

GUIDE TO COMMUNITY RESOURCES



Human Services Agency
County of San Mateo

ACCESS TO SERVICES IN
SAN MATEO COUNTY
2004

PUBLISHED BY
SAN MATEO COUNTY
HUMAN SERVICES AGENCY

GUIDE TO COMMUNITY RESOURCES



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COMMUNITY INFORMATION PROGRAM

Inclusion of an agency in this guide does not imply endorsement, nor is exclusion a reflection of the value or quality of an agency's services.

For copies of the guide,
please contact the
Community Information Program
at 650-802-7950.

Guide to Community Resources
online:
cip.plsinfo.org/publications.htm

A Chart of Changes which
provides updates to the
information in this *Guide* is
available at the above Web site.



Unless otherwise noted,
all telephone numbers
listed in the *Guide* are in
the 650 area code.

Se habla español
en la mayoría de las oficinas
del Condado de San Mateo

For more information on community
resources in other Bay Area counties,
call your local library.

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Emergency / Crisis Intervention

EMERGENCY CALLS FOR AMBULANCE, FIRE, HIGHWAY PATROL AND POLICE SERVICES911

24-hour emergency numbers

Aging and Adult Services800-675-TIES
(800-675-8437)
.....(TTY) 800-994-6166

Call this number to report suspected cases of elder and dependent adult abuse or neglect, or to request help for other issues.

Alcohol and Drug Helpline573-3950
Information about and referral to substance abuse services.

California Poison Control System . .800-876-4766

Child Protective Services800-632-4615
Accepts reports about children age 17 or under who may be in danger due to abuse, abandonment or exploitation.

Community Overcoming800-300-1080
Relationship Abuse (CORA)
English/Spanish hotline for women who have been abused.

Parent Support Line888-220-7575
Support for parents.

Psychiatric Emergency Services573-2662

Rape Trauma Services692-7273
(692-RAPE)

Shelter Bed Hotline800-774-3583

Youth and Family Enrichment Services (YFES)
• **Crisis Intervention and Suicide Prevention Center579-0350**
.....800-SUICIDE
(800-784-2433)

• **YFES Your House South367-9687**
Hotline for youth experiencing family problems.

Network of community service agencies

The community centers listed below can provide or locate emergency food, clothing, shelter, utilities assistance, short-term counseling and employment information.

Coastside:

- **Coastside Opportunity Center**726-9071
www.coastside.org
99 Avenue Alhambra, El Granada 94018
- **South Coast Collaborative**879-1691
620 North St., Pescadero 94060

North County:

- **Daly City Community Service Center** . .991-8007
www.ci.daly-city.ca.us/depts/srvctr.htm
350 - 90th St., Daly City 94015
- **North Peninsula Neighborhood Services Center**
www.neighborhoodservices.org588-8822
600 Linden Ave., South San Francisco 94080
- **Pacifica Resource Center**738-7470
www.ci.pacifica.ca.us/cityhall/div_rc.html
1809 Palmetto Ave., Pacifica 94044
- **Salvation Army**266-4591
www.tsagoldenstate.org
470 S. Spruce Ave., South San Francisco 94080

Central County:

- **Samaritan House, Inc.**347-3648
www.samaritanhouse.com
401 N. Humboldt St., San Mateo 94401

South County:

- **Fair Oaks Community Center**780-7500
www.redwoodcity.org/parks/cc/fairoaks.html
2600 Middlefield Rd., Redwood City 94063
- **Family Support Center of the Mid-Peninsula**
www.fscmp.org322-1821
1798 - B Bay Rd., East Palo Alto 94303
- **Salvation Army**368-4643
www.tsagoldenstate.org
1270 Marshall St., Redwood City 94063

For assistance anywhere in the county:

- **St. Vincent de Paul Society**343-4403
www.svdvp.org/sanmateo
50 N. B St., San Mateo 94401

Shelter Network Transitional Housing

www.shelternetwork.org
Contact one of the community service agencies listed above for referral to shelters and transitional housing for families and single adults.

Youth and Family Enrichment Services (YFES)
Daybreak771-0788
www.yfes.org
Shelter for homeless teenagers offering transitional housing and independent living skills training.

Other emergency services

American Red Cross, Bay Area Chapter
www.bayarea-redcross.org259-1750
1710 Trousdale Dr., Burlingame 94010
Offers emergency relief to victims of disasters, services to military personnel and health and safety training for the public.

For Hospitals, see **Health**

Service League of San Mateo County .364-4664
www.serviceleague.org
727 Middlefield Rd., Redwood City 94063
Provides general emergency and ongoing assistance to jail inmates and their families as well as other jail-related services.

Victim Center877-5494
1024 Mission Rd., South San Francisco 94080
Provides general emergency and ongoing assistance for victims of crimes.

Alcohol / Drug Abuse

Information

Alcohol and Drug Helpline573-3950
24-hour information about and referral to substance abuse services.

12-step programs

Alcoholics Anonymous342-2615
www.aa-san-mateo.org

Al-Anon / Alateen

www.ncwsa.org
North county873-2356
South and central county592-7935
Meeting Information Line592-2364
Spanish line794-9654
For anyone affected by someone else's drinking.

Cocaine Anonymous415-821-6155
www.ca.org

Narcotics Anonymous802-5950
www.norcalna.org

Nar-Anon321-2334
www.naranoncalifornia.org
For anyone affected by someone else's drug
abuse.

Detoxification services

Palm Avenue Detoxification Program . .513-6500
www.horizonservices.org
2251 Palm Ave., San Mateo 94403
Treats both drug and alcohol detoxification.

Substance abuse inpatient treatment

Daytop Village - Adolescent Program . .367-9030
631 Woodside Rd.,877-856-2995
Redwood City 94061

Daytop Village - Adult Program325-6466
2560 Pulgas Ave.,866-325-6466
East Palo Alto 94303

Free at Last462-6999
www.freeatlast.org
1796 Bay Rd., East Palo Alto 94303
Offers bilingual services (English/Spanish).

**Latino Commission on Alcohol & Drug
Abuse Services**244-1444
www.thelatinocommission.com
301 Grand Ave., #301, South San Francisco 94080

**Mills-Peninsula Health Services
Chemical Dependency Center**696-5909
www.mills-peninsula.org
1783 El Camino Real, Burlingame 94010

Project 90579-7881
www.projectninetynety.org
720 S. B St., #3, San Mateo 94401
For adult men and male adolescents age 13-17.

Redwood Center366-5723
100 Edmonds Rd., Redwood City 94062
For adult men.

Service League of San Mateo County . .364-4664
www.serviceleague.org
727 Middlefield Rd., Redwood City 94063
For individuals who are incarcerated or just being
released from prison.

**Veterans Affairs Palo Alto Health Care System
Addiction Treatment Services**617-2734
www.palo-alto.med.va.gov
795 Willow Rd., Menlo Park 94025

Women's Recovery Association348-6603
www.womensrecovery.org
1450 Chapin Ave., 1st Fl., Burlingame 94010
For adult women, women with children, and
adolescent girls.

