

Peninsula Library System

Community Information Program

Help for Persons in San Mateo County

Core Service Centers

These agencies provide or locate emergency food, shelter, clothing, employment services, PG&E assistance funds and short-term counseling.

Daly City

Daly City Community Service Center991-8007
350 - 90th Street

Pacifica

Pacifica Resource Center.....738-7470
1809 Palmetto Avenue

South San Francisco

North Peninsula Neighborhood Services Center588-8822
600 Linden Avenue

Coastside

Coastside Opportunity Center.....726-9071
99 Avenue Alhambra, El Granada

San Mateo

Samaritan House347-3648
401 North Humboldt Street

Redwood City

Fair Oaks Community Center780-7500
2600 Middlefield Road

East Palo Alto

Family Support Center of the Mid-Peninsula 322-1821
1798-B Bay Road.

Emergency Food (see also the core service centers)

County-wide

St. Vincent de Paul Society343-4403

North county

Grace Covenant Church Food Box Program589-6797
740 Del Monte Avenue, South San Francisco
First and third Saturdays, 9:45-11:45 am.

Central county

CALL-Primrose Center342-CALL
139 Primrose Road, Burlingame

South county

Ecumenical Hunger Program.....323-7781
1836 Bay Road, East Palo Alto

St. Anthony's Center **366-9664**
3500 Middlefield Road, Menlo Park

Hotlines

Aging and Adult Services800-675-TIES
Investigates situations in which adults are at risk of abuse or neglect.

Alcohol and Drug Helpline573-3950

Children and Family Services800-632-4615
A 24-hour line for reports of abuse, abandonment or exploitation.

Rape Trauma Services.....692-RAPE

Sor Juana Ines Center for Domestic Violence Prevention312-8515
A 24-hour English/Spanish hotline800-300-1080
Emergency housing and counseling for battered women.

Youth and Family Enrichment Services (YFES) Crisis Intervention and Suicide Prevention

Belmont through Palo Alto 368-6655
San Mateo through Daly City579-0350
Coastside726-6655
A 24-hour phone service for people seeking help in deal with a crisis.

Youth and Family Enrichment Services (YFES)

Parent Support Line888-220-7575
24-hour support and referral to services in the community.

Health Care

San Mateo Medical Center573-2222
222 - 39th Avenue, San Mateo

Coastside Health Center573-3911
225 S. Cabrillo Highway, #200A, Half Moon Bay

Fair Oaks Family Health Center.....364-6010
2710 Middlefield Road, Redwood City

Mobile Clinic573-2786
Call for the schedule.

North County Community Health Center301-8600
380 - 90th Street, Daly City

San Mateo County AIDS Program573-2385
227 - 39th Avenue, San Mateo

RotaCare Clinics

- 225 S. Cabrillo Highway, #200, Half Moon Bay (Wed., 5:30-7:30)
 - 1900 Sullivan Avenue, Daly City (Mon., 5:30-7:30)
- Free urgent care health services for uninsured persons.

Willow Clinic599-3890
795 Willow Road, Menlo Park

Sonrisas Dental Clinic726-2144
210 San Mateo Road, #104, Half Moon Bay

Planned Parenthood800-967-7526
Family planning and related medical services. Clinics located in San Mateo, Daly City, Redwood City.

Mental Health Access Team800-686-0101

Ravenswood Family Health Center330-7400
1798 - A Bay Road, East Palo Alto
Comprehensive primary health care for all ages. Serves East Palo Alto, Belle Haven, North Fair Oaks, and East Redwood City.

Temporary Financial Assistance

TANF, General Assistance, Food Stamps, Medi-Cal.

