlo Park ..... 365-9664
- St. Francis Center  
 101 Buckingham Ave., Redwood City ..... 365-7829  
[www.stfranciscrwc.org](http://www.stfranciscrwc.org)

**Housing** (for emergency shelter, call a Core Service Center)

- Housing Authority  
[www.smhousing.org](http://www.smhousing.org) ..... 802-3300  
 Administers federal rent assistance programs including Section 8, project-based and public housing.
- Human Investment Project, Inc. (HIP Housing)  
 364 S. Railroad Ave., San Mateo ..... 348-6660  
[www.hiphousing.org](http://www.hiphousing.org)  
 Helps seniors, single parents, or persons with low incomes to obtain housing or remain in their own homes through homesharing and other programs.

## Health Care

39th Ave. Health Clinics 222 - 39th Ave., San Mateo .....	573-3702
Arbor Free Clinic 795 Willow Rd., Menlo Park.....	493-5000 x22222
Coastside County Clinic 225 S. Cabrillo Hwy., #200A, Half Moon Bay ....	573-3941
Coastside Family Medical Center 225 S. Cabrillo Hwy., #100A, Half Moon Bay ....	712-7330
Daly City Clinic 380 - 90th St., Daly City.....	301-8600
Daly City Youth Health Center 2778 Junipero Serra Blvd., Daly City.....	985-7000
Edison Clinic 222 - 39th Ave., San Mateo .....	573-2385
Full-service HIV specialty clinic.	
Fair Oaks Adult Clinic 2710 Middlefield Rd., Redwood City.....	364-6010
Fair Oaks Children's Center 630 Laurel St., Redwood City .....	261-3710
Mental Health Access Team.....	800-686-0101
Mobile Clinic.....	573-2786
Planned Parenthood Golden Gate.....	800-967-7526
Ravenswood Family Health Center 1798-A Bay Rd., East Palo Alto.....	330-7400
100 Terminal Ave., Menlo Park at Belle Haven.....	321-0980
Redwood City Free Clinic 114 - 5th Ave., Redwood City .....	839-1447
Ron Robinson Senior Care Center 222 - 39th Ave., San Mateo .....	573-2426
RotaCare Clinics 225 S. Cabrillo Hwy, #200A, Half Moon Bay ....	726-2703
1900 Sullivan Ave., Daly City.....	991-6046
San Mateo Free Clinic 19 W. 39th Ave., San Mateo.....	578-0400
Sequoia Teen Wellness Center 200 James Ave., Redwood City.....	366-2927
Sonrisas Community Dental Center 210 San Mateo Rd., #104, Half Moon Bay .....	726-2144
South San Francisco Health Center 306 Spruce Ave., South San Francisco.....	877-7070
Willow Clinic 795 Willow Rd., Bldg. 334, Menlo Park .....	599-3890

## Disability Services

Aging and Adult Services 225 - 37th Ave., San Mateo .....	800-675-TIES (8437)
Center for Independence of the Disabled (CID) 875 O'Neill Ave., Belmont.....	595-0783
355 Gellert Blvd., #256, Daly City.....	991-5124
Community Gatepath 875 Stanton Rd., Burlingame.....	259-8500
Golden Gate Regional Center (GGRC) 3130 La Selva St., San Mateo .....	574-9232
Parca 800 Airport Blvd., #320 Burlingame .....	312-0730
Vista Center 2470 El Camino Real, #107, Palo Alto .....	858-0202

## Employment

Job Corps .....	800-733-JOBS (5627)
PeninsulaWorks One-Stop Career Centers 271 - 92nd St., Daly City.....	301-8440
550 Quarry Rd., San Carlos .....	596-1035
2500 Middlefield Rd., Redwood City.....	367-0190
1200 O'Brien Dr., Menlo Park.....	330-6490

## Legal and Mediation Services

Bay Area Legal Aid 2287 S. El Camino Real, San Mateo .....	800-551-5554
Department of Child Support Services 555 County Center, Redwood City .....	866-366-8221
Handles problems related to child support, paternity and medical insurance from an absent parent.	
Legal Aid Society 521 E. 5th Ave., San Mateo.....	800-381-8898
Free legal advice and counsel on civil matters for low-income individuals, persons with disabilities and seniors. ....	
558-0915	
Peninsula Conflict Resolution Center (PCRC) www.pcrweb.org .....	513-0330
Mediation and facilitation services.	
San Mateo County Bar Association 333 Bradford St., 2nd Fl., Redwood City .....	369-4149
Lawyer referral service.	
YFES Family Law Service 609 Price Ave., #201, Redwood City .....	366-8401
Provides information on family law and domestic violence issues. Arranges private sessions with family law attorneys.	

## Children's Services

Child Care Coordinating Council (4Cs) 2121 S. El Camino Real, A-100, San Mateo ....	655-6770
Referrals for licensed child care. Provides parenting support groups and classes.	
Child Protective Services (CPS) 400 Harbor Blvd., Belmont.....	800-632-4615
Services for children age 17 or under in danger of abuse, neglect or exploitation. ....	
802-7922	

## Counseling Programs:

Family Service Agency of San Mateo 24 2nd Ave., San Mateo .....	403-4300
Jewish Family and Children's Services 2001 Winward Way, #200, San Mateo .....	931-1800
North Peninsula Family Alternatives (NPFA) 1486 Huntington Ave., South San Francisco.....	877-8642
Pacifica Youth Service Bureau 435 Edgemar Ave., Pacifica .....	355-3900
Youth and Family Enrichment Services (YFES) www.yfes.org .....	591-9623
Youth Service Bureau (Project FOCYS) 1670 S. Amphlett Blvd., #115, San Mateo.....	349-7969

Additional resources available in the *Community Information Handbook 2008* online at <http://cip.plsinfo.org/cih.htm> in English or Spanish. For printed copies of the handbook in either language call 802-7950.