Substance abuse day treatment / counseling

Adolescent Counseling Services424-0852
www.acs-teens.org
4000 Middlefield Rd., Room FH, Palo Alto 94303

El Centro de Libertad
www.elcentrodelibertad.org
210 San Mateo Rd., #204560-9995
Half Moon Bay 94019

795 Willow Rd., Bldg. 323D326-6340
Menlo Park 94025

1230-A Hopkins Ave.599-9955
Redwood City 94062

English/Spanish

Free at Last462-6999
www.freeatlast.org
1796 Bay Rd., East Palo Alto 94303

Mills-Peninsula Health Services
Chemical Dependency Center696-5909
www.mills-peninsula.org
1783 El Camino Real, Burlingame 94010

New Perspectives - East Palo Alto321-1013
www.geocities.com/newperspectives_epa
1798-B Bay Rd., East Palo Alto 94303

Asian-American Recovery Services
Outpatient Drug & Alcohol Services for Asians
(ODASA)415-337-0140
www.aars-inc.org
6181 Mission St., Daly City 94014

Pyramid Alternatives355-8787
480 Manor Plaza, Pacifica 94044

Sitike Counseling Center589-9305
www.sitike.org
306 Spruce Ave., South San Francisco 94080

Veterans Affairs Palo Alto Health Care System
Addiction Treatment Services617-2734
www.palo-alto.med.va.gov
795 Willow Rd., Menlo Park 94025

Women's Recovery Association348-6603
www.womensrecovery.org
1450 Chapin Ave., 1st Fl., Burlingame 94010

Youth and Family Enrichment Services (YFES) Insights

www.yfes.org

For teens age 18 or under.

• 609 Price Ave., #201366-8401 x316
Redwood City 94063

• 85 Washington St., Daly City 94014 . .755-0858

See also **Mental Health / Counseling Services**

Animal Services

Animal control

Peninsula Humane Society & SPCA . . .340-8200

www.peninsulahumanesociety.org

12 Airport Blvd., San Mateo 94401

Helps with lost/found, stray, injured, sick, vicious and dead animals throughout the county.

Dog and cat licenses

Dogs must be licensed in San Mateo County. Cats must be licensed in the cities of San Mateo and Belmont, and in unincorporated areas of the county.

San Mateo County Animal Licensing . .363-4220

www.co.sanmateo.ca.us/smc/departments/eps/home

455 County Center, 1st Fl., Redwood City 94063

Other services

Peninsula Humane Society & SPCA . . .340-8200

www.peninsulahumanesociety.org

12 Airport Blvd., San Mateo 94401

Provides adoption and lost-and-found services, dog obedience classes, a low-cost spay and neuter clinic for cats, rabbits and dogs, a pet loss support group, wildlife rescue and education programs.

Pets in Need367-1405

www.petsinneed.org

873 Fifth Ave., Redwood City 94063

Animal adoption and lost-and-found service.

Children and Youth

Reporting abuse and neglect

San Mateo County Human Services Agency

Child Protective Services800-632-4615

www.smchsa.org/children

400 Harbor Blvd., Belmont 94002

Accepts reports about children age 17 or under who may be in danger due to abuse, abandonment or exploitation.

Adoption

Adopt International415-934-0300

www.adoptinter.org

1000 Brannan St., #301, San Francisco 94103

San Mateo County Adoptions Unit802-7615

www.smchsa.org/children

400 Harbor Blvd., Belmont 94002

San Mateo County Superior Court

Family Court Services363-4561

www.sanmateocourt.org

400 County Center, 6th Fl., Redwood City 94063

Investigates requests for stepparent adoptions.

Child / youth abuse prevention

Child Abuse Prevention Center688-1900

www.childabusepreventioncenter.org

408 Sherman Ave., Palo Alto 94306

Offers information and referral, education and prevention services.

Child care and pre-school programs

Child Care Coordinating Council (4C) . .655-6770

www.thecouncil.net(Referrals) 655-6777

2121 S. El Camino Real, #A-100

San Mateo 94403

Offers referrals for child/infant care, pre-schools, nursery schools, family child care homes, before- and after-school care, care for children with special needs, and information about child care licensing.

Institute for Human and Social Development (IHSD)

1265 Mission Rd., South San Francisco 94080

• **Head Start**871-5613

A pre-school program designed for low-income families with children age 3-5, including those with special needs.

• **Early Head Start**952-1440

Serves pregnant women and families with infants and toddlers age 3 or under. Offers support for families with children with special needs.

Child support

Department of Child Support Services

www.smcDCSS.com866-366-8221

555 County Center, 2nd Fl., Redwood City 94063

Handles problems related to child support, paternity, and medical insurance from an absent parent.

Foster homes

Children and Family Services, San Mateo County

www.smchsa.org/children

400 Harbor Blvd., Belmont 94002

• **Continuing Care**802-7636

Licenses foster family homes in San Mateo County.

• **Intake Unit**802-7922

Places children in foster homes and other out-of-home settings.

Mentoring and Youth Development

Big Brothers-Big Sisters of San Francisco & the Peninsula415-503-4050

www.sf-bbbs.org

600 Townsend St., #120E, San Francisco 94103

For age 6-17.

Boy Scouts of America341-5633

www.pacsky.org

1300 S. Amphlett Blvd., San Mateo 94402

For boys age 6-20, girls age 14-20.

Friends for Youth482-2864

www.friendsforyouth.org

1741 Broadway, 1st Fl., Redwood City 94063

For age 8-17, referred from school or local agency.

Girl Scouts800-447-4475

www.girlscoutsbayarea.org

P.O. Box 2249, Oakland 94621

For girls age 5-17.

Hope Preservation, Inc.

Nia Mentoring Project591-3306

1200 - 6th Ave., #105, Belmont 94002

For African-American youth age 9-18.

Peninsula Family YMCA294-2619

www.ymcasf.org/peninsula

1877 S. Grant St., San Mateo 94402

For age 6-14.

Mills-Peninsula

Senior Focus

Foster Grandparent Program696-4295

www.mills-peninsula.org

100 S. San Mateo Dr., San Mateo 94401

Youth and Family Enrichment Services (YFES)

Youth Development Initiative (YDI) ..366-8416

www.yfes.org

610 Elm St., #212, San Carlos 94070

Promotes and strengthens youth/adult relationships by increasing community involvement of youth and by advocating the youth development model.

Programs for parents

Family Resource Centers

Daly City or Colma301-8732

Other regions of the county599-5985

Located throughout the county, Family Resource Centers provide services that foster healthy family development, improve the family's ability to solve problems before they become unmanageable, and prevent the unnecessary removal of children from the household.

Family Service Agency

Child Abuse Treatment Services403-4300

www.fssm.org

24 - 2nd Ave., San Mateo 94401

Kinship Support Services Program

www.edgewoodcenter.org

1796 Bay Rd., East Palo Alto 94303 . . .326-6439

1115 Mission Rd.588-9580

South San Francisco 94080

Support and respite for relatives who have assumed care of other family members' children.

Parent Support Line888-220-7575

San Mateo County

Parent Resource Line / Pre to Three

.888-840-0889

Information and referral for families.

Teenage Pregnancy Prevention Coalition

www.teenpregnancycoalition.org367-1937

703 Woodside Rd., # 7, Redwood City 94061

Provides pregnancy prevention education to youth and adults.

See also Mental Health / Counseling Services

Programs for youth

The following provide counseling for families in which the child is having difficulties within the home or community, or problems with the law. Some centers also provide job counseling, tutoring and recreation for young people.