North region

1487 Huntington Avenue, South San Francisco877-5663
350 - 90th Street, Daly City301-8720
271 - 92nd Street, Daly City301-8400

Central region

550 Quarry Road, San Carlos596-1035
400 Harbor Boulevard, Belmont (Medi-Cal)802-5018

South region

2500 Middlefield Road, Redwood City599-3811
2415 University Avenue, East Palo Alto.....363-4218

Employment

PeninsulaWorks One-Stop Career Centers

• 271 - 92nd Street, Daly City301-8470
• 550 Quarry Road, San Carlos.....596-1035
• 2500 Middlefield Road, Redwood City367-0190
• 1200 O'Brien Dr., Menlo Park (at OICW)833-4906

Disability Services

Aging & Adult Services 800-675-TIES

225 - 37th Avenue, San Mateo
Services for frail, older adults or adults with chronically disabling illnesses.

Center for Independence of the Disabled (CID)595-0783

875 O'Neill Avenue, Belmont

Community Gatepath259-8500

875 Stanton Road, Burlingame
Therapeutic treatment, equipment loan, and other services for those with developmental disabilities, illness, or injury.

Parca312-0730

1750 El Camino Real, #105, Burlingame

Peninsula Center for the Blind & Visually Impaired.....858-0202

2470 El Camino Real, #107, Palo Alto

Housing (for emergency shelter, call a core service center)

Human Investment Project, Inc.

(HIP Housing)348-6660

364 S. Railroad Avenue, San Mateo
Helps seniors, single parents, or persons with low or modest incomes to obtain housing or remain in their own homes through homesharing and other programs.

Housing Authority802-3300

Midpeninsula Citizens for Fair Housing327-1718

457 Kingsley Avenue, Palo Alto
Investigates housing discrimination in southern San Mateo County.

Project Sentinel321-6291

430 Sherman Avenue, #308, Palo Alto
Investigates discrimination complaints in cities north of Redwood City.

Legal Services

Legal Aid Society800-381-8898

521 E. 5th Avenue, San Mateo
Legal advice and counsel on civil matters for low-income individuals.

San Mateo County Bar Association369-4149

303 Bradford Street, Suite B, Redwood City
Lawyer referral service.

Family Support Division.....866-366-8221

555 County Center, 2nd floor, Redwood City
Handles questions about the collection of child support from a non-custodial parent.

Youth and Family Enrichment Services (YFES)

Family Law Services366-8401 x 311

609 Price Avenue, #207, Redwood City
Provides family law assistance to men, women and families.

Children's Services

Children and Family Services..... 800-632-4615

400 Harbor Boulevard, Belmont
Services for children age 17 or under in danger of abuse, neglect, or exploitation.

Child Care Coordinating Council (4C)696-8787

2121 South El Camino Real, Suite A100, San Mateo
Referrals for licensed child care, infant care, preschools, extended day care, summer camps.

Child Abuse Prevention Center562-0730

400 Convention Way, #200, Redwood City
Child abuse resource, referral training, education, advocacy.

Youth and Family Enrichment Services (YFES)

Youth Development Initiative366-8455

609 Price Avenue, #108, Redwood City
Education on abuse issues.

Counseling Programs:

Youth and Family Enrichment Services

(YFES)655-6770

2121 South El Camino Real, Suite A-100, San Mateo

Family Service Agency of San Mateo403-4300

24 2nd Avenue, San Mateo

North Peninsula Family Alternatives877-8642

1486 Huntington Avenue, South San Francisco

Pacifica Youth Service Bureau355-3900

435 Edgemar Avenue, Pacifica

Project FOCYS349-7969

1670 S. Amphlett Boulevard, #115, San Mateo

Youth and Family Enrichment Services (YFES)

Insights Program

85 Washington Street, Daly City.....755-0858
609 Price Avenue, Suite 201, Redwood City366-8408

Commission on the Status of Women363-4872

Information on issues of concern to women

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Community Information Program
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The Commission on the Status of Women
Tel 650-363-4872

San Mateo County Human Services Agency
North County - Tel 650-301-8720
Central County - Tel 650-802-5018
South County - Tel 650-363-4218