

BREASTFEEDING RESOURCES FOR SAN MATEO COUNTY

KEY M = Members only • = Available \$ = Fee D = Discount/Gratis Available I = Insurance billed

	Organizations	Eligibility/Referral	Spanish Available	Other Languages	Breastfeeding Telephone Support	Prenatal Breastfeeding Class	Outpatient Consultation	Home Visit Lactation Consultant	Baby Weigh Scale w/o Appointment	Electric Breast Pump Rentals	Breastfeeding Supplies for Purchase	New Parent Support Group	Nutritional Counseling by RD
San Mateo County Services	W.I.C.	M	•	•	•	•	•		•	D	D		•
	Prenatal to 3	M	•		•		•	•	•	D	D	•	•
	Black Infant Health	M			•	•	•	•				•	•
	Adolescent Family Life Program	M	•		•			•				•	•
	Field Nursing	M	•										•
Hospitals/Clinics	Lucile Packard Children's Hospital		•		•							M	
	Kaiser Hospital, Daly City/SSF	M	•	•	•	•	•		•		• \$ D	•	•
	Kaiser Hospital, RWC	M	•		•	•	•		• \$	• \$ D	• \$ D	•	
	Maternal Connections El Camino Hospital	•	•	•	•	• \$	• \$		•	• \$	• \$	• \$	
	Mills-Peninsula Medical Center	•			•	•				•		•	
	Palo Alto Medical Foundation, Palo Alto	•				M	• \$	• \$		M	• \$		•
	Ravenswood Family Health Services	M	•	•		•							
	Sequoia Health & Wellness	•	•		•	• \$	• \$ D		•	• \$ D	• \$ D	•	• \$
	Seton Medical Center	•				•						•	
Community Organizations	La Leche League	•			•							•	
	Mothers' Milk Bank	•	•	•	•			• I		• I	• I		
	Nursing Mothers Counsel	•	•	•	•	•	•	•		• \$ D	• \$		
Private Lactation Services	A Family Affair	•			• \$	• \$		• \$			• \$		
	Sylvia Boyd	•					• \$			• \$	• \$	•	
	Day One, Palo Alto	•	•		•	• \$	• \$	• \$	• M	• \$	• \$	• \$	
	Healthy Horizons	•	•		•	•	• \$ I	• \$ I	•	• \$	• \$	•	
	Herb Lore	•			•						• \$		
	Lactation Art & Expertise	•	•		•			• \$			• \$		
	Mama to Mama	•				•	• \$					•	