Boys Hope Girls Hope553-9056

www.bhghsf.org

453 Miller Ave., South San Francisco 94080

Provides at-risk, yet academically capable, youth with a stable home, growth opportunities, positive parenting, and a solid education.

North Peninsula Family Alternatives . .877-8642

1486 Huntington Ave., South San Francisco 94080

Project FOCYS349-7969
www.ymcasf.org/peninsula/community.html
1670 S. Amphlett Blvd., #115, San Mateo 94402

Pacifica Youth Service Bureau355-3900
435 Edgemar Ave., Pacifica 94044

Youth and Family Enrichment Services (YFES)
www.yfes.org
610 Elm St., #212, San Carlos 94070 . .591-9623

• **Diversion Services**
San Carlos and Belmont591-9623 x130
Daly City and other locations755-0890

• **Healthy Homes**579-0361 x45
Free in-home family therapy and case management for children age 0-5 who have experienced family violence.

• **Your House South**367-9687
394 Sequoia Ave., Redwood City 94061
Emergency and temporary housing and counseling for youth age 10-17 experiencing family problems or who have run away from home.

See also **Mental Health / Counseling Services**

<h2 style="text-align: center;">Consumer Protection</h2>
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Better Business Bureau (BBB)552-9222
www.sanmateo.bbb.org
510 Broadway, #200, Millbrae 94030
Maintains information about complaints lodged against businesses located in San Mateo County.

Consumer Action415-777-9635
/www.consumer-action.org
Consumer hotline and phone referral service.

**Consumer and Environmental Protection Unit
San Mateo County District Attorney's Office**
www.co.sanmateo.ca.us
400 County Center, 3rd Fl.363-4636
Redwood City 94063
Enforces laws prohibiting fraud, false advertising, and unfair business practices. Receives consumer complaints from the public and attempts to either resolve them or refer them to the appropriate governmental agency. Also files criminal and civil actions for violations of environmental protection laws such as unlawful disposal of hazardous waste.

Consumer Information Center (CIC)
www.dca.ca.gov/cic800-952-5210
400 R St., #1080, Sacramento 95814
Acts as a clearinghouse for consumer complaints and inquiries on a wide variety of products and services.

Credit counseling

Consumer Credit Counseling Service

www.cccssf.org800-777-PLAN
150 Post St., 5th Fl. (800-777-7526)
San Francisco 94108
Counseling on personal money management,
budget planning and the various uses of credit.

Disabled Services

Health Services Agency of San Mateo County

Aging and Adult Services800-675-TIES
225 - 37th Ave., San Mateo 94403 (800-675-8437)
.(TTY) 800-994-6166
Answers questions about the wide variety of
services available through the county and in the
community. Also provides phone counseling on
issues of concern to the frail elderly, dependent
adults, persons with disabilities, and their families.

California Relay Service800-735-2922
.(TTY) 800-735-2929

www.ddtp.org
A free statewide service that connects callers
who have a TTY (TDD) with those who do not,
and vice versa.

Center for Independence of the Disabled (CID)

www.cidbelmont.org(TTY) 595-0743
875 O'Neill Ave., Belmont 94002595-0783
355 Gellert Blvd., #256991-5124
Daly City 94015
Offers counseling and independent living skills
training, housing accessibility modification and
recruitment and placement of home care workers.
Also provides shopping assistance, financial
benefits counseling and advocacy.

Children's Health Council326-5530

www.chconline.org
650 Clark Way, Palo Alto 94304
Diagnostic and treatment center for children with
emotional problems, learning disabilities or other
neurological problems.

Deaf Counseling, Advocacy & Referral Agency (DCARA)877-322-7299

www.dcara.org(TTY) 877-322-7288
14895 E. 14th St., San Leandro 94578
Provides services to hearing impaired persons
and their families and people who work with the
deaf. Offers information and referral, crisis inter-
vention, counseling, interpreter services and sign
language classes.

Golden Gate Regional Center574-9232

www.ggrc.org

3130 La Selva, #202, San Mateo 94403

Provides diagnosis, counseling, and assistance in arranging and paying for needed services for persons of all ages diagnosed as developmentally disabled.

Hearing Society for the Bay Area . .415-693-5870

www.hearingsociety.org(TTY) 415-834-1005

49 Powell St., 4th Fl., San Francisco 94102

Hearing assessment, counseling, information and referral, and loan of hearing aids.

Kainos Home & Training Center363-2423

www.kainosusa.org

3631 Jefferson Ave., Redwood City 94062

Residential and vocational program serving adults with developmental disabilities.

Parca312-0730

www.parca.org

1750 El Camino Real, #105, Burlingame 94010

Recreational, social, and support activities for developmentally disabled persons of all ages.

Peninsula Center for the Blind and Visually Impaired

www.pcbvi.org858-0202

2470 El Camino Real, #107, Palo Alto 94306

Social services, training in daily activities, communication skills and mobility, support groups, computer classes, a low-vision clinic and job assistance.

Community Gatepath(Voice/TTY) 259-8500

www.communitygatepath.com

875 Stanton Rd., Burlingame 94010

Provides early childhood development services for children age 3 or under, vocational training and placement services, and adult day services for persons with disabilities.

• **Family Resource Center at Community**

Gatepath259-0189

1764 Marco Polo Way, Burlingame 94010

Offers information and referral about disabilities to families, professionals, people with disabilities and other members of the community.

Rehabilitation Dept., State of California

www.rehab.ca.gov

Provides the counseling, testing and training necessary for physically or mentally disabled persons to become competitively employed.

- 801 Traeger Ave., #120, San Bruno 94066
.....(Voice/TTY) 737-2606
- 1500 Fashion Island Blvd., #104
San Mateo 94404(Voice/TTY) 358-4180
- 800 Menlo Ave., #122, Menlo Park 94025
.....(Voice/TTY) 688-6380

**San Mateo County Human Services Agency
Vocational Rehabilitation Services (VRS)**

www.smchsavrs.org802-6482

550 Quarry Rd., San Carlos 94070 ...802-6486

Helps San Mateo County residents with employment barriers and disabilities attain their maximum vocational potential through counseling, case management, assessment and vocational training.

San Mateo County Office of Education

Special Education Services802-5460

www.smcoe.k12.ca.us

101 Twin Dolphin Dr., Redwood City 94065

Call this office for information and referral to the proper program.

Discrimination

**American Civil Liberties Union (ACLU)
of Northern California**

www.aclunc.org

North Peninsula Chapter697-5685

Mid-Peninsula Chapter856-9186

Handles cases of civil liberties and civil rights violations.

**National Association for the Advancement of
Colored People (NAACP)341-4862
San Mateo Branch**

www.naacp.org

P.O. Box 5280, San Mateo 94402

Provides information, referrals and assistance in cases of racial discrimination in housing, employment or education.

See also Legal Services

For housing discrimination, see **Housing**, and for employment-related discrimination, see **Employment and Training**

Education

Community colleges

The three community colleges offer courses in General Education and Lower Division College Education, plus Career and Extended Education Programs. Some classes are offered off-campus. You do not have to be a student to participate in all programs. Contact your local community college for information on special programs designed for seniors, women, minorities and disabled people, and persons re-entering the work force.

Cañada College306-3100

www.canadacollege.edu

4200 Farm Hill Blvd., Redwood City 94061

College of San Mateo574-6161

www.collegeofsanmateo.edu

1700 W. Hillsdale Blvd., San Mateo 94402

Skyline College738-4100

www.skylinecollege.edu

3300 College Dr., San Bruno 94066

Private colleges

Menlo College800-55-MENLO

www.menlo.edu

(800-556-3656)

1000 El Camino Real, Atherton 94027

Offers BS in Management, and BA degrees in Liberal Arts and Mass Communications.

Notre Dame de Namur University508-3500

www.ndnu.edu

1500 Ralston Ave., Belmont 94002

Offers 4-year BA, BS, BFA (Music) in twenty-four disciplines, plus Masters and teaching programs in several areas. Career-oriented academic program includes day and evening classes.

Adult schools

The adult schools of San Mateo County offer the following classes free or at a very low cost: Citizenship; Adult Basic Education; English as a Second Language; the required classes for a high school diploma (GED); apprenticeship; parenting; vocational training; and programs for older adults in health, consumer resources and entitlements, and managing money. Other classes, such as fitness and crafts, are offered for a fee.

Cabrillo Unified School District

Cabrillo Adult School712-7224

www.coastside.net/cusd/ae/adulted.htm

498 Kelly Ave., Half Moon Bay 94019

Jefferson Union High School District

Adult Education Division550-7890

www.juhsd.k12.ca.us/aed

699 Serramonte Blvd., #111, Daly City 94015

San Mateo Union High School District

Adult and Community Education558-2100

www.smace.org

789 E. Poplar Ave., San Mateo 94401

Sequoia Union High School District

Sequoia Adult School306-8866

www.adultschool.seq.org

3247 Middlefield Rd., Menlo Park 94025

South San Francisco Unified School District

Adult Education Program877-8844

www.smcoe.k12.ca.us/ssfusd/as

825 Southwood Dr., South San Francisco 94080

Elementary and secondary schools

There are six unified school districts in San Mateo County which include almost 150 elementary and secondary schools. Contact your local school for further information. In addition to the general school program, various school districts offer some of the following: bilingual education; programs for the physically, mentally and emotionally disabled; work experience and vocational education; and environmental/outdoor education.

Office of Education802-5300

www.smcoe.k12.ca.us

101 Twin Dolphin Dr., Redwood City 94065

Administers the county schools programs and acts as liaison between the state and the school districts.

For pre-school programs, see **Children and Youth**

Library services

San Mateo County public libraries, city public libraries, and community college libraries are all part of the Peninsula Library System; one library card can be used at all locations.

In addition to book loans, libraries provide video, DVD, CD, and CD-ROM loans, magazines, children's story hours, reference services and more. Call for information about library service for the blind and physically disabled. To learn more about any library within the county, go to **www.plsinfo.org**.

County libraries:

San Mateo County Library Administration

25 Tower Rd., San Mateo 94402312-5258
Provides administrative services for the twelve
county libraries and the bookmobile.

- Atherton**, 2 Dinkelspiel Station Lane328-2422
Belmont, 1110 Alameda de las Pulgas . .591-8286
Bookmobile, Half Moon Bay726-2316
Brisbane, 250 Visitacion Ave.415-467-2060
East Palo Alto, 2415 University Ave. . . .321-7712
Foster City, 1000 E. Hillsdale Blvd.574-4842
Half Moon Bay, 620 Correas Ave.726-2316
Millbrae, 801 Magnolia Ave.
(temporary site)697-7607
Pacifica, 104 Hilton Way355-5196
Portola Valley, 765 Portola Rd.851-0560
San Carlos, 610 Elm St.591-0341
Sanchez, 1111 Terra Nova Blvd., Pacifica . .359-3397
Woodside, 3140 Woodside Rd.851-0147

City libraries:

Burlingame

Main, 480 Primrose Rd.558-7400
Easton Branch, 1800 Easton Dr.
.*temporarily closed for renovation*

Daly City

Serramonte Branch, 40 Wembley Dr. . .991-8023
Bayshore Branch, 2960 Geneva Ave. . .991-8074
John D. Daly Branch, 6351 Mission St. 991-8073
Westlake Branch, 275 Southgate Ave. . 991-8071

Menlo Park

Main, 800 Alma St.330-2500
Belle Haven Branch, 413 Ivy Dr.329-0145

Redwood City

Main, 1044 Middlefield Rd.780-7018
Fair Oaks Branch, 2510 Middlefield Rd. 780-7261
Redwood Shores Virtual Branch
797 Redwood Shores Pkwy.780-7026
Schaberg Branch, 2140 Euclid Ave. . .780-7010
.*temporarily closed for renovation*

San Bruno

701 Angus Avenue West616-7078

Employment and Training

The Employment Development Department (EDD) suggests the following sources to obtain information on where job openings exist:

- Fellow workers
- Former employers
- Friends and relatives
- Federal, state, county and local governments
- Public and private employment agencies
- Unions
- Newspapers (major and local) for classified ads, news articles about new plants, company expansion and business trends
- Yellow pages in telephone directory
- Trade journals
- Professional and trade organizations
- Community service organizations
- Internet Web sites

Job placement sources and information

California Conservation Corps (CCC)

www.ccc.ca.gov

General Information888-531-JOBS
(888-531-5627)

Recruitment Hotline800-952-JOBS
(888-952-5627)

Employment opportunities for women and men age 18-23 who are willing to make a one-year commitment to work on environmental conservation projects. Applications are available from the CCC or at local EDD offices.

Family Service Agency

Senior Employment Services403-4300

www.fssm.org

24 - 2nd Ave., San Mateo 94401

A job referral service for persons age 55 or over who meet certain income requirements.

Next Step Center566-0240

www.nextstepjobs.org

795 Willow Rd., Building 323, A Wing
Menlo Park 94025

Offers career assessment, vocational counseling and training, and job search skills training.

PeninsulaWorks

www.peninsulaworks.org

**San Mateo County Human Services Agency,
California Employment Development
Department (EDD) and other community partners**

Comprehensive career information, services, and training for youth, adults and displaced workers.

271 - 92nd St., Daly City 94015301-8440

550 Quarry Rd., San Carlos 94070596-1035
2500 Middlefield Rd.367-0190
Redwood City 94063
1200 O'Brien Dr. (at OICW)330-6490
Menlo Park 94025

San Mateo County Employee and Public Services Department

www.co.sanmateo.ca.us
455 County Center, Redwood City 94063 .363-4343
. TTY 368-7807
24-hour jobline368-7214
Recruits and hires for county jobs. Also has listings of nonprofit agency vacancies.

Jobs for Youth301-8492
www.peninsulaworks.org
For age 14-21.

Job training

Goodwill Industries525-2780
www.sfgoodwill.org
Vocational rehabilitation for disabled and disadvantaged adults.

Opportunities Industrialization Center West (OICW)
www.oicw.org
1200 O'Brien Dr., Menlo Park 94025 . .330-6429
Provides job training to economically disadvantaged, unemployed, or underemployed adults and youth.

Regional Occupational Program (ROP)
www.smcoe.k12.ca.us/rop
101 Twin Dolphin Dr.802-5400
Redwood City 94065
Hotline599-2713
Provides job training for high school juniors and seniors, and out-of-school youth and adults. Courses include automotive repair, construction and technology, and automated office occupations at a variety of locations in the county.

Apprenticeship Standards Division, State of California
www.dir.ca.gov/apprenticeship.html
100 Paseo de San Antonio, R-125
San Jose 95113408-277-1273
Works with schools and employers to organize and promote apprenticeship programs.

Unemployment benefits

California Employment Development Dept. (EDD)
.800-300-5616
www.edd.ca.gov/eddhome.htm

Employment discrimination complaints

California law prohibits discrimination in employment based on race, religion, national origin or ancestry, physical handicap, sex, age (40 or over), marital status, or recovery from cancer.

California Dept. of Fair Employment & Housing

www.dfeh.ca.gov
121 Spear St., #430800-884-1684
San Francisco 94105

The federal government (EEOC) also investigates cases of employment discrimination because of race or national origin, sex, religion, pregnancy, age discrimination for persons age 40 or over, or physical condition.

Equal Employment Opportunity Commission

(EEOC)415-625-5600
www.eeoc.gov
350 The Embarcadero, #500, San Francisco 94105

Legal Aid Society of San Mateo County

Employment Law Center415-864-8848
www.las-elc.org

600 Harrison St., #120, San Francisco 94107
Information, advocacy, counseling and legal services to low-income individuals.

Equal Rights Advocates800-839-4372

www.equalrights.org
1663 Mission St., #250, San Francisco 94103
Provides legal services for women and girls in cases of sex or race discrimination.

Wage information

Labor Standards Enforcement, State of

California408-277-1266
www.dir.ca.gov

Provides information and referral regarding wages, hours of work and rates of pay.

Volunteer placement services

Hands On Bay Area965-0242

www.handsonbayarea.org
721 Central Ave., Mountain View 94043
Provides flexible one-day and weekend projects.

Mills-Peninsula Senior Focus

www.mills-peninsula.org
100 S. San Mateo Dr., San Mateo 94401

• **Retired and Senior Volunteer Program (RSVP)**
.696-4195

Provides volunteer referral for people age 55 or older to nonprofit agencies.

- **Senior Companion Program**696-4295
Trains seniors to help frail elderly to remain independent.

Volunteer Center415-982-8999
www.thevolunteercenter.net
Refers groups and individuals of all ages to non-profit agencies that need volunteers.

Financial Assistance

Public assistance

CalWORKS (California Work Opportunity and Responsibility to Kids) and TANF (Temporary Assistance for Needy Families) are provided by the San Mateo County Human Services Agency to low-income parents and caretakers of children in San Mateo County.

Most people in need in San Mateo County will enter the Human Service Agency's PeninsulaWorks program, designed to assist individuals to regain self-sufficiency. Services are offered at Human Services Agency regional offices, community-based organizations and schools.

Call one of the following regional offices for information on CalWORKS, TANF, food stamps and Medi-Cal. (All General Assistance applicants, no matter where they live in the county, should contact the Central Region office at 802-7543.)

www.peninsulaworks.org
www.smchsa.org

North region: Pacifica, Daly City, South San Francisco, Colma, Brisbane, San Bruno

- 1487 Huntington Ave.877-5608
South San Francisco 94080
- 350 - 90th St., Daly City 94015 (Medi-Cal and Food Stamps)301-8720
- 271 - 92nd St., Daly City 94015301-8440

Central region: San Mateo, Foster City, Belmont, San Carlos, Burlingame, Hillsborough, Millbrae, Coastside

- 550 Quarry Rd., San Carlos 94070 . .596-1035
- 400 Harbor Blvd., Belmont 94002 . . .802-5018

South region: Redwood City, East Palo Alto, Menlo Park, Woodside, Atherton, Portola Valley

- 2500 Middlefield Rd.367-0190
Redwood City 94063
- 1200 O'Brien Dr., Menlo Park 94025 . .330-6490
- 2415 University Ave.363-4175
East Palo Alto 94303

For information on health insurance, see **Health Insurance**

Loan programs

Family Service Agency

Ways to Work Family Loan Program

www.fssm.org403-4300 x4100
24 - 2nd Ave., San Mateo 94401

Helps low-income individuals to maintain self-sufficiency by providing small loans to cover automobile repairs or purchases, child care, housing or medical needs.

Social Security benefits

Social Security benefits

www.ssa.gov

The federal Social Security Administration provides continuing income to workers and their families after retirement, disability or death; offers Medicare for people 65 or over and some people under 65 who are disabled; offers Supplemental Security Income (SSI) to those in financial need who are 65 or over, or those who are blind or disabled; and issues Social Security cards.

- 355 Gellert Blvd., #201800-772-1213
Daly City 94015
- 800 S. Claremont St., #101800-772-1213
San Mateo 94402
- 2121 Broadway, #200800-772-1213
Redwood City 94063

For unemployment benefits, see **Employment and Training**

Veterans' benefits

Veterans' Services, San Mateo County

www.smchsa.org
550 Quarry Rd., San Carlos 94070802-6598

Assists veterans, survivors and dependents of veterans in gaining access to benefits based on military service. Advocates on their behalf.

For credit counseling, see **Consumer Protection**

Arthritis Foundation	800-464-6240
First Candle/SIDS Alliance	800-221-7437
Leukemia & Lymphoma Society	415-625-1100
March of Dimes Birth Defects	888-663-4637
Muscular Dystrophy Association	415-673-7500
National Kidney Foundation	415-543-3303
National Multiple Sclerosis Society	800-344-4867
Parkinson's Institute	408-734-2800
United Cerebral Palsy Association	917-6900

Housing

Affordable housing can be difficult to find in San Mateo County. Read both county-wide and local newspapers for information on available places to rent, or contact the following agencies. For emergency shelter, contact one of the community service agencies listed on page 2.

Housing

Housing Authority802-3300
<http://www.smchsa.org>
 264 Harbor Blvd., Belmont 94002
 Housing benefits administered by the Housing Authority include Section 8 and public housing. The waiting lists for subsidized housing are closed indefinitely.

Human Investment Project (HIP Housing)
<http://www.hiphousing.org>348-6660
 364 S. Railroad Ave., San Mateo 94401
 Offers a number of programs, including shared housing, designed to help seniors, single parents or persons with low or modest incomes to obtain housing or remain in their own homes.

Landlord and Tenant Information and Referral Collaborative of San Mateo County . .802-7504
<http://www.landlordtenantinfo.org>
 Provides information and referrals about landlord and tenant rights and responsibilities, resources, problem solving tips and information about evictions.

Real estate information

Association of Realtors
 A professional trade organization whose members are required to uphold the standards of the Code of Ethics established by the National Association of Realtors.

- **San Mateo County Assn. of Realtors (SAMCAR)**
<http://www.samcar.org>696-8200
 850 Woodside Way, San Mateo 94401

- **Silicon Valley Assn. of Realtors** . . .949-9115
<http://www.silvar.org>
 345 S. San Antonio Rd., Los Altos 94022

California Department of Real Estate

<http://www.dre.ca.gov>510-622-2552
 1515 Clay St., #702, Oakland 94612
 Answers questions and investigates complaints about real estate fees, advance fee rental agencies, and subdivision/condominium agreements. Licenses agents and brokers.

For information on senior housing, see the senior centers listed under **Senior Services**

Mediation services

Peninsula Conflict Resolution Center (PCRC)

<http://www.pcrcweb.org>373-3490
 520 S. El Camino Real, #640, San Mateo 94402
 Mediation services for neighbor/neighbor, landlord/tenant, consumer and a variety of other issues. Conflict resolution training for pre-school through high school students. Also provides facilitation services for community groups, schools and families.

Discrimination

State laws protect people from housing discrimination if based on race, religion, national origin or ancestry, sex, marital status, physical handicap or retaliation.

California Dept. of Fair Employment & Housing800-233-3212

<http://www.dfeh.ca.gov>
 1515 Clay St., #701, Oakland 94612

U.S. Dept. of Housing and Urban Development

<http://www.hud.gov>415-436-6550
 450 Golden Gate Ave., San Francisco 94102
 Investigates housing discrimination complaints regarding sales or rentals, advertising, financing and brokerage services.

Midpeninsula Citizens for Fair Housing

<http://www.mcfhousing.org>327-1718
 457 Kingsley Ave., Palo Alto 94301
 Investigates charges of housing discrimination in Redwood City and cities to the south, including unincorporated areas.

Project Sentinel321-6291

<http://www.housing.org>
 430 Sherman Ave., #308, Palo Alto 94306
 Provides complaint investigation in all areas of San Mateo County except Redwood City.

Permits and building inspections

San Mateo County

Environmental Services Agency

Planning and Building Division363-4161

<http://www.co.sanmateo.ca.us/planning>

455 County Center, Redwood City 94063

Administers building codes and issues permits for work to be done. Answers zoning, parcel and regulations questions.

Low-cost rehabilitation services

San Mateo County Human Services Agency

Housing and Community Development

<http://www.smchsa.org>

262 Harbor Blvd., Belmont 94002802-5050

Provides low-interest loans to low- and moderate-income property owners to rehabilitate their property. South San Francisco, Daly City, San Mateo and Redwood City have separate programs for their residents. Call the city offices for information.

Community Action Agency of San Mateo County (CAA)595-1342

<http://www.caasm.org>

930 Brittan Ave., San Carlos 94070

Weatherization, home repair and home energy assistance.

Rebuilding Together Peninsula366-6597

<http://www.rebuildingtogetherpeninsula.org>

P.O. Box 4031, Menlo Park 94026

Home renovation and repair for low-income, elderly or disabled homeowners. Serves the county with the exception of the Coastsides.

North Peninsula Neighborhood Services Center

<http://www.neighborhoodservices.org>588-8822

600 Linden Ave., South San Francisco 94080

The Housing Revitalization program provides free home repairs to low-income homeowners throughout the county. Free exterior painting for low-income homeowners in the city of San Mateo.

For information on additional housing repair programs for seniors, contact your local senior center.

Unsafe, unhealthy housing conditions

Environmental Health Services, San Mateo County

<http://www.co.sanmateo.ca.us>363-4305

455 County Center, 4th Fl., Redwood City 94063

Accepts questions and complaints regarding health and safety problems such as: unsanitary conditions; defective wiring; rodents and insects; leaks; unsafe floors and stairways; overcrowding; nuisance noise; or lack of hot water, heat or plumbing.

Immigration Services

U.S. Dept. of Homeland Security

U.S. Citizenship and Immigration Services (USCIS)800-375-5283
<http://www.uscis.gov>
630 Sansome St., San Francisco 94111
Issues visas, re-entry permits, passports and related documents.

International Institute of San Francisco

<http://www.iisf.org>780-7530
2600 Middlefield Rd., Redwood City 94063
Provides immigration information and referral, assists clients with family-based immigration issues, and completes paperwork for low-income clients.

Immigrant Assistance Line

Spanish/English415-543-6767
Chinese415-543-6769

See also **Legal Services**

Legal Services

Legal assistance

Bay Area Legal Aid800-551-5554
<http://www.baylegal.org>358-0745
2287 S. El Camino Real, San Mateo 94403
Provides legal assistance to tenants and homeowners in the areas of eviction, landlord/tenant disputes, housing discrimination, affordable housing and family law.

Community Legal Services in East Palo Alto

<http://www.clsepa.org>326-6440
2117-B University Ave., East Palo Alto 94303
Offers legal assistance on issues such as tenants' rights, immigrants' rights, personal injury, real estate, the juvenile justice system and on some direct services.

La Raza Centro Legal

.....415-575-3500
<http://www.lrccl.org>
Provides bilingual legal services including immigration, representation and lawyer referral at sites throughout the county.

Legal Aid Society of San Mateo County

<http://www.legalaidsmc.org>558-0915
521 E. 5th Ave., San Mateo 94402
Provides free legal services to people with civil law problems such as welfare rights, managed health care, disabled access, evictions, debt problems, and family law assistance. The **Senior Advocates** program serves people age 60 or over regardless of income. Legal Aid does not handle criminal cases.

San Mateo County Bar Association

<http://www.smcba.org>

- **Lawyer Referral Service**369-4149

303-B Bradford St., Redwood City 94063

Arranges half-hour conferences with private attorneys in a particular field or law for a nominal fee. Arrangements for additional services, if needed, are made directly with the attorney.

- **Private Defender Program**363-4080

333 Bradford St., Redwood City 94063

Provides legal representation within the court system to people who have been charged with a crime and cannot afford an attorney. Eligibility is determined by the court.

Stanford Community Law Clinic475-0560

<http://www.law.stanford.edu/clinics/sclc/>

2117-A University Ave., East Palo Alto 94303

Represents clients in a variety of areas of civil law including housing matters and eviction defense, government benefits advocacy, workers' rights and other employment issues, guardianship and consumer issues.

Youth and Family Enrichment Services (YFES)

- **Family Law Service**366-8401 x311

<http://www.yfes.org>

609 Price Ave., #207, Redwood City 94063

Provides information on family law and domestic violence issues. Arranges private sessions with family law attorneys.

Law-related services

Law Library363-4160

<http://www.smcll.org>

710 Hamilton St., Redwood City 94063

San Mateo County Probation Department

- **Pre-trial Services**363-4181

Interviews defendants in custody to determine if they are eligible to be released from jail without bail pending their court hearing.

Victim Center877-5494

1024 Mission Rd., South San Francisco 94080

Crisis intervention and criminal justice liaison for victims of violent crimes; helps with the preparation of compensation forms for recovery of lost income or medical or mental health expenses; information and referral.

Courts

<http://www.sanmateocourt.org>

<http://www.EZLegalFile.org>

Superior court

- Northern Branch877-5333

1050 Mission Rd., South San Francisco 94080

- Central Branch

800 N. Humboldt St., San Mateo 94401 . .573-2622

- Southern Branch363-4711
400 County Center, Redwood City 94063

- Juvenile Branch312-5355
21 Tower Rd., San Mateo 94402

Jury duty information363-4788

Family Court Services363-4561

Mediates disputes between parents over custody and visitation rights.

Small claims court

Small Claims Court has been called the "people's court," because it is the place where you can represent yourself in a dispute involving less than \$5,000. There are no attorneys, so you and the opposing party present your own cases.

Presentations to acquaint people with the process are offered every Tuesday, 5 to 7 pm, at the Central Branch. To sign up for a consultation with a small claims attorney, parties must be present at 4 pm.

- Northern Branch877-5775
1050 Mission Rd., South San Francisco 94080

- Central Branch573-2605
800 N. Humboldt St., San Mateo 94401

- Southern Branch363-4303
500 County Center, Redwood City 94063

San Mateo County District Attorney

District Attorney/Public Administrator . .363-4636

<http://www.co.sanmateo.ca.us/dao>

400 County Center, Redwood City 94063

Responsible for criminal prosecution in the Superior and Municipal courts. Administers the estates of people who die without a will.

- **Consumer and Environmental Protection Unit**
.363-4651

Enforces laws prohibiting false advertising, unfair competition and other forms of consumer fraud. Also files actions for violations of environmental protection laws.

Custody and probation

San Mateo County Probation Department

21 Tower Rd., San Mateo 94402312-8816

Sheriff's Office363-4000

<http://www.smcsheriff.com>

400 County Center, Redwood City 94063

- **Maguire Correctional Facility**363-4311

- **Women's Jail**363-4310

Mental Health / Counseling Services

San Mateo County Mental Health Services

Mental Health Access Team800-686-0101
<http://www.smhealth.org>
Provides information, assessment, consultation
and referral.

Counseling

Catholic Charities CYO295-2160
<http://www.cccyo.org>
36 - 37th Ave., San Mateo 94403

Family and Children Services326-6576
<http://www.fcservices.org>
375 Cambridge Ave., Palo Alto 94306

Family Service Agency of San Mateo County
<http://www.fssm.org>403-4300
24 - 2nd Ave., San Mateo 94401
Counseling; support groups on anger manage-
ment, parenting, child abuse, domestic abuse.

Kara321-5272
<http://www.kara-grief.org>
457 Kingsley Ave., Palo Alto 94301
Grief counseling for children and adults.

Kitty Petty ADD/LD Institute329-9443
<http://www.kpinst.org>
410 Sheridan Ave., #339, Palo Alto 94306
Provides support groups and information and
referral for those with Attention Deficit Disorder
(ADD) or other learning differences.

Mental Health Association368-3345
2686 Spring St., Redwood City 94063
Provides services for adults with mental illnesses
and / or people with HIV/AIDS including housing,
food and social programs.

Mills-Peninsula Health Services

Behavioral Health Services696-5909
<http://www.mills-peninsula.org>
1783 El Camino Real, Burlingame 94010
Walk-in and inpatient assessment for hospital-
based programs.

National Alliance for the Mentally Ill (NAMI)

1037 Alameda de las Pulgas654-6834
Belmont 94002
Offers peer support group meetings and tele-
phone counseling for families of the mentally ill.

San Mateo County Health Services Agency

3080 La Selva, San Mateo 94403
• **Senior Peer Counseling**573-2716
• **La Esperanza Vive**573-2257

Veterans Affairs Palo Alto Health Care System
Mental Health Clinic617-2772
<http://www.palo-alto.med.va.gov>
795 Willow Rd., Menlo Park 94025

See also **Alcohol / Drug Abuse**

For youth counseling, see **Children and Youth**

Recreation

City parks and recreation

Most cities within the county have a department of Parks and Recreation. Check the city listings in the front of your telephone directory white pages to find out about neighborhood and community parks, recreation activities, sports programs, special needs programs, classes and other activities.

County parks

<http://www.eparks.net>

These parks provide facilities and activities ranging from picnic and playground areas to hiking trails, nature and campfire programs, campgrounds and more. For specific information, call the individual park. To inquire about special events, or to reserve group picnic facilities or youth group camping, call 363-4021.

Coyote Point Recreation Area573-2592
1701 Coyote Point Dr., San Mateo

Edgewood Park368-6283
Hwy. 280 & Edgewood Rd., Redwood City

(James V.) Fitzgerald Marine Reserve 728-3584
Hwy. 1, Moss Beach

Flood Park363-4022
215 Bay Rd., Menlo Park

Huddart Park851-1210
1100 Kings Mountain Rd., Woodside

Junipero Serra Park589-5708
1801 Crystal Springs Rd., San Bruno

Pescadero Creek Park879-0212
9500 Pescadero Creek Rd., Loma Mar
Includes Heritage Grove, Memorial Park, Sam McDonald Park.

San Bruno Mountain992-6770
555 Guadalupe Canyon, Brisbane

San Pedro Valley Park355-8289
600 Oddstad Blvd., Pacifica

Wunderlich Park851-1210
4040 Woodside Rd., Woodside

Other services

There are several historical sites, natural areas and fishing access sites throughout the county. For more information, call San Mateo County Parks and Recreation Division at 363-4020.

Coyote Point Museum for Environmental Education

<http://www.coyoteptmuseum.org>342-7755

1651 Coyote Point Dr., San Mateo 94401

An environmental education center with exhibits and programs designed to foster an appreciation of the natural environment. Offers classes, docent tours, and teacher workshops.

State parks and beaches

Beaches along the San Mateo coast

Except for camping at Half Moon Bay, the beaches are open for day use only from 8 am to sunset for fishing, picnicking and sunbathing. There are also some special programs such as the Elephant Seal Tours at Año Nuevo Reserve (call 800-444-7275). For more information, visit www.parks.ca.gov.

Año Nuevo Reserve	879-0227
Bean Hollow Beach	879-2170
Butano Park	879-2040
Half Moon Bay Beach	726-8819
Montara Beach	726-8819
(Burleigh H.) Murray Ranch	726-8819
Pacifica Beach	738-7381
Pescadero Beach	879-2170
Pigeon Point Light Station	879-2120
Point Montara Light Station	728-7177
Pomponio Beach	879-2170
Portola Redwoods Park	948-9098
San Gregorio Beach	879-2170

Community recreation programs

There are many community organizations that offer recreational activities for people of all ages. City Parks and Recreation departments have listings of these services which include YMCA/YWCA, church groups, and Boys and Girls Clubs.

Senior Services

San Mateo County

Aging and Adult Services Division

225 - 37th Ave.800-675-TIES
San Mateo 94403 (800-675-8437)

Answers questions about the wide variety of services available through the county and in the community. Also provides phone counseling on issues of concern to the frail elderly, dependent adults, the disabled and their families.

Senior centers

Senior Centers are the entry point for many senior services and leisure activities. These centers offer information about services and agencies which may offer assistance in the areas of consumer affairs, education, recreation, household repairs, transportation, legal aid, employment, Social Security, taxes, Medicare and Medi-Cal, housing, food and home-delivered meals, and volunteer opportunities.

North county

- **Doelger Senior Center**991-8012
<http://www.doelgercenter.com>
101 Lake Merced Blvd., Daly City 94015
Mon.-Fri., 9-4
- **Self-Help for the Elderly**757-0881
<http://www.selfhelpelderly.org>
1571 Southgate Ave., Daly City 94015
Tues.-Fri., 11-3
- **Millbrae Senior Center**259-2370
477 Lincoln Circle, Millbrae 94030
Mon.-Fri., 9-3
- **Chadbourne Adult Activity Center** . . .697-8300
450 Chadbourne Ave. (Millbrae Community
United Methodist Church), Millbrae 94030
Mon., 8:30-1:30
- **Pacifica Senior Services**738-7384
540 Crespi Dr., Pacifica 94044
Mon., Tues., Thur., 9-4; Wed., 9-6:30; Fri., 9-1:30
- **San Bruno Senior Center**616-7150
<http://www.ci.sanbruno.ca.us>
1555 Crystal Springs Rd., San Bruno 94066
Mon.-Fri., 8-4
- **South San Francisco Senior Services**
El Camino Senior Center877-5996
<http://www.ssf.net>
33 Arroyo Dr., South San Francisco 94080
Mon.-Fri., 10-4

Magnolia Senior Center829-3820
<http://www.ssf.net>
601 Grand Ave., South San Francisco 94080
Mon.-Sat., 9-4; Sun., noon-4

Coastside

- **Senior Coastsiders**726-9056
<http://www.seniorcoastsiders.org>
535 Kelly Ave., Half Moon Bay 94019
Mon.-Fri., 8-4

Central county

- **Twin Pines Senior and Community Center**
<http://www.belmont.gov/localgov/prec/snrctr.html>
1223 Ralston Ave., Belmont 94002595-7444
Mon.-Fri., 9-5
- **Foster City Parks and Recreation Department Senior Wing**286-2585
<http://www.fostercity.org>
650 Shell Blvd., Foster City 94404
Mon.-Fri., 9-5
- **San Carlos Senior Center**802-4384
601 Chestnut St., San Carlos 94070
Mon.-Fri., 9-5
- **City of San Mateo Senior Center**522-7490
<http://www.ci.sanmateo.ca.us>
2645 Alameda de las Pulgas, San Mateo 94403
Mon.-Fri., 9-5
- **Self-Help for the Elderly**342-0822
<http://www.selfhelpelderly.org>
50 E. Fifth Ave., San Mateo 94401
Mon.-Fri., 9-4:30
- **Martin Luther King Center**522-7470
<http://www.ci.sanmateo.ca.us>
725 Monte Diablo Ave., San Mateo 94401
Mon.-Thur., 9-9; Fri., 9-5; Sat., noon-5.

South county

- **East Palo Alto Senior Center**329-5900
560 Bell St., East Palo Alto 94303
Mon.-Fri., 9-5
- **Menlo Park Senior Center**330-2280
<http://www.menlopark.org>
110 Terminal Ave., Menlo Park 94025
Mon.-Fri., 8:30-4:30
- **Peninsula Volunteers Little House**326-2025
<http://www.peninsulavolunteers.org>
800 Middle Ave., Menlo Park 94025
Mon.-Fri., 9-4

- **Fair Oaks Senior Center**780-7525
<http://www.redwoodcity.org/parks/cc>
 2600 Middlefield Rd., Redwood City 94063
 Mon.-Fri., 9-5
- **Veterans Memorial Senior Center** . . .780-7270
<http://www.redwoodcity.org/parks/cc>
 1455 Madison Ave., Redwood City 94061
 Mon.-Fri., 8-5

Adult day centers

Catholic Charities CYO Adult Day Support Center
<http://www.cccyo.org>592-9325
 787 Walnut St., San Carlos 94070

Coastside Adult Day Health Center . . .726-5067
 645 Correas, Half Moon Bay 94019

Mills Peninsula Senior Focus
Adult Day Health Center
Alzheimer Day Care Resource Center
Senior Day Program696-3660
<http://www.mills-peninsula.org/seniors>
 1720 El Camino Real, #10, Burlingame 94010

Peninsula Volunteers
Rosener House
Adult Day Services322-0126
<http://www.peninsulavolunteers.org>
 500 Arbor Rd., Menlo Park 94025

Community Gatepath
Adult Care Services259-8500
<http://www.communitygatepath.com>
 1764 Marco Polo Way, Burlingame 94010

South San Francisco Adult Day Care Center
 601 Grand Ave.829-3824
 South San Francisco 94080

**Taxpayer Information and
 Official Records**

County

County Assessor363-4500
<http://www.smcare.org>
 555 County Center, Redwood City 94063
 Places a value on property in the county for tax purposes.

County Clerk363-4500
<http://www.smcare.org>
 555 County Center, Redwood City 94063
 Issues copies of birth, death and marriage records. Also is the official filing location for various legal and business documents.

Tax Collector363-4142
<http://www.sanmateocountytaxcollector.org>
555 County Center, Redwood City 94063
Handles records of property descriptions, names
and addresses of property owners, property
values and status of taxes.

Vital Statistics573-2395
Maintains recent birth and death records for the
county.

State

Franchise Tax Board800-852-5711
<http://www.ftb.ca.gov>(TTY) 800-822-6268
121 Spear St., #400, San Francisco 94105

Federal

Internal Revenue Service (IRS) ...800-829-1040
<http://www.irs.gov>
450 Golden Gate Ave., San Francisco 94102

Transportation

Bus services

SamTrans800-660-4287
.....(TTY) 508-6448
<http://www.samtrans.com>
Bus transportation serving all of San Mateo
County. Some routes extend into San Francisco
and Palo Alto; others connect to BART in Daly
City and Colma and to SFO.

Redi-Wheels800-660-4287
.....(TTY) 508-6448
<http://www.samtrans.com/rw.html>
Special transportation service for mobility-
impaired persons who are unable to use regular
bus service. Call to find out more about eligibility
requirements.

Commuter train services

CalTrain800-660-4287
.....(TTY) 508-6448
<http://www.caltrain.com>
Train commute service between San Jose and
San Francisco with stops throughout the Peninsula.

Car and van pools

RIDES for Bay Area Commuters ...800-755-POOL
<http://www.511.org> (800-755-7665)
Carpool and vanpool information for the entire
Bay Area.

Rapid transit

BART (Bay Area Rapid Transit)992-2278

.....(TTY) 510-839-2278

<http://www.bart.gov>

BART stations are located in Daly City, Colma, South San Francisco, San Bruno and Millbrae.

Voter Information

Elections Office312-5222

<http://www.shapethefuture.org>

40 Tower Rd., San Mateo 94402

Organizes voter registration and conducts elections.

How to register to vote

Any citizen of the United States, 18 years old by the next election day, not in state prison or on parole for a felony conviction, and residing in the County of San Mateo, may register to vote.

Anyone wishing to register should:

- 1) Obtain a postcard registration form (affidavit of registration) from any of the following places: County Clerk's offices, all fire stations, post offices, libraries, high schools, and offices of the Department of Motor Vehicles, or by telephoning the Elections Division at 312-5222.
- 2) Fill out a form, which is signed under penalty of perjury, and mail it to the Elections Division. The address is printed on the form and the postage is prepaid.
- 3) In order to be eligible to vote in an election, your registration form must be received by the Elections Division at least 15 days prior to the election.

How to learn about the issues

The **League of Women Voters** conducts educational programs for voters, publishes election information materials, and sponsors candidates' evenings.

www.smartvoter.org

North county952-2981

Central county342-5853

South county325-5780

How to reach the lawmakers

For information about your local lawmakers, check the city and county listings in the government pages of the telephone directory.

For names, addresses, and phone numbers of other elected officials, pick up a copy of *How to Reach the Lawmakers* at your public library or visit <http://www.plsinfo.org/community/lawmakers>.

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Peninsula Library System

Community Information Program

Please contact the Community Information Program to request more copies. Phone **650-802-7950** or visit the Web site, **cip.plsinfo.org